

**URINE, BODY FLUIDS & CSF TEST REQUEST FORM (2021)**  
**Provincial Clinical Laboratory**

Address for Non-PEI Residents Required

<b>Specimen Collected</b>	<b>Payment Responsibility</b>
Date: YYYY/MM/DD	<input type="checkbox"/> WCB <input type="checkbox"/> DVA <input type="checkbox"/> DND <input type="checkbox"/> RCMP
Time: HH:MM	<input type="checkbox"/> Self Pay Non- Canadian
	<input type="checkbox"/> Self Pay Non-Canadian
	Provincial Medicare # exp. date: _____

Name: \_\_\_\_\_  
 Street: **Place Label Here** \_\_\_\_\_  
 City: \_\_\_\_\_ Prov./State: \_\_\_\_\_  
 Postal Code/Zip: \_\_\_\_\_ Patient Phone # \_\_\_\_\_

Relevant Diagnosis and Therapy	DOB: YYYY-MMM-DD	Sex	Medical Record Number (MRN)
Ordering Physician/NP FIRST & LAST NAME	Location		Copies (Full name required. Fax # required for Out of Province Providers)

**Routine Urinalysis**

Routine Urinalysis  Pregnancy Test Urine

Microscopic - **Must be received within 4 hrs**

**Semen Analysis**  
 Submit Within 2 Hrs of collection in sterile container, Mon-Fri 0800-1400

Complete Examination  Post Vasectomy

**Toxicology - Urine Drug Screen**

Cannabinoids	Benzodiazepines	Oxycodone
Cocaine	Ethanol	Methadone (EDDP)
Opiates (opiate screen does not routinely detect Fentanyl)	Amphetamines	

**Joint/Synovial Fluid**

**Lavender tube:**  Cell Count and Differential  Crystals

**Pleural Fluid**

**Lavender tube:**  Cell Count and Differential

**Red tube:**  Glucose  Albumin  Protein  LDH

**Urine Analysis - Quantitative or Qualitative**  
 Collect first morning urine in a sterile container & deliver promptly to lab.  
 Some tests require special handling (1). **Please see over for details.**

**Red tube (fluid) & Red tube (blood):**  Pleural Fluid LDH/Serum LDH  
 Pleural Fluid Protein/Serum Protein

Protein	Sodium	Osmolality
Albumin (ACR)	Potassium	5HIAA - Screen
Creatinine	Chloride	Urea
Calcium	Porphyrin Screen (1)	

**Pericardial Fluid**

**Lavender tube:**  Cell Count and Differential

**Red tube:**  Glucose  Albumin  Protein  LDH

**Red tube (fluid) & Red tube (blood):**  Pericardial Fluid LDH/Serum LDH  
 Pericardial Fluid Protein/Serum Protein

**24 Hr Urine Analysis - Quantitative**  
 Some tests require special preservatives (2) and dietary considerations (3)  
**Please see over for details and how to obtain containers.**

**Peritoneal Fluid**

**Lavender tube:**  Cell Count and Differential

**Red tube:**  Glucose  Albumin  Protein  LDH

**Red tube (fluid) & Red tube (blood):**  
 Serum Ascites Albumin Gradient (SAAG)

**Total Volume: mL**

Protein	Sodium	Phosphate (2)
Creatinine	Potassium	Urea
Calcium (2)	Chloride	Magnesium (2)
Citrate (2)	Cortisol	Albumin (ACR)
Oxalate (2&3)	Urate	Metanephrine (2&3)
5HIAA Quantitative (2&3)		
Porphyrin Quantitative (2)	Porphobilinogen Quantitative (2)	

**Peritoneal Dialysate Fluid (PDF)**

**Lavender tube:**  PDF Cell Count and Differential

**CSF - QEH: 0730-1600hrs, call Hematology Lab (2332) with request.**  
 Afterhours/holidays, call switchboard to page each lab, stating "Code CSF".  
 PCH: All hours, call PCH Lab (4285) with request.  
**For malignant cell examination please use Cytology Request Form.**

**Microbiology**

**Antibiotics given:**

Culture and Gram Stain

Meningitis/Encephalitis Panel

Other: \_\_\_\_\_

**Stool**

Fecal Fat **Requires special handling, please see over for details (4)**

Fecal Occult Blood (FIT)	Stainable Fat	Calprotectin
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**Hematology**

CSF Cell Count Panel

**Miscellaneous**

Stone analysis - Calculi **Specify Source:** \_\_\_\_\_

Sweat Chloride **Appointment required, call QEH Lab 894-2300**

**Chemistry**

Glucose	Protein
Other: _____	

**Metabolic Investigations**  
 Please use IWK Request for Metabolic Investigation requisition

**Immunology**

**2 ml (CSF) & Red tube (blood):**  Oligoclonal Banding

**Additional Requests (Please Contact Lab for Special Instructions and Availability)**

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URINE/BF REQ

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**Queen Elizabeth Hospital**

Specimen Collection: 902-894-2138  
 Main lab: 902-894-2300  
 Fax: 902-894-2183

**Prince County Hospital**

Specimen Collection: 902-438-4280  
 Main lab: 902-438-4280  
 Fax: 902-438-4281

**Community Hospital**

Specimen Collection: Toll free 1-833-565-1380 or 902-853-3163  
 Main lab: 902-853-8867  
 Fax: 902-859-3913

**Souris Hospital**

Specimen Collection: 902-687-7150  
 Main lab: 902-687-7150  
 Fax: 902-687-7174

**Kings County Memorial Hospital**

Specimen Collection: 902-838-0757  
 Main lab: 902-838-0757  
 Fax: 902-838-0746

**Western Hospital**

Specimen Collection: Toll free 1-833-565-1380 or 902-853-3163  
 Main lab: 902-853-3136  
 Fax: 902-853-0245

**PATIENT INSTRUCTIONS for 24 HOUR URINE COLLECTION**

**CAUTION:** The collection jug may contain a preservative in the form of a liquid that may burn your skin. Do not remove the preservative from the bottle.

**KEEP OUT OF THE REACH OF CHILDREN.** If liquid is splashed or spilled, wash spill immediately with water.

- a. At the hour you choose to start the collection period, urinate into the toilet and flush as usual. Write this time and date on the collection jug label - this is the **START TIME**.
- b. The next time you need to urinate, pee into a clean, dry plastic container. Pour this urine into the collection jug, being careful not to spill or splash the sample.
- c. Continue collecting every urination into this collection jug for a 24 hour period. Store the collection jug in the fridge during this time.
- d. Collect the last urine sample exactly 24 hours after your start time. Try to collect a urine sample at this time even if you do not feel the urge to urinate. Write this time and date on the collection jug label - this is the **END TIME**.
- e. On the collection jug label **AND** requisition, clearly write your **FULL NAME** (as it appears on your health card) and Provincial Health Number.
- f. Promptly bring the collection jug **AND** requisition to the laboratory.

**(1) PORPHYRIN SCREEN COLLECTION & HANDLING INSTRUCTIONS**

- Patient must collect sample at laboratory.
- Container must be wrapped in foil to protect from light.
- 0.5g of sodium carbonate is to be added within 30 minutes of collection.

**(2) 24 HOUR URINE COLLECTION & HANDLING INSTRUCTIONS**

- **Calcium, Citrate, Oxalate, Phosphate, Magnesium, 5H1AA Quantitative, and Metanephrine:** Require a preservative (25 ml of 6N HCl)
- **Porphyrim Quantitative:** Requires 5g of sodium carbonate and must be protected from light.
- **Porphobilinogen Quantitative:** Does not require a preservative but must be protected from light.
- For tests not listed, please call the lab for availability and any special instructions.

**All 24 hour urine containers are obtained from the QEH Lab (902-894-2300) and PCH Lab (902-438-4280)**

**(3) SPECIAL DIETARY CONSIDERATIONS**

- **5H1AA Quantitative:** Avoid avocados, bananas, tomatoes, plums, eggplant, hickory nuts, pineapple and mollusks for 2 days prior to and during collection. Patient should be off all drugs 3 days prior to collection, if possible - please consult your physician.
- **Metanephrine:** Restrict caffeine, nicotine, and alcohol 24 hours prior to collection. Discontinue Methyldopa (Aldomet) at least 5 days prior to collection.
- **Oxalate:** Abstain from taking ascorbic acid (vitamin C) at least 24 hours prior to and during collection.

**(4) FECAL FAT COLLECTION AND HANDLING INSTRUCTIONS**

- Requests for fecal fat testing will typically only be honored when ordered by surgeons, GI specialists or equivalent.
- A dietician consult prior to starting the process is required. They will advise on proper diet, how to keep a dietary log, how to collect the sample and supply the appropriate container. Extra containers can be obtained from the lab at the QEH (902-894-2300) or PCH (902-438-4280)
- Only 72 hour samples will be accepted.
- Record the start and stop date & time on the container and collect 72 hours worth of stool.
- Recommended diet: 50-100 grams of fat per day for 4 days prior to and during the collection.
- Do not take castor oil, mineral oil, or other oily laxatives prior to specimen collection.
- Do not use rectal suppositories containing oil or lipid for 2 days prior to and during the collection.

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