Get Screened for Cervical Cancer

Do you need a Cervical Screening Test?

- I am 25 to 65 years old
- I have had any skin-to-skin contact of genital areas with another person (intimate touching or any sexual activities)
- I have a cervix
- It has been 3 years since my last Pap test or 5 years for my last HPV test.

Do you need Cervical Screening test regardless of your age?

- I have undergone treatment or surgery for severe cell abnormalities on the cervix in the past or
- I have a weakened immune system due to a disease or medication

You should get a test even if you ...

have been vaccinated against HPV

What is a Cervical Screening Test?

- HPV Tests are now used for Cervical Cancer Screening
- HPV tests look for a virus that causes abnormal cell changes in your cervix
- When done regularly, Cervical Screening Tests can prevent cervical cancer

You have two options to choose from:

- Have a cervical exam with a healthcare provider to check for HPV types that can cause cancer. The experience is the same as a Pap smear or
- Swab yourself with the HPV self-sampling kit in the comfort of your own privacy. The self-sample kit will become widely available in medical offices by the end of 2024.
- It's your test, now it's your choice.

- are not currently sexually active
- have had the same partner for a long time or only had one partner
- are gay, lesbian, bisexual, or transgender
- have been through menopause
- are pregnant
- feel healthy and have no symptoms

How do l get screened?

- Ask your family doctor or nurse practitioner
- Sign up or book an appointment with the Cervical Cancer Screening Service
 - · Call 1-888-561-2233
 - · Online request
 - HealthPEI.ca/CervicalScreening

Questions? 1-888-561-2233



Health PEI