

# It's **FLU** Season

Ways that we protect **our** health and that of our **patients, residents** and **clients** include:

- **Washing our hands**
- **Getting the flu shot**
- **Wearing masks**

**Health PEI**  
One Island Health System



**For information on flu vaccination clinics please visit:**  
***[healthpei.ca/flu](http://healthpei.ca/flu)***