



SAFETY AND HEALTH WEEK May 5-10, 2025

Services for Employee Support!

Did you know at Health PEI we have access to confidential services to help support our staff?

Employee Assistance Program

The Employee Assistance Program (EAP) offers confidential, professional counseling services to help resolve problems that affect your personal life and may affect work performance.

- The program is completely voluntary and confidential.
- Services are available to individuals, couples, immediate family members and retirees.
- The decision to participate in EAP must always be voluntary.
- Using the EAP does not affect your present job or your opportunities for future jobs.
- There is no cost for employees to use the EAP program.

Find it here <https://src.healthpei.ca/employee-assistance-program>

MindBeacon

As a HPEI employee you have access to MindBeacon's virtual mental health therapy clinic. MindBeacon is dedicated to providing you mental health support that fits your life. Connect to MindBeacon from anywhere and access support from licensed mental health professionals. Whenever or wherever you need us, we're at your fingertips

Find it here <https://src.healthpei.ca/mindbeacon>

Friday's challenge: What works best for you and your teams!

How do you or your team help deal with the stress of working in healthcare?

Send us a brief description of what works best for you and/or your team!

Submit using the link below, or scan:

<https://healthandsafety2024.questionpro.com/t/AatxlZ5vYB>



Powered By QuestionPro

Today's Gift Basket includes:

Submission due by May 16, 2025

- Greenfoot Gift Card
- Hop Yard Gift Card
- Family and Friends Restaurant Gift Card
- Dairy Queen Gift Card

Health PEI