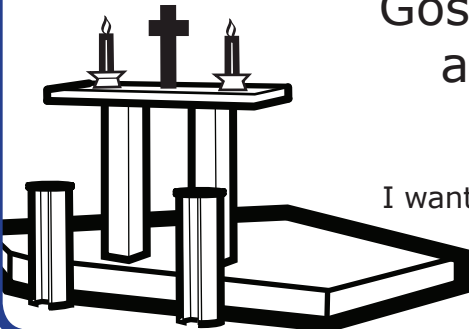


PORTUGUESE



Gostaria de assistir à missa

I want to attend the Mass service



Quero tomar um banho

I want to take a bath



Quero utilizar a cadeira de rodas

I want to use the commode chair



Quero falar com o meu médico

I want to speak with my doctor



Tenho dificuldade em respirar

I am having trouble breathing



Sinto-me estonteado

I feel dizzy




Sinto vontade de vomitar

I feel nauseated

**Lamination Cleaning Instructions**

**Please wipe with a PHC approved cleaner after each resident/patient use.**



How you want to be treated.

PORTUGUESE

PORTUGUESE

PORTUGUESE

PORTUGUESE



Poderia sentar-se a meu lado?

Will you sit with me?



Quero andar a pé

I want to walk



Por favor, ajude-me a virar

Please help me turn over



Por favor, endireite-me a cama para eu ficar sentado

Please help me sit up



Quero ver televisão

I want to watch television



Gostaria de fazer exercício

I would like to exercise




Não como carne

I do not eat meat

**PATIENT COPY**  
**Form No. PHC-TCNF293P (Feb-08)**

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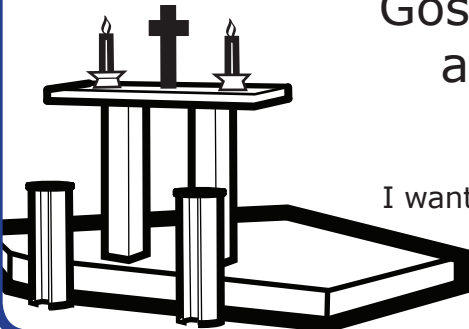
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