

## Provincial Preventative Diabetes Foot Care Program

FAQ for Providers

### WHAT IS INCLUDED?

This is a free foot care service that includes:

- Foot and nail assessments by a foot care nurse
- Nail care, callus care and corn care
- Education and promotion of self-care or caregiver provided care
- Education to prevent common foot issues
- Professional advice on when medical attention outside the ability of the program is needed

### WHAT IS NOT INCLUDED?

- This is not a wound care clinic. Foot care nurses cannot provide any care below the surface of the skin.
  - No complicated ingrown toenails
  - No wounds
  - No infections
- This is not a Diabetes Education Centre.
- There are no physiotherapy or fall prevention services.

### WHO IS ELIGIBLE?

To be considered for the program clients must:

- be diagnosed with diabetes
- be able to travel to the clinic site
- be able to get into the foot care chair independently
- have a moderate, high, or stable high risk based on the [Provincial Diabetes Foot Screen](#) performed by a referring provider
- based on client's self-report, have a lack of sufficient insurance coverage for individuals with moderate risk (less than 80% of footcare needs - \$50/appointment at eight appointments a year)
  - Note: high and stable high risk will be seen regardless of insurance status

A health care professional is required to make the referral to the program.

# Health PEI

## WHAT IS THE PROVINCIAL DIABETIC FOOT SCREEN?

This is a tool to be completed to identify foot risk level.

If you are unfamiliar with the screening tool, visit <https://src.healthpei.ca/diabetic-foot> or refer to the HPEI Diabetic Foot Screening Clinical Practice Guidelines on the PDMS.

## HOW DO I SEND A REFERRAL?

### Using CHR

Please send an internal referral via the CHR.

- Reason for Referral: Consultation
- Service Provider: Provincial Diabetes Foot Care
- Include the Preventative Diabetes Foot Care Referral
- Include a completed [Provincial Diabetes Foot Screen](#)

### Via Fax

Fax the Provincial Preventative Diabetes Foot Care Program Referral Form and the [Provincial Diabetes Foot Screen](#) to 1-833-652-1546.

*Note: Referrals are triaged centrally and booked at the appropriate clinic. Providers will be notified if their patient's status in the program changes. Providers can also see updates through the CHR.*

## WHERE IS THE PROGRAM OFFERED?

Foot Care Nurses work out of these health centers across the province. They do not travel to people's homes.

### Montague Health Centre

407 MacIntyre Avenue  
Montague, PE

### Tignish Health Centre

254 Phillip St  
Tignish, PE

### Polyclinic

199 Grafton Street  
Charlottetown, PE

### O'Leary Health Centre

14 MacKinnon Drive  
O'Leary, PE

### Harbourside Health Centre

243 Heather Moyse Drive  
Summerside, PE

# Health PEI

## WHERE CAN I GET MORE INFORMATION?

Phone	902-288-1170
Fax	833-652-1546
Email	<a href="mailto:footcare@ihis.org">footcare@ihis.org</a>
Mailing Address	199 Grafton Street Suite 208, Charlottetown, PE, C1A 1L2
Website	<a href="http://HealthPEI.ca/DiabetesFootCare">HealthPEI.ca/DiabetesFootCare</a>
CHR Inbox	Provincial Diabetes Foot Care