

Provincial Laboratory Services



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Health PEI
One Island Health System

Updated Testing Guidance for COVID-19

September 15, 2020 (Replaces Sept. 2, 2020)

This information applies to: Physicians, Nurse Practitioners, Administrators

The following provides **CURRENT AND NEW CRITERIA (in bold)** for testing for COVID-19 for both routine and stat purposes. **A new COVID-19 virus request form is provided (see Appendix A)**

Emergency Department

- Any person presenting with new onset of fever without an alternative explanation or new or worsening cough, sore throat, rhinitis, marked fatigue, shortness of breath, chills, headache, myalgia, or acute loss of sense of smell or taste without an alternative explanation should be tested.
- Patients on self-isolation and undergoing a surgical procedure requiring or may require general anesthetic.

Community Clinics

- Any person presenting with new onset of fever without an alternative explanation or new or worsening cough, sore throat, rhinitis, marked fatigue, shortness of breath, chills, headache, myalgia, or acute loss of sense of smell or taste without an alternative explanation should be tested.
- Any person who was in close contact with (1) a symptomatic case starting 48 hours prior to the case developing symptoms or (2) a laboratory confirmed asymptomatic case starting 48 hours prior to the day their positive specimen was collected, should be tested 7 days after their last exposure to the case.

Cough and fever clinics are available in Charlottetown and Summerside to provide assessment, alternative explanation for symptoms and symptom management. All clients of the cough and fever clinic as well as swabbing clinics are being tested. Clinics can be accessed through 811 or referred by a health care provider; email: Coughandfeverclinic@gov.pe.ca.

Drop-in testing sites are available at locations across PEI. Testing is offered on a first-come, first serve basis at these clinics, with no referral necessary.

All physicians and Nurse Practitioners are able to provide notice that a patient's symptoms are from an alternative diagnosis and do not require COVID testing for that clinical encounter.

Admitted patients

- Any person hospitalized > 48hrs with influenza-like-illness (ILI; fever without an alternate explanation and new or worsening cough, sore throat, joint pain, muscle aches, fatigue).
- Any person admitted to the ICU with a respiratory symptom (if there is a strong non-viral alternative diagnosis contact the medical microbiologist).
- Patients that would otherwise be on self-isolation and undergoing a surgical procedure requiring or may require general anesthetic.
- Inpatients at Hillsborough Hospital, Provincial Addiction Treatment Facility, and Prince County Hospital Inpatient Psychiatry Unit should be tested on admission (routine test unless symptomatic; if symptomatic for COVID-19, Stat test).

Health Care Providers (HCP)

- Any current health care worker with a new cough and/or fever, sore throat, rhinitis, marked fatigue, shortness of breath, chills, headache, myalgia, or acute loss of sense of smell or taste without an alternative explanation should be tested.
- Health care providers including: locum physicians, new physicians, medical residents, nurses, NPs, and medical students on clinical rotations, who work at a healthcare site within Atlantic Canada should be tested on return to PEI (prior to returning to work at a healthcare site) **and again at 7 days if still in the province**; e.g., works at QEII/IWK and QEH/PCH; may qualify for Stat testing (as directed by CPHO).
- Health care providers who arrive from outside of Atlantic Canada should be tested prior to work at a PEI healthcare site and again at day 3 and day 7; may qualify for Stat testing (as directed by CPHO). **(See note at end of section)**
- Long-term care staff who travel within Atlantic Canada should be tested on return to PEI and at 7 days. If travel is a day trip, wait 48 hours before the first test. (Note: LTC staff who travel outside the Atlantic bubble must self-isolate for 14 days on return to PEI).
- Weekly testing of LTC staff (public and private) who work in more than one healthcare site, regardless of how frequent they work in LTC (e.g., staff member who works in LTC once a month would require testing every 7 days). For staff with very infrequent visits (i.e., less than monthly), an alternate approach is to test between 48 and 96 hours prior to working and test again at 7 days. For unscheduled/urgent work, staff can be tested after their work shift and again at 7 days.
- Weekly testing of Microbiology staff at the QEH.

Health Care Workers can be assessed for testing by calling: 1-855-354-4358.

Locum physicians or returning physicians that require testing prior to work should reach out to their medical director or coordinator. With assistance from the medical microbiologist, initial testing can be arranged at QEH Same Day treatment unit (8AM to 7:30PM on weekdays; 8AM to 3:30PM on weekends) or the PCH ER. There is a more detailed encounter registration form for same day treatment.

Long-term Care/Community Care/Palliative Care Facilities – Residents

- Test residents of Long-term Care facility 24-48 hours before transfer/admission to the facility, at 3 to 4 days, and at 10 to 12 days.
- Test residents of Community Care or Palliative Care facility 24-48 hours before transfer/admission to the facility; if negative on initial test, test again at 7 days post admission.

Inter-Facility Transfers

- Asymptomatic transfers to other acute care facilities (excluding LTC and CCF) do not require testing at this time, as there is no documented community transmission or reservoir in PEI hospitals.
- Testing can be provided for anyone who requires a test prior to procedure/surgery/ etc. at an out-of-province (OOP) facility.
- Inpatients returning from OOP facilities who were off-Island for ≤ 24 hours require routine testing at 48 hours; test again at 7 days post admission. Testing is not required if patient is no longer an inpatient.
- Inpatients returning from OOP facilities who were off-Island for >24 hours require routine testing on arrival; test again at 7 days post admission. Testing is not required if patient is no longer an inpatient.

Long-term Care/Service Providers & Partners in Care

- Weekly testing of service providers (e.g., hairdressers, foot care worker, seamstress, etc.) in Long-term Care facilities.
- Partners in care who work in a LTC facility should be tested weekly.

Correctional Facility Admissions and Staff

- Test (routine testing) on admission to the facility (if had not already tested in past 48 hours); if negative on initial test, test again at 7 days post admission.
- Weekly testing of correctional facility staff who work at more than 1 facility (e.g., corrections and LTC).

Workers with Travel Outside of Atlantic Canada

Rotational Workers

Rotational workers are those who regularly and routinely travel out of province to work. We are working to find a way to balance an acceptable risk of transmission with their need to spend time with their families for the limited time they are home.

- PEI residents who are workers and travel outside of Atlantic Canada frequently can be tested at 0-2 days and again 7 days if still on PEI, but no more than weekly unless symptoms occur.*

Workers Arriving from Outside of Atlantic Canada

- **Workers arriving from outside of Atlantic Canada (including domestic and the US/international) to perform work duties in PEI should be tested at 0 – 2, 4 – 7, and 10 – 12 days.***

Temporary Foreign Workers

- **Test temporary foreign workers between day 0 and 2, and again between day 10 and 12 of self-isolation.***

International Students

- **Test international students between day 0 to 2, and again between day 10 and 12 of self-isolation.***

Domestic Students – Arriving From Outside of the Atlantic Bubble

- Test between day 0 to 2, and again at 7 days*

Summer Residents / Family Support / Family Connections

- Test summer residents arriving from outside of Atlantic Canada between day 10 and 12 of self-isolation.*

- Travelers arriving from outside of Atlantic Canada to provide support to or to reconnect with PEI residents may be considered for testing on a case-by-case basis.*

Family members visiting terminally ill inpatients. Testing is available on a one-time basis only which would allow visitation(s) for 12 hours from the time of the test during the first 7 days on PEI or for 48 hours from the time of the test for the remaining isolation. Testing services are available at both QEH Same Day treatment unit and PCH ER. Testing request is initiated by administration or nursing supervisor. There is a form to facilitate processing. Do not go to QEH ER for testing.

*Please note: The Testing Memo does not address requirements for self-isolation. For the most up-to-date direction on self-isolation requirements and exemptions, please consult relevant information on the Government of PEI COVID-19 website or sector specific guidance, as appropriate.

Screeners at Points of Entry

- Weekly testing for personnel screening travelers at points of entry (bridge, airport, and ferry terminals).

Postmortem

- Test upon autopsy

Requirement for COVID-19 Test for Entry into an International Country

- Travelers requiring a COVID-19 test to enter another country can be tested.

Expected International Travelers need call 1-833-533-9333 or email COVIDtravel@gov.pe.ca scheduling clinic at least 5 days before travel to schedule an appointment approximately 28 to 42 hours before departure to allow 72 hours before arrival to receiving country.

Testing Outside of Guidelines

- Contact the CPHO on call for consideration of testing outside of guidelines for outpatients, including any patients under the care of an ER physician.
- Contact the microbiologist on call for inpatients.

STAT TESTING

Routine testing for COVID-19 is offered multiple times per day with turnaround times between 6 and 24 hours upon receipt to the QEH Laboratory. The request for Stat testing must meet PEI guidance or be directed by the Chief Public Health Office or the Medical Microbiologist.

The following would be considered for Stat (vs routine) testing:

- ER for admitted patients at QEH, PCH, KCMH, Western Hospital that meet routine criteria.
- Patients admitted to the ICU or require critical care in the ED, all Code Blue cases.
- Symptomatic admissions to Labor and Delivery
- Symptomatic admissions to Hillsborough Hospital, Provincial Addiction Treatment Facility, and Prince County Hospital Inpatient Psychiatry Unit
- Symptomatic residents of long-term care (LTC)
- Symptomatic pediatric patients admitted to hospital
- Offenders with symptoms transported by police officers
- Requests approved by CPHO or the microbiologist on call (see Cases off Guidelines above)

(NEW) QEHR ER: All samples from QEHR ER arriving in the lab between 8:00AM to 11:30PM will be processed STAT without the need of a phone call. The porter will directly drop off samples that will be completed typically within 2 to 3 hours. Please only call to check on process if a result has not been provided within 4 hours of collection. After 11:30PM, Stats from QEHR ER still require a page to the hematology technologist, or they will be processed at 8:00AM by Microbiology.

With the exception of the QEHR ER above, all Stat microbiology requests require a phone call to the receiving laboratory or they will not be processed Stat. The technologist will ask if the test is on Stat guidelines, it is the caller's responsibility to know the guidelines. If not on guidelines, the technologist will ask if CPHO or the Medical Microbiologist has approved. When ordering the test, information provided on the requisition will assist in clarifying if the test meets guidelines or has been previously approved. Microbiologist on call will review these documents and may contact the ordering provider or service as necessary.

Stat tests are provided at QEHR microbiology in dedicated windows 8 AM, 10 AM, noon, 2 PM, 4 PM, 6 PM, 8 PM, 10 PM, as well as overnight by Hematology at 1 AM, 3 AM, and 5 AM. If there are times that testing needs to be completed even faster, i.e., "Critical", then page the microbiologist on call directly. If overnight (after 11:30 PM), then contact Hematology technologist first to see if they can accommodate. The PCH testing process remains the same.

Return to Work Criteria for Health Care Workers with Confirmed COVID-19

Health care workers who tested positive for COVID-19, who were not hospitalized (i.e., only had mild to moderate illness) and who are not immunocompromised, may return to work 14 days after the date of the positive test and > 24 hours since resolution of symptoms other than a residual cough.

Health care workers who tested positive for COVID-19, who were hospitalized (i.e., had severe to critical illness) or who are immunocompromised, may return to work 20 days after the date of the positive test and > 24 hours since resolution of symptoms other than a residual cough.

As per recent CDC and other provincial guidance, testing prior to return to work at a facility may no longer be required, but may be provided/indicated on a case-by-case basis.

For on Guidelines or CPHO/Microbiologist on call approved Stat testing call:

Time	QEHR Microbiology Testing	PCH Main Lab
8:00AM – 4:00PM	894-2312	438-4285
4:00PM – 11:30PM	2111 (ask for Microbiology tech)	438-4285
11:30PM – 8:00AM	2111 (ask for Hematology tech)	438-4285

The Chief/Deputy Public Health Officers may be reached through locating at QEHR or CPHO 902-368-4996 or CPHO nurse on-call 1-902-213-5824.

The Medical Microbiologist may be reached through locating or through 902-894-2515.

Thank you all for your cooperation and dedication to all Islanders in these challenging times.

Please let us know if you have any questions or clarifications.

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