The Difference Between Substitute Decision Maker (SDM) and Proxy

- In PEI, every patient automatically has a substitute decision maker(s) SDM(s).
- SDM(s) are the person or person(s) who will make treatment and personal care decisions if the patient loses the capacity to make these decisions in the future.
- The hierarchy in the *Consent to Treatment and Health Care Directives Act* outlines the ranking of SDM(s) (see figure below).
- If the patient has a signed and dated Health Care Directive (HCD), the patient automatic SDM(s) is the patient's Proxy identified in the HCD.
- A Proxy is the person or person(s) appointed by the maker of a HCD to make decisions on his or her behalf and may include alternate(s) in the event that the person or person(s) appointed is unable to act (Consent to Treatment and Health Care Directives Act)

Substitute Decision Maker Hierarchy

- a. The Proxy (if the patient has a HCD)
- b. The Guardian if having the authority to give or refuse consent to treatment
- c. The Spouse
- d. The Son or Daughter, or the Parent, or a person who has assumed parental authority and who is lawfully entitled to give or refuse consent to treatment on the patient's behalf
- e. The Brother or Sister
- f. A person whom the health practitioner considers to be the patient's trusted friend with close knowledge of the wishes
- g. Any other relative

