

SAFETY TALK

FALLS PREVENTION



Falls are one of the top five patient safety incidents reported in Health PEI's Provincial Safety Management System (PSMS). Falls prevention and injury reduction for patients/clients/residents, staff and visitors is a safety priority at Health PEI.

HOW CAN WE PREVENT FALLS?

- Promote and use **universal fall precautions (SAFE)** in all clinical areas
- Complete training and education on fall prevention and injury reduction
- Wear well fitting, non-slip footwear as per Health PEI's Footwear Policy
- Keep floor surfaces dry and clean
- Ensure the physical environment is well-lit and free of any clutter and tripping hazards
- Conduct a risk assessment on each client and each physical space
- Become familiar with and familiarize patients/clients/residents with their physical environment
- Keep patient's/client's/resident's personal possessions within their reach
- Keep patient's/client's/resident's bed in the low position with the brakes locked and bed exit alarms in place if they have been assessed as having a risk of a fall during the night
- Promote balance and strength training for patients/clients/residents

Universal Falls Precautions (SAFE):

- Safe Environment
- Assist with Mobility
- Fall-Risk Reduction
- Engage Patient/Client/Resident and Family/Partner in care

Source: Accreditation Canada. (2022). Required Organizational Practices: 2022 Handbook. Ottawa: Author.

Safety is everyone's responsibility!

DATE: _____
FACILITY: _____

SAFETY TALK LEAD BY: _____
DEPARTMENT: _____

DISCUSSION QUESTIONS:

HOW CAN YOU PREVENT FALLS IN YOUR WORKPLACE?

WHO SHOULD BE INFORMED ABOUT A FALL?

WHAT ACTIONS SHOULD BE TAKEN IF SOMEONE FALLS?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:

EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org.

Safety Talks can be found on the Staff Resource Centre at: <https://src.healthpei.ca/safety-talks>