

ACCREDITATION

Required Organizational Practice (ROP) of the Month

Improving Hand Hygiene Practice

- The Required Organizational Practice (ROP) for **Improving Hand Hygiene Practice** states that organizational leaders are accountable to demonstrate improvement in hand hygiene practices as part of the organization's infection prevention and control program.
- Hand hygiene significantly reduces the risk of transmission of organisms and enhances client and workforce safety when performed correctly and consistently.

AT HEALTH PEI:

Best Practices for Hand Hygiene

- Use alcohol-based hand rub (ABHR) when hands are not visibly soiled.
- Use soap and water when hands are visibly dirty or after contact with bodily fluids.
- Allow ABHR to dry completely before touching anything.
- Keep nails short and avoid artificial nails or hand jewelry.

4 Moments of Hand Hygiene:

- Before initial patient/patient environment contact
- Before aseptic procedures
- After body fluid exposure risk
- After patient/patient environment contact



Training & Improvement:

- All staff and physicians are required to complete annual hand hygiene education.
- The [Hand Hygiene Education Module](#) can be found on the [Staff Resource Centre](#).
- Follow the Health PEI [Hand Hygiene Policy](#) found on PDMS/Medworxx for more information
- Hand hygiene compliance is regularly audited and results are shared with staff and used for quality improvement

Questions Surveyors May Ask Staff:

- What are the 4 moments of hand hygiene?
- What hand hygiene education/training have you received?
- Is hand hygiene compliance monitored on your unit?