



STROKE DISTINCTION: STROKE EDUCATION PROGRAM

Education and self-management support for stroke clients, their families, and/or caregivers are integral parts of stroke that should be addressed at all stages across the continuum.

Health PEI's next survey visit for Stroke Distinction is **May 31 to June 4, 2026**.



The **stroke education program** will be evaluated through tracers and documentation reviews to determine if the education program and content is:

- Interactive, timely, and up to date
- Specific to the stroke survivor's phase of care of recovery; including family or caregivers
- Is appropriate to their readiness and needs
- Encompasses all aspects of care and recovery across the continuum of stroke care

Evidence of education will be looked for in stroke education forms, clinical progress notes, discharge summaries, and checklists. Specific education packages or other resources may also be assessed. Health records will be reviewed to determine if education is appropriate for each stroke client.

PATIENT, CLIENT, AND FAMILY EDUCATION RESOURCES

Canadian Stroke Best Practice Recommendations for Transitions and Community Participation Following Stroke outline the best practice recommendations for patient and family education, which include sections:

- Assessment of Learning Needs
- Delivery of Education – individualized, multi-modal, accessible resources
- Supporting Self-Management Following Stroke Through Skills Training

Please see [SRC - Patient and Family Education](#) or contact provincialstrokecoordination@ihis.org for more information.

Questions Surveyors May Ask Staff:

What checklists or tools do you use to support patient education?

Describe key considerations in providing education to patients and families?

Where and when do you chart stroke education for patients?