

ACCREDITATION

Required Organizational Practice (ROP) of the Month

PREVENTING FALLS & REDUCING INJURIES FROM FALLS

- The **Required Organizational Practice (ROP)** ensures the team participates in the organization's evidence-informed program to prevent falls and reduce injuries from falls including implementing universal precautions, screening clients/residents for risk of falls, providing education and information, and regularly evaluating fall prevention activities.
- A fall prevention strategy helps keep our clients/residents safe and helps identify those at risk of falling.
- A fall with injury increases an individual's chance of admission or prolonged hospitalization, and can also lead to loss of independence, or a change in living arrangements.

Falls remain one of the top five client/resident safety incidents reported in the Provincial Safety Management System (PSMS).

AT HEALTH PEI:

- Universal falls precautions apply in all clinical areas – **S.A.F.E.:** Safe Environment, Assist with mobility, Fall-risk reduction, and Engage patient/client/resident and family.
- A Provincial **Fall Prevention Policy** is being developed. Look for it to be available to your team and on PDMS/MedWorxx in late spring 2026.
- Under this new policy, setting-specific, evidence-informed falls risk assessments will be used in all clinical areas across Health PEI. For example, the **Morse Fall Scale** will be used in adult acute care units, while the **Scott Fall Risk Screen** will be used in long-term care.
- Safety measures and appropriate interventions are implemented based on risk scores. Interventions can include: visual communication tools (e.g. purple ID band), environmental measures (e.g. bed alarm) and client/resident and family education.

Falls Prevention is part of all Accreditation

Canada Standard Sets except:

- Ambulatory Care Services
- Diagnostic Imaging Services
- Community Mental Health Services.

Questions Surveyors May Ask Staff:

What education have you received around fall prevention?

How are patient/clients/residents and families involved in fall prevention strategies?

What strategies has your unit/program/service area implemented to help promote safety and prevent falls?