



SAFETY TALK

BLOOD & BODY FLUID EXPOSURES

Accidental exposures to bodily fluids can expose health care workers to bloodborne pathogens (Hepatitis B, Hepatitis C, HIV). **Follow these steps if you have a blood or body fluid exposure at work.**

Exposed to Blood & Body Fluid

Immediate First Aid:

Mucous Membranes (eyes, nose, mouth) – Flush areas thoroughly with water or normal saline.

Skin – Wash thoroughly with soap and water.

Needlestick – Allow free bleeding. Do not squeeze as this damages surrounding tissue and increases exposure risk. Wash area thoroughly with soap and water.

Report exposure to direct supervisor/manager who will direct you on next steps.

Complete PSMS Incident Report and a WCB Form.

Contact your Employee Health Nurse (EHN) or use HPEIEmployeeHealth@ihis.org to assist with follow up.

Exposure follow up is as indicated by the **PEI Blood and Body Fluid Exposure Guide**. Your EHN will help you through this process.

You may require blood work monitoring, you may be directed to be seen in an Emergency Department, you may be advised to complete prophylaxis treatment, or you may require no follow up at all.

Source: [blood and body fluid exposure guideline updated october 2023 with appendices.pdf](#)

Safety is everyone's responsibility!

DATE: _____
FACILITY: _____

SAFETY TALK LEAD BY: _____
DEPARTMENT: _____

DISCUSSION QUESTIONS:

QUESTION 1

QUESTION 2

QUESTION 3

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:

EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org.

Safety Talks can be found on the Staff Resource Centre at: <https://src.healthpei.ca/safety-talks>