



Mental Health & Addictions Education Calendar
2023 - 2024

MENTAL HEALTH AND ADDICTIONS RESEARCH & EDUCATION DEPARTMENT

Health PEI

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Land Acknowledgement

We acknowledge that the land on which we gather on is the ancestral land of the Mi'kmaq and we respect the Mi'kmaq as the Indigenous people of Prince Edward Island.



Acknowledgements

Many thanks to all the contributors within the Mental Health and Addictions Division (MHA) who have developed, refined, communicated, coordinated, and promoted the MHA Education Calendar for clinicians and staff. We would also like to take this opportunity to acknowledge all our collaborators and outside partners who have made their evidence-based course offerings available to our staff.

Thank you.

Executive Director's Message

For all new employees to Mental Health and Addictions (MH&A) I want to extend a very warm welcome! To existing employees exploring this document I wish to thank-you for taking the time to invest in continuing education and ongoing learning.

MH&A strategically invests in education and training to ensure that new employees experience a strong onboarding and orientation experience to our services. We also want to ensure all existing staff within MH&A have regular opportunities to further their knowledge and skills to remain current and competent in their field. As evidence- based treatment in mental health and addictions services is continually evolving, this requires all MH&A staff to be actively engaged in their own professional development and for managers to support their efforts.

MH&A programs / services operate within a framework of strong multidisciplinary collaborative teams designed to work in partnership with our clients and families. Team members work together to fully support our clients in a recovery-based model, designed to address our clients' mental disorders and / or substance use health needs. Optimizing this team collaboration model requires ongoing commitment to life-long learning by all members of the care team.

Our MH&A research and education department ensures that the MH&A education calendar offers an extensive array of educational offerings available for staff and physicians. We continually seek feedback from staff who participate in MH&A educational offerings to ensure that the education on offer is aligned with staff expectations and learning needs.

If you as an individual, have a unique education and /or a talent related to a treatment modality within the MH&A field of study, and would like to share this knowledge with colleagues please contact Karen MacLaren – Manager of Education and Training to discuss opportunities to lead in education and training within the division.

If you or your team identify a knowledge gap that exists within MH&A contact the research and education director – Ms. Belina Caissie. The education department will work with you and your team to explore the possibilities, ways and means to address the gap.

In closing I want to thank the MH&A Research and Education team for their continued efforts in supporting the MH&A division. They work very hard to remain current and abreast of changing practice(s) within the field of MH&A, locally, across Canada, and around the globe.

Their efforts contribute greatly in ensuring Islanders have access to top quality MH&A services across the province.

Respectfully,

Joanne Donahoe
Executive Director for Mental Health and Addictions
Health PEI

Section 1: General Information



Research and Education Department

Belina Caissie

- Director of Mental Health and Addictions Research and Education

Jody MacLennan

- Program Development Coordinator

Nicole Peters-Vuozzo

- Research Coordinator

Karen MacLaren

- Manager of Clinical Education

Sarah Smith

- Clinical Nurse Education Lead

Mitchell Bingley

- Clinical Nurse Education Lead

Margo King

- Clinical Education Associate

Nicole Wilson

- Administrative Assistant

Department Contact Information

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Our Purpose

This calendar was developed in consultation with a variety of leaders across our services. The document provides staff with an outline of what is expected from their professional roles and what is offered to support your onboarding and ongoing learning. We strongly recommend that you identify your own learning needs and arrange a time to meet with your Director/ Manager/ Supervisor to develop a learning plan.

In keeping with our strategic mission, we strive to provide hope, help, and strength to all individuals utilizing Health PEI's Mental Health and Addiction services. Our Mental Health and Addictions Research and Education Department continues to make every effort to support learning opportunities. The department would like to commend staff for their commitment to ongoing professional development.

Professional development and education are essential components of ongoing professional growth within Mental Health & Addictions. It is imperative to continue to provide increasing opportunities for supported learning, mentorship, and wellness development for staff, clients, patients, families, and communities. (<https://mharenewalpei.ca/en/cf/hospital/>)

As we continue to expand our available resources, additional training opportunities will be added. For the most recent training available, please consult the electronic version of this calendar posted on the Health PEI Staff Resource Center.

Service Delivery Improvements for 2023-2024

1. As the division enters the fifth year of the education calendar, the education team has improved upon the functionality of the calendar by making it more user-friendly. Through the hyperlink function, the table of contents can bring the user to specific areas with the click of a button. Courses that appear in Section 2 are hyperlinked to their individual course descriptions. The user can click on the specific course they need within the calendar month and will be transported to the event description. The EVENTBRITE link is attached if the user wants to sign up for the course.
2. To match our growing division, we have increased the *Welcome Session* to once a month to ensure new employees are given the appropriate knowledge base regarding our division's goals, mission and current resources.
3. *Neurodiversity: Supporting Individuals in Healthcare Settings* has been added as a regularly scheduled course. This course was once labelled: *Intellectual and Developmental Disabilities*.
4. *Case Management* has been added as a regularly scheduled course.
5. *Mental Health and Addictions Skills Lab* has been added as a regularly scheduled course
6. The course, *Intro to 2SLGBTQIA+ Communities* has changed its name to *Supporting Gender Diverse Identities and Communities: Eliminating Barriers and Improving Well-being*.
7. *Mental Health First Aid for Adults who Interact with Youth*© is a new course offered through an experienced trainer. When signing up for this course, staff must attend both sessions to get the course credit.

8. The Education Department is pleased to announce the beginning of a new education session known as the *Multidisciplinary Knowledge Exchange*. These sessions will be offered throughout the calendar year and will feature a different clinician for each session offered, with a unique focus on the individual presenter's experience and knowledge.
9. The *Harm Reductions Fundamentals* course by *CATIE* has been added as a Core Training requirement for all staff within the division. This course provides foundational information on harm reduction for service providers working with people with substance use disorders over four modules.
10. The Management Series has been added to support directors, managers, and supervisors entering leadership roles within the Mental Health and Addictions division.

PLEASE NOTE:

MHA Education Department is now providing training to all MHA staff and some Health PEI and community partners. We recommend MHA staff book core training as early as possible. If you are registered for a session, we recommend you keep your seat as courses (such as NVCI, ACW, Suicide Risk Screening, Assessment, and Intervention) may fill up fast and all training is on a first come first served basis.

Educators may be required to change the method of service once registered. You will be contacted if this need arises.

How to Select and Register for Training

The Mental Health and Addictions Research and Education Department schedules training on an ongoing basis, with the goal of offering core training frequently, to ensure new employees receive training in a timely manner. Several non-core courses (including on-line courses), are also offered in order to enrich the learning and professional development culture in our services. Certain core training requires re-certification at regular intervals and some of the introductory courses double as "booster" sessions for staff looking to refresh their knowledge. Please consult with the MHA Research and Education Department for any clarification by e-mailing mhatraining@gov.pe.ca

Registration for all **virtual** and **in-person** training will be through **Eventbrite**. Employees will be required to provide contact information in the form of email address and telephone number and will need to frequently check their email after registering for training updates or changes to course information.

Please note that Health PEI work emails must be used when registering for sessions in Eventbrite. If you do not have a Health PEI work email, you will be screened to confirm your employment with Health PEI by mhatraining@gov.pe.ca. Please check your email regularly for course updates.

Step-by-Step Instructions: How to Register for Courses on Eventbrite

1. Google the phrase "Eventbrite PEI"
2. Click on the link that says "Prince Edward Island Events & things to do| Eventbrite"
3. In the search bar that says, "search events" type in "mental health and addictions" (has to be written out)
4. The next screen should be a list of the available courses, with the green MH&A background
5. Find a course.
6. Click on the orange, SELECT A DATE button ... you should then see a list of available dates for that course.
7. If you do not see the course, you are looking for *search for the title of the course* in the search box or copy and paste the URL found in course description section.

Click here to go straight to the Eventbrite page: <https://www.eventbrite.ca/o/mha-coordinator-17861739032>

Additional Information

Attendance Minimum: To foster respect for our instructors and participants, when a session's attendance/ registration is less than six individuals, class **might** be cancelled or rescheduled for another time. Some course guidelines require a minimum number of participants for the partnering organization to certify the participants. We apologize for any inconvenience this may cause.

Cancellation Policy: If you are unable to attend a training session you are registered for, you are responsible for cancelling your registration in Eventbrite (via the course registration link) to provide an opportunity for waitlisted registrants access to your seat. If you must cancel on the day of training, please email mhatraining@gov.pe.ca and notify your director/manager/supervisor of the reasons for cancelling. If you are having difficulty using Eventbrite, please contact MHA Education office at or mhatraining@gov.pe.ca.

Course Application Form: Employees are to complete the course application form (appendix B), obtain director/manager/supervisor approval then scan and e-mail to mhatraining@gov.pe.ca prior to completing the online registration through Eventbrite.

Funding: Available for union and excluded employees through Development & Training Funds for both groups. Information about funds and the application process may be found at the Health PEI Staff Resource Centre: <https://src.healthpei.ca/all-staff>.

Health PEI Orientation: Health PEI core online orientation modules are to be completed upon hire and can be found here: <https://src.healthpei.ca/orientation>

MHA Continuing Education Verification Form: Please have course facilitators sign your Education Verification form (Appendix A) for you to take back to your work area for submission to timekeeper or payroll person to ensure education hours are captured properly. Staff can print off and bring their own forms, and facilitators will be asked to ensure they have these signed forms available for staff at in person training sessions.

The Public Service Commission: Provides training for provincial government employees through their Pathways for Learning Courses. Mandatory RIM training and W.H.M.I.S. are two of their course offerings along with courses related to employee health and well-being, Valuing Diversity, Gender

and Diversity, and business and personal effectiveness, just to name a few. For further information please go to: <https://psc.gpei.ca/pathways-for-learning-course-selection>.

Storm Policy: For both facilitators and participants, the Storm Policy follows the government offices' cancellation policy. As Health PEI employees, we are still required to work on days when civil offices are closed. Some training will be held in partnership with civil offices or employees, making cancellation on days where civil offices locations are closed the preferred option. If the civil offices are delayed or closed in the area that training is occurring (Prince, Queens, or Kings), training both virtual and in-person, will be canceled and rescheduled.

Travel: Employees are encouraged to schedule training close to your area of work. Compensation for travel for the purpose of training requires approval from your manager or supervisor.

Questions: If you have questions about the appropriateness of any given course for your role, please don't hesitate to contact your director/manager/supervisor and/or a member of the Mental Health & Addictions Education team: mhatraining@gov.pe.ca

Welcome to Mental Health and Addictions

The Mental Health and Addictions (MHA) Education Department is pleased to provide clinicians entering MHA services a welcome orientation into the MHA division of Health PEI. Through orientation, clinicians will be acquainted to the values, mission statement and goals of the organization as well as existing and upcoming programs and buildings outlined in strategic planning. Clinicians will also complete necessary educational components before delivering trauma-informed, recovery-oriented and patient-centered care to patients and clients within their designated worksites.

Day 1: Pre-Requisite to Welcome to MHA Services: Please be advised that there are 10.5 hours of online modules to be completed prior to attending this session. You will be compensated a total of 10 hours for the time spent completing HPEI & MHA core online orientation. Presentation of completed certificates, where available, are to be submitted to mhatraining@gov.pe.ca or brought/shown on the Welcome Day.

List of Online Pre-requisite Modules:

- Cultural Competency for Behavioral Health Care
- Infection Prevention and Control
- MHA All Hazards Management Planning
- Onboarding - Overview of Mental Health and Addictions
- Documentation Standards [Videos] 1 - 3
- Maintaining Professional Boundaries in MHA Therapeutic Relationships
- Patient Safety Orientation (PSMS Part 1) [Video]
- Violence Prevention [Video]

Day 2: Welcome to MHA Services

- Location: Hillsborough Hospital
- Duration: 7.5 Hours

Register here: <https://www.eventbrite.ca/e/welcome-to-mha-services-tickets-123714574623>

Orientation Schedule

In conjunction with the Welcome to MHA Services Session, the education department recommends that newly hired staff within Mental Health and Addictions attend two weeks of orientation available in September, November, January, March, May, and June. The courses offered during the two-week orientation will deliver fundamental foundational knowledge and skills for staff to safely and therapeutically work alongside patients, families, and clients in mental health and addiction services. Please discuss with your manager or supervisor to arrange your orientation schedule.

Two Week Orientation Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
At Home Learning (At Home)	0900 – 1600 Welcome to MHA Services (In-Person) * 10 Hours Online – Independent Modules required to take this course. Please review the course description for further details.	1300 – 1600 Practical Application of Trauma Informed Practice (In-Person)	0900 – 1200 Suicide Risk Screening and Assessment (Virtual) 1300 – 1500 Intro to Substance Use and Addictions (Virtual)	1300 – 1500 Intro to the MH Act, CCRB and Legislation. (Virtual)
Monday	Tuesday	Wednesday	Thursday	Friday
0900 – 1600 Non-Violent Crisis Intervention (In-Person) * 3 Hours Online – Independent Module required to take this course. Please review the course description for further details.	0830 – 1600 PowerChart Practice Scenarios (In-Person) * Site Specific*	0930 – 1200 Group Facilitation (In-Person) 1300 – 1600 Supporting Gender Diverse Identities and Communities (In-Person)	0800 - 1600 Advanced Code White (In-Person)	0830 – 1030 Transferring, Lifting, and Repositioning (TLR) Refresher (In-Person) 1100 – 1200 Glucometer Training (In-Person) 1300 – 1530 Basic Life Support (BLS) (In-Person)

Please Note: Intermittently, the Welcome to MHA session will not coincide with the welcome orientation. For the Welcome to MHA Services sessions outside the orientation cycle, please review all core training requirements to arrange the completion of your clinical area’s education requirements outlined in *Section 3* of the calendar.

Section 2: Course Offerings



CODE	LOCATION	CODE	LOCATION
HH TR	Hillsborough Hospital Education Training Room	WH	Western Hospital
HH CR	Hillsborough Hospital Computer Room	PCH	Prince County Hospital
Virtual	Virtual Learning	LL	Link Letter Community Centre
KCMH	Kings County Memorial Hospital	TBD	To Be Determined

September 2023

Date	Time	Course	Location
5	0830 – 1200	PowerChart: Allied Health	HH CR
5	1300 – 1430	PowerChart: View Only	HH CR
7	0800 – 1600	Advanced Code White	HH TR
11	0800 – 1200	Case Management	HH TR
12	0830 – 1630	Advanced Code White	PCH
12	0900 – 1600	Gentle Persuasive Approaches (GPA®) in Dementia Care	HH TR
13	0900 – 1600	Motivational Interviewing (Day 1/2)	HH TR
14	0900 – 1100	Multi-Disciplinary Knowledge Exchange	Virtual
15	0830 – 1600	PowerChart: Practice Scenarios	HH CR
18	0900 – 1600	Management Series (Day 1/2)	HH TR
19	0900 – 1600	Welcome to MHA Services	HH TR
20	1300 – 1600	Practical Application of Trauma Informed and Recovery Oriented Practice	HH TR
21	0830 – 1630	Advanced Code White	KCMH
21	0900 – 1200	Suicide Risk Screening, Assessment, and Intervention	Virtual
21	1300 – 1500	Intro to Substance Use and Addiction	Virtual
22	1300 – 1500	Mental Health Act, Criminal Code Review Board and Legislation	Virtual
25	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
26	0830 – 1600	PowerChart: Practice Scenarios	HH CR
26	0830 – 1600	Advanced Code White	WH
27	0930 – 1200	Group Facilitation Skills	HH TR
27	1300 – 1600	Supporting Gender Diverse Identities and Communities	HH TR
28	0800 – 1600	Advanced Code White	HH TR
29	0830 – 1030	Transferring, Lifting, and Repositioning (TLR) Refresher	HH TR
29	1100 – 1200	Glucometer Training	HH TR
29	1300 – 1530	Basic Life Support (BLS)	HH TR
29	0800 – 1600	Mental Health First Aid - Standard	Virtual
29	0900 – 1600	Management Series (Day 2)	Virtual

Two-Week Orientation

October 2023

Date	Time	Course	Location
3	0830 – 1200	PowerChart: Allied Health	HH CR
3	1300 – 1430	PowerChart: View Only	HH CR
4	0900 – 1600	Motivational Interviewing (Day 2/2)	HH TR
5	0900 – 1100	MHA Skills Lab: Venipuncture	HH TR
6	0830 – 1600	PowerChart: Practice Scenarios	HH CR
10	0900 – 1200	Gentle Persuasive Approaches (GPA®) Refresher	HH TR
11	0900 – 1130	Basic Life Support (BLS)	HH TR
11	1300 – 1530	Basic Life Support (BLS)	HH TR

12	0800 – 1600	Advanced Code White	HH TR
13	0900 – 1030	MHA Skills Lab: Intramuscular (IM) Injections	HH TR
16	0800 – 1200	SEE THINK ACT (Relational Security Training)	HH TR
17	0830 – 1600	PowerChart: Practice Scenarios	HH CR
17	0900 – 1600	Welcome to MHA Services	HH TR
18	1300 – 1600	Suicide Risk Screening, Assessment, and Intervention	Virtual
19	0900 – 1100	Multi-Disciplinary Knowledge Exchange	Virtual
20	0900 – 1200	Practical Application of Trauma Informed and Recovery Oriented Practice	HH TR
23	0900 – 1600	Non-violent Crisis Intervention (NVCi)	LL
24	0830 – 1200	PowerChart: Allied Health	HH CR
24	1300 – 1430	PowerChart: View Only	HH CR
24	0900 – 1200	Coping with Psychosis	HH TR
25	0900 – 1200	Neurodiversity: Supporting Individuals in Healthcare Settings	HH TR
25	1300 – 1600	Supporting Gender Diverse Identities and Communities	HH TR
26	0800 – 1600	Advanced Code White	HH TR
27	0830 – 1600	PowerChart: Practice Scenarios	HH CR
31	0900 – 1600	Welcome to MHA Services	HH TR

November 2023

Date	Time	Course	Location
1	1300 – 1600	Practical Application of Trauma Informed and Recovery Oriented Practice	HH TR
2	0900 – 1200	Suicide Risk Screening, Assessment, and Intervention	Virtual
2	1300 – 1500	Intro to Substance Use and Addiction	Virtual
3	1300 – 1500	Mental Health Act, Criminal Code Review Board and Legislation	Virtual
6	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
7	0830 – 1600	PowerChart: Practice Scenarios	HH CR
8	0930 – 1200	Group Facilitation Skills	HH TR
9	0800 – 1600	Advanced Code White	HH TR
10	0830 – 1030	Transferring, Lifting, and Repositioning (TLR) Refresher	HH TR
10	1100 – 1200	Glucometer Training	HH TR
10	1300 – 1530	Basic Life Support (BLS)	HH TR
14	0830 – 1200	PowerChart: Allied Health	HH CR
14	1300 – 1430	PowerChart: View Only	HH CR
15	0900 – 1600	Motivational Interviewing (Day 1/2)	HH TR
16	0830 - 1630	Heart Saver/ First Aid	HH TR
17	0900 – 1100	MHA Skills Lab: Venipuncture	HH TR
17	0830 – 1600	PowerChart: Practice Scenarios	HH CR
20	0830 – 1630	Advanced Code White	PCH
20	0900 – 1500	Mental Health First Aid for Adults who Interact with Youth (Day 1/2)	HH TR
21	0900 – 1500	Mental Health First Aid for Adults who Interact with Youth (Day 2/2)	HH TR
21	0900 – 1100	Multi-Disciplinary Knowledge Exchange	Virtual
22	0830 - 1600	Advanced Code White	WH
22	0900 – 1030	MHA Skills Lab: Intramuscular (IM) Injections	HH TR
23	0800 – 1600	Advanced Code White	HH TR
27	0900 – 1130	Basic Life Support (BLS)	PCH

Two-Week Orientation

28	0830 – 1600	PowerChart: Practice Scenarios	HH CR
29	0900 – 1600	Motivational Interviewing (Day 2)	HH TR

December 2023

Date	Time	Course	Location
4	0900 – 1600	Non-violent Crisis Intervention (NVCI)	HH TR
5	0900 – 1600	Gentle Persuasive Approaches (GPA®) in Dementia Care	HH TR
6	0900 – 1100	MHA Skills Lab: Venipuncture	HH TR
7	0800 – 1600	Advanced Code White	HH TR
8	0830 – 1600	PowerChart: Practice Scenarios	HH CR
12	0900 – 1600	Welcome to MHA Services	HH TR
13	1300 – 1600	Suicide Risk Screening, Assessment, and Intervention	Virtual
14	0800 – 1600	Advanced Code White	HH TR
15	0900 – 1200	Practical Application of Trauma Informed and Recovery Oriented Practice	HH TR
15	0830 – 1600	Advanced Code White	KCMH
18	0830 – 1600	PowerChart: Practice Scenarios	HH CR
19	0830 – 1200	PowerChart: Allied Health	HH CR
19	1300 – 1430	PowerChart: View Only	HH CR
20	0900 – 1130	Basic Life Support (BLS)	HH TR
20	1300 – 1530	Basic Life Support (BLS)	HH TR

January 2024

Date	Time	Course	Location
3	0830 – 1630	Advanced Code White	PCH
5	0830 – 1600	PowerChart: Practice Scenarios	HH CR
8	0900 – 1600	Management Series (Day 1/2)	HH TR
9	0900 – 1600	Welcome to MHA Services	HH TR
11	0800 – 1600	Advanced Code White	HH TR
11	0900 – 1200	Suicide Risk Screening, Assessment, and Intervention	Virtual
11	1300 – 1500	Intro to Substance Use and Addiction	Virtual
12	1300 – 1500	Mental Health Act, Criminal Code Review Board and Legislation	Virtual
15	0900 – 1600	Non-violent Crisis Intervention (NVCI)	HH TR
16	0830 – 1600	PowerChart: Practice Scenarios	HH CR
17	0930 – 1200	Group Facilitation Skills	HH TR
17	1300 – 1600	Supporting Gender Diverse Identities and Communities	HH TR
18	0800 – 1600	Advanced Code White	HH TR
19	0830 – 1030	Transferring, Lifting, and Repositioning (TLR) Refresher	HH TR
19	1100 – 1200	Glucometer Training	HH TR
19	1300 – 1530	Basic Life Support (BLS)	HH TR
19	0900 – 1600	Management Series (Day 2/2)	Virtual
22	0900 – 1200	Case Management	HH TR
23	0830 – 1200	PowerChart: Allied Health	HH CR
23	1300 – 1430	PowerChart: View Only	HH CR
24	0900 – 1100	Multi-Disciplinary Knowledge Exchange	Virtual
24	1300 – 1600	Neurodiversity: Supporting Individuals in Healthcare Settings	HH TR
25	0900 – 1030	MHA Skills Lab: Intramuscular (IM) Injections	HH TR

Two-Week Orientation

26	0830 – 1600	PowerChart: Practice Scenarios	HH CR
26	0800 – 1600	Mental Health First Aid - Standard	Virtual
30	0900 – 1200	Gentle Persuasive Approaches (GPA®) Refresher	HH TR

February 2024

Date	Time	Course	Location
5	0800 – 1200	SEE THINK ACT (Relational Security Training)	HH TR
6	0830 – 1600	PowerChart: Practice Scenarios	HH TR
7	1300 – 1600	Suicide Risk Screening, Assessment, and Intervention	Virtual
8	0800 – 1600	Advanced Code White	HH TR
12	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
13	0830 – 1200	PowerChart: Allied Health	HH CR
13	1300 – 1430	PowerChart: View Only	HH TR
14	0830 – 1600	PowerChart: Practice Scenarios	HH CR
15	0900 – 1100	MHA Skills Lab: Venipuncture	HH TR
20	0900 – 1200	Coping with Psychosis	HH TR
21	0900 – 1600	Motivational Interviewing Booster	HH TR
21	1300 – 1500	Multi-Disciplinary Knowledge Exchange	Virtual
22	0800 – 1600	Advanced Code White	HH TR
27	0900 – 1600	Gentle Persuasive Approaches (GPA®) in Dementia Care	HH TR
27	0830 – 1600	PowerChart: Practice Scenarios	HH CR
28	0900 – 1130	Basic Life Support (BLS)	HH TR
28	1300 – 1530	Basic Life Support (BLS)	HH TR

March 2024

Two-Week Orientation

Date	Time	Course	Location
4	0830 - 1630	Heart Saver/ First Aid	HH TR
5	0900 – 1600	Welcome to MHA Services	HH TR
6	1300 – 1600	Practical Application of Trauma Informed Practice	HH TR
7	0900 – 1200	Suicide Risk Screening, Assessment, and Intervention	Virtual
7	1300 – 1500	Intro to Substance Use and Addiction	Virtual
8	1300 – 1500	Mental Health Act, Criminal Code Review Board and Legislation	Virtual
11	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
12	0830 – 1600	PowerChart: Practice Scenarios	HH CR
12	0830 – 1630	Advanced Code White	KCMH
13	0930 – 1200	Group Facilitation Skills	HH TR
13	1300 – 1600	Supporting Gender Diverse Identities and Communities	HH TR
14	0800 – 1600	Advanced Code White	HH TR
15	0830 – 1030	Transferring, Lifting, and Repositioning (TLR) Refresher	HH TR
15	1100 – 1200	Glucometer Training	HH TR
15	1300 – 1530	Basic Life Support (BLS)	HH TR
18	0900 – 1100	Multi-Disciplinary Knowledge Exchange	Virtual
19	0830 – 1200	PowerChart: Allied Health	HH CR
19	1300 – 1430	PowerChart: View Only	HH CR
20	0830 – 1630	Advanced Code White	PCH
21	0830 – 1630	Advanced Code White	WH
22	0830 – 1600	PowerChart: Practice Scenarios	HH CR

26	0900 – 1200	Gentle Persuasive Approaches (GPA®) Refresher	HH TR
27	0900 – 1030	MHA Skills Lab: Intramuscular (IM) Injections	HH TR
28	0800 – 1600	Advanced Code White	HH TR

April 2024

Date	Time	Course	Location
2	0830 – 1600	PowerChart: Practice Scenarios	HH CR
8	0800 – 1200	Case Management	HH TR
10	1300 – 1600	Suicide Risk Screening, Assessment, and Intervention	Virtual
11	0800 – 1600	Advanced Code White	HH TR
15	0900 – 1600	Non-violent Crisis Intervention (NVCi)	LL
16	0830 – 1200	PowerChart: Allied Health	HH CR
16	1300 – 1430	PowerChart: View Only	HH CR
17	0900 – 1130	Basic Life Support (BLS)	HH TR
17	1300 – 1530	Basic Life Support (BLS)	HH TR
18	0830 – 1600	PowerChart: Practice Scenarios	HH CR
22	0800 – 1630	Mental Health First Aid for Adults who Interact with Youth	HH TR
23	0830 – 1600	PowerChart: Practice Scenarios	HH CR
24	0900 – 1100	MHA Skills Lab: Venipuncture	HH TR
24	0900 – 1600	Motivational Interviewing (Day 1)	PCH
25	0800 – 1600	Advanced Code White	HH TR
29	0900 – 1600	Management Series (Day 1)	HH TR
30	0900 – 1600	Welcome to MHA Services	HH TR
30	0830 – 1200	PowerChart: Allied Health	HH CR
30	1300 – 1430	PowerChart: View Only	HH CR

May 2024

Date	Time	Course	Location
1	1300 – 1600	Practical Application of Trauma Informed Practice	HH TR
2	0900 – 1200	Suicide Risk Screening, Assessment, and Intervention	Virtual
2	1300 – 1500	Intro to Substance Use and Addiction	Virtual
3	1300 – 1500	Mental Health Act, Criminal Code Review Board and Legislation	Virtual
6	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
7	0830 – 1600	PowerChart: Practice Scenarios	HH CR
8	0930 – 1200	Group Facilitation Skills	HH TR
8	0900 – 1600	Motivational Interviewing (Day 2/2)	PCH
9	0800 – 1600	Advanced Code White	HH TR
10	0830 – 1030	Transferring, Lifting, and Repositioning (TLR) Refresher	HH TR
10	1100 – 1200	Glucometer Training	HH TR
10	1300 – 1530	Basic Life Support (BLS)	HH TR
10	0900 – 1600	Management Series (Day 2/2)	Virtual
14	0900 – 1600	Gentle Persuasive Approaches (GPA®) in Dementia Care	HH TR
15	0830 – 1630	Advanced Code White	PCH
16	0830 – 1600	Advanced Code White	WH
16	0900 – 1030	MHA Skills Lab: Intramuscular (IM) Injections	HH TR
17	0830 – 1600	PowerChart: Practice Scenarios	HH CR
21	0830 – 1200	PowerChart: Allied Health	HH CR

Two-Week Orientation

21	1300 – 1430	PowerChart: View Only	HH CR
22	0900 – 1600	Motivational Interviewing (Day 1/2)	HH TR
22	0900 – 1130	Basic Life Support (BLS)	PCH
23	0800 – 1600	Advanced Code White	HH TR
24	0900 – 1100	Multi-Disciplinary Knowledge Exchange	Virtual
28	0830 – 1600	PowerChart: Practice Scenarios	HH CR
29	0830 - 1630	Heart Saver/ First Aid	HH TR

June 2024

Date	Time	Course	Location
3	0900 – 1100	MHA Skills Lab: Venipuncture	HH TR
4	0830 – 1200	PowerChart: Allied Health	HH CR
4	1300 – 1430	PowerChart: View Only	HH CR
5	0900 – 1600	Motivational Interviewing (Day 2/2)	HH TR
5	0830 – 1600	PowerChart: Practice Scenarios	HH CR
6	0800 – 1600	Advanced Code White	HH TR
10	0830 – 1600	Advanced Code White	KCMH
11	0900 – 1600	Welcome to MHA Services	HH TR
12	1300 – 1600	Practical Application of Trauma Informed Practice	HH TR
13	0900 – 1200	Suicide Risk Screening, Assessment, and Intervention	Virtual
13	1300 – 1500	Intro to Substance Use and Addiction	Virtual
14	1300 – 1500	Mental Health Act, Criminal Code Review Board and Legislation	Virtual
17	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
18	0830 – 1600	PowerChart: Practice Scenarios	HH CR
19	0930 – 1200	Group Facilitation Skills	HH TR
19	1300 – 1600	Supporting Gender Diverse Identities and Communities	HH TR
20	0800 – 1600	Advanced Code White	HH TR
21	0830 – 1030	Transferring, Lifting, and Repositioning (TLR) Refresher	HH TR
21	1100 – 1200	Glucometer Training	HH TR
21	1300 – 1530	Basic Life Support (BLS)	HH TR
24	0800 – 1200	SEE THINK ACT (Relational Security Training)	HH TR
25	0900 – 1200	Gentle Persuasive Approaches (GPA®) Refresher	HH TR
26	0830 – 1600	PowerChart: Practice Scenarios	HH CR
27	0830 - 1200	Neurodiversity: Supporting Individuals in Healthcare Settings	HH TR

Two-Week Orientation

July 2024

Date	Time	Course	Location
2	0830 – 1200	PowerChart: Allied Health	HH CR
2	1300 – 1430	PowerChart: View Only	HH CR
4	0800 – 1600	Advanced Code White	HH TR
9	0830 – 1600	PowerChart: Practice Scenarios	HH CR
10	1300 - 1600	Suicide Risk Screening, Assessment, and Intervention	Virtual
10	0830 – 1630	Advanced Code White	PCH
15	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
16	0800 – 1600	Advanced Code White	HH TR
17	0900 – 1130	Basic Life Support (BLS)	HH TR
17	1300 – 1530	Basic Life Support (BLS)	HH TR

18	0800 – 1600	Advanced Code White	HH TR
23	0830 – 1200	PowerChart: Allied Health	HH CR
23	1300 – 1430	PowerChart: View Only	HH CR
30	0830 – 1600	PowerChart: Practice Scenarios	HH CR

August 2024

Date	Time	Course	Location
1	0800 – 1600	Advanced Code White	HH TR
5	0900 – 1600	Non-violent Crisis Intervention (NVCi)	HH TR
6	0830 – 1600	PowerChart: Practice Scenarios	HH CR
7	0900 – 1130	Basic Life Support (BLS)	HH TR
7	1300 – 1530	Basic Life Support (BLS)	HH TR
13	0830 – 1200	PowerChart: Allied Health	HH CR
13	1300 – 1430	PowerChart: View Only	HH CR
20	0900 – 1600	Welcome to MHA Services	HH TR
21	1300 – 1600	Suicide Risk Screening, Assessment, and Intervention	Virtual
22	0800 – 1600	Advanced Code White	HH TR
23	0900 – 1200	Practical Application of Trauma Informed Practice	HH TR
27	0830 – 1600	PowerChart: Practice Scenarios	HH CR

Section 3: Training Requirements



Core Training

The core training form lists the modules that require completion. The form below should be utilized when planning education sessions and keeping track of completed education. For education sessions that staff complete independently, please contact mhatraining@gov.pe.ca or your manager/supervisor to ensure education sessions are logged on PeopleSoft.

All Mental Health and Addictions Staff

All Staff in Mental Health and Addictions	Date Completed
Autism Spectrum Disorder (ASD) Modules	
Becoming Recovery Oriented (Online Module)	
Cultural Competency for Behavioral Health Care Professionals	
Harm Reduction Fundamentals	
Infection Prevention and Control/Employee Health	
Maintaining Professional Boundaries in MHA Therapeutic Relationships	
Mental Health and Addictions All Hazards Planning	
Musculoskeletal Injury Prevention Training (MSIP) * [1] [2] [3] **	
Nonviolent Crisis Intervention© (Complete Every Two Years)	
Overview of Health PEI and Mental Health and Addictions	
Overcoming Stigma	
Psychologically Safe Workplace	
Suicide Risk Screening, Assessment & Intervention	
Supporting Gender Diverse Identities and Communities	
Trauma Informed Care Understanding Aces (Online Module)	
Unconscious Bias in the Workplace Webinar	
Violence Prevention and Management Training (Coming Soon)	
Welcome to MHA Services	
WHMIS	

* Pick **one** depending on area, [1] Transferring, Lifting and Repositioning (TLR), [2] Workstation/ Office Ergonomics or [3] SMART Training

** For SMART© Training please contact your manager or supervisor.

Department Specific Core Training

The department specific core training form lists the modules that require completion as per location and designation. The forms below should be utilized when planning education sessions and keeping track of completed education. For education sessions that staff complete independently, please contact mhatraining@gov.pe.ca or your manager/ supervisor to ensure education sessions are logged on PeopleSoft.

Administration and Divisional Leadership, Research & Education, and Operational & Programming Teams

All Sites within Mental Health and Addictions	
Education Courses	Date Completed
Advanced Code White	
CREO™ Express (Comprehensive Research Education Online) for Clinical Supervisors Managers and Clinical Leads	
Heart Saver/ First Aid Course	
Incident Command System Training	
Management Series	
PEI Mental Health Act, Criminal Code Review Board and Legislation	

Administrative Support Teams

All Sites within Mental Health and Addictions	
Education Courses	Date Completed
Heart Saver/ First Aid Course	
PEI Mental Health Act, Criminal Code Review Board and Legislation	

Support Service Teams

All Sites within Mental Health and Addictions	
Education Courses	Date Completed
Food Safety Certification (24/7 Nutritional Service Staff)	
Heart Saver/ First Aid Course	

Acute & Complex Care Clinical Teams

Acute Care Psychiatry Unit (ACPU) / Safe and Secure Unit	Acute Geriatric Psychiatry Unit (AGPU)	Child and Youth Psychiatry Unit (CYPU)
Crisis Response Teams	Emergency Department Short Stay Unit (EDDSU)	Inpatient Psychiatry Unit (PCH)
Inpatient Withdrawal Management (PATF)	Pre-Discharged Psychiatry Unit (PDPU)	Specialized Care Psychiatry Unit (SCPU)
Education Courses		Date Completed
Advanced Code White (Yearly Recertification)		
Basic Life Support (BLS) (Yearly Recertification)		
Building a Motivational Interviewing Toolkit (Scope Dependent)		
Cognitive Behavioral Therapy (Scope Dependent Manager Approval)		
Dialectical Behavior Therapy (Scope Dependent Manager Approval)		
Documentation Series		
Family, Patient Centered Care		
Gentle Persuasive Approaches (GPA©) in Dementia Care (2 Year Recertification)		
Group Facilitation Skills (Dependent on Scope)		
Introduction to Substance Use & Addictions		
Mental Status Examination (Dependent on Scope)		
PEI Mental Health Act, Criminal Code Review Board and Legislation		
Practical Application of Trauma Informed Practice		
Psychopharmacology		
SEE THINK ACT Relational Security Training		

Transitions Clinical Teams

Addiction Intensive Day Program	Brackley Stables	Brackley Small Options Home
Lacey House	Strength Program	Structured Programming
St. Eleanor's House	Transitional Programming (PATF)	Talbot House
Education Courses		Date Completed
Advanced Code White (Yearly Recertification)		
Building a Motivational Interviewing Toolkit		
Cognitive Behavioral Therapy (Scope Dependent Manager Approval)		
Dialectical Behavior Therapy (Scope Dependent Manager Approval)		
Documentation Series		
Family, Patient Centered Care		
Food Safety Training (24/7 service staff)		
Gentle Persuasive Approaches (GPA©) in Dementia Care (2 Year Recertification)		
Group Facilitation Skills (Dependent on Scope)		
Heart Saver/ First Aid or Basic Life Support (BLS)/First Aid		
Introduction to Substance Use & Addictions		
Mental Status Examination (Dependent on Scope)		
PEI Mental Health Act, Criminal Code Review Board and Legislation		
Practical Application of Trauma Informed Practice		
Psychopharmacology		

Community Clinical Teams

Addiction Clinical Services	Adult Mental Health Teams	Behavioral Support Team
FACT Team	Insight Program	MH Intensive Day Program
Mobile Crisis Team	Outreach Services	Occupational Stress Injury
Opioid Replacement Therapy	Outpatient Withdrawal	Richmond Children's Team
Student Well-Being Team	Seniors Mental Health Team	
Education Courses		Date Completed
Advanced Code White (Annual Recertification)		
Building a Motivational Interviewing Toolkit (Scope Dependent)		
Case Management (Location Dependent)		
Cognitive Behavioral Therapy (Scope Dependent Manager Approval)		
Dialectical Behavior Therapy (Scope Dependent Manager Approval)		
Documentation Series		
Family, Patient Centered Care		
Gentle Persuasion Approaches in Dementia Care (2 Year Recertification) (Senior Team & 24/7 Service Staff)		
Group Facilitation Skills (Dependent on Scope)		
Heart Saver/ First Aid or Basic Life Support (BLS)/First Aid		
Introduction to Substance Use & Addictions		
Mental Status Examination (Dependent on Scope)		
PEI Mental Health Act, Criminal Code Review Board and Legislation		
Practical Application of Trauma Informed Practice		
Psychopharmacology		

Section 4: Educational Offerings



In-House Educational Offerings

For training, please discuss with your supervisor as per the site's protocol.

Advanced Code White

Advanced Code White is a one-day scenario-based training providing individuals working and intervening with resistive or actively aggressive acting out persons. The course provides a framework to guide the response team's immediate response to a crisis which may impact the safety and well-being of patients, public and staff in our workplace setting.

- Presentation Type: In person
- Duration: 7.5 hours

Registration: Please select location

HH: <https://www.eventbrite.ca/e/advanced-code-white-use-of-restraint-tickets-69449018885>

PCH: <https://www.eventbrite.ca/e/acw-at-pch-tickets-304199588157>

KCMH: <https://www.eventbrite.ca/e/kcmh-advanced-code-white-tickets-325958730337>

WH: <https://www.eventbrite.ca/e/western-hospital-advanced-code-white-tickets-430827164647>

Basic Life Support – BLS

Basic Life Support is the foundation for saving lives after cardiac arrest. It is designed for healthcare professionals and trained first responders who provide care to patients in a wide variety of settings and teaches both single-rescuer and team basic life support skills for application in pre-hospital and in-facility settings.

- Presentation Type: In person
- Duration: 2.5 hours

Registration: Please select location

HH: <https://www.eventbrite.ca/e/basic-life-support-tickets-50969546285>

PCH: <https://www.eventbrite.ca/e/bls-at-pch-tickets-348910018257>

Building a Motivational Interviewing Toolbox – The Basics

Motivational interviewing is an evidence-based, person-centered, collaborative conversation style for strengthening a person's own motivation and commitment to change. It is trauma informed, strength-based and applies to a range of change behaviors including concurrent disorders and medication/ treatment adherence. It is suitable for ages adolescents-geriatric. This 2-day course will offer an overview of MI and provide hands-on skills and strategies to develop rapport, increase motivation and commitment to change. Opportunities for practice and feedback will be provided.

Please register for day 1 and day 2.

- Presentation Type: In person
- Duration: 6 hours each day

Registration: Please select location

HH (Day 1): <https://www.eventbrite.ca/e/motivational-interviewing-day-1-of-2-tickets-348964390887>

HH (Day 2): <https://www.eventbrite.ca/e/motivational-interviewing-day-2-of-2-tickets-348968733877>

PCH (Day 1): <https://www.eventbrite.ca/e/motivational-interviewing-day-12-at-pch-tickets-392507549647>

PCH (Day 2): <https://www.eventbrite.ca/e/motivational-interviewing-day-22-at-pch-tickets-392511561647>

Case Management

In partnership with our clients, the course will introduce the process of guiding, assessing, and coordinating care through complex healthcare and social systems to achieve and maintain clients' desired health outcomes. Participants will understand the importance of setting realistic goals and strategies to attain obtainable outcomes to improve the client's health care goals. The session will also explore personal strategies to guide professionals through the decision-making and self-care processes.

- Presentation Type: In-person
- Duration: 3 Hours

Register here: <https://www.eventbrite.ca/e/case-management-tickets-667651211747>

Coping with Psychosis: Overview and Interventions

This course will provide an overview of psychosis with an emphasis on gaining practical assessment and intervention skills to provide effective support to clients experiencing psychosis, their family members, and caregivers. Participants will also review best practices for crisis intervention and learn about available psychoeducational and community resources to promote recovery-oriented practice and client resilience.

- Presentation Type: In person
- Duration: 3 hours

Register here: <https://www.eventbrite.ca/e/coping-with-psychosis-tickets-158015740333>

Food Safety Course

Food premises operators in PEI can register online for food safety training. A certified public health inspector will present current information on food hygiene, preparing food safely and preventing food poisoning. The one-day workshop will be offered at various dates and locations throughout PEI.

- Registration:
 - Individual: <https://eservices.princeedwardisland.ca/en/service/130>
 - Group: <https://eservices.princeedwardisland.ca/en/service/185>

Cost \$57.50. Payable online and non-refundable. Please see website for upcoming dates and locations

Register here: <https://www.princeedwardisland.ca/en/service/register-for-a-food-safety-course>

Gentle Persuasive Approaches (GPA®) in Dementia Care

GPA Basics (Supporting Persons with Responsive Behaviors) is an evidence-based education session designed for team members who care for older adults who display responsive behaviors associated with dementia. Learners complete four modules which include interactive exercises, creative multimedia, and reflective learning. **Note the refresher is required to be attended every 2 years. If recertification goes over the 2-year mark, please take the full course.**

- Presentation Type: In person
- Duration: Full Course - 7 hours

Register here: <https://www.eventbrite.ca/e/gentle-persuasive-approaches-in-dementia-care-gpa-tickets-50970193220>

- Refresher – 3 hours

Register here: <https://www.eventbrite.ca/e/refresher-gentle-persuasive-approaches-in-dementia-care-gpa-tickets-50971437943>

Glucometer Training

Education session to provide Point of Care Glucometer training. Employees will receive training and certification on using the Nova StatStip meter for POC glucose testing, as well as understand the requirements for competency and re-certification. The session will consist of policy and meter overview, practice of skills and a quiz.

- Presentation Type: In person
- Duration: Full Course: 1 hour

Register here: <https://www.eventbrite.ca/e/glucometer-training-tickets-609672395547>

Group Facilitation Skills

The aim of this training is to provide participants with a fundamental understanding of group dynamics and the tools and techniques that will help increase facilitator confidence and group participation. You will learn techniques to help create a safe and supportive environment for group participants, keep the group on task and create a culture of respect within the group.

- Presentation Type: In person
- Duration: 2.5 hours

Register here: <https://www.eventbrite.ca/e/group-facilitation-skills-tickets-68819431773>

Heart Saver / First Aid Course

Heart Saver Course is the foundation for saving lives after cardiac arrest. It is designed for healthcare professionals and trained first responders who provide care to patients in a wide variety of settings and teaches both single-rescuer and team heart saver skills.

- Presentation Type: In person
- Duration: 8 hours

Register here: <https://www.eventbrite.ca/e/heart-saver-cpraed-first-aid-tickets-98441698771>

NOTE: This course is an annual refresher for all Registered Nurses and Licensed Practical Nurses in Acute MHA

Integrated Services Management System (ISM) Training

A Case Management and Financial Benefit Adjudication application used by ≈ 1,500 users within nonacute care service delivery programs across the Department of Health and Wellness, Health PEI and the Dept. of Community Services and Seniors. ISM currently supports the following program areas: Addiction Services, Audiology, Community Mental Health, Community Nutrition, Diabetes, Disability Support, Home Care, Hospice Care, Infection Prevention and Control, Long Term Care, Public Health Nursing, Reproductive Care Program, and Speech Language Pathology

Contact: Your Director/Manager/Supervisor or MHA Clinical Education

Introduction to Substance Use & Addiction

This course introduces the concepts of substance use, misuse, and addiction. Participants will learn about commonly misused substances, and the impact of substance use and gambling on clients and families. This course will explore key processes that exacerbate substance use with a focus on the social determinants of health. Evidence-informed approaches to treatment will also be discussed.

- Presentation Type: Virtual
- Duration: 2 hours

Register here: <https://www.eventbrite.ca/e/intro-to-substance-use-addiction-tickets-392607769407>

Mental Health and Addictions Skills Lab

The skills lab will give staff the opportunity to review theoretical concepts of nursing practice through guided demonstration and instruction. The session will allow nurses to engage in hands-on learning in a safe environment through an experienced instructor. Currently, the two labs offered are: Intramuscular (IM) Injections and Venipuncture. **The venipuncture lab requires a 45-minute pre-requisite module to complete before the lab.**

This course is only open to RNs and LPNs in Mental Health and Addictions.

- Presentation Type: In-person
- Duration: 2.5 Hours

Register here:

Intramuscular (IM) Injections: <https://www.eventbrite.ca/e/mha-skills-lab-intramuscular-im-injections-tickets-663624437557>

Venipuncture: <https://www.eventbrite.ca/e/mha-skills-lab-venipuncture-tickets-663631418437>
<https://src.healthpei.ca/sites/src.healthpei.ca/files/learning/VenipunctureBloodCollection/index.html>

Management Series

In collaboration with the Mental Health and Addictions Human Resources Department, the management series will educate leaders on the knowledge and skills essential to fulfill leadership roles within Health PEI. The session will cover the topics of finances, leadership, PeopleSoft, and risk management.

This course is only open to those in leadership roles such as supervisors, managers and directors.

- Presentation Type: Virtual and In-person
- Duration: TBD
- Please contact mhatraining@gov.pe.ca to sign up.

Mental Health First Aid - Standard

MHFA Standard is intended for adults interacting with adults (18 years and older). This course focuses on the four most common mental health disorders including substance related, mood related, anxiety and trauma related, and psychotic disorders.

- Presentation Type: Virtual
- Duration: 7.5 hours

Register here: <https://www.eventbrite.ca/e/mental-health-first-aid-standard-virtual-tickets-168969084079>

Mental Health First Aid for Adults who Interact with Youth

This course is intended for an adult audience whose primary focus is youth (aged 14-25). In addition to the four most common disorders discussed in Mental Health First Aid - Standard, this course includes instruction about eating disorders and deliberate self-injury. Participants who take this course are well prepared to interact confidently about mental health with the young people in their lives, including at schools, extra-curricular activities, social services, family, friends, and communities.

This session has a **minimum number** of participants required for the facilitator to be able to offer the program. If there are not enough registrants or if registrants do not show up on the day of training the event will be cancelled. The MHA Training Team apologizes for any inconvenience this may cause.

- Presentation Type: In person
- Duration: 8.5 Hours

Register here: <https://www.eventbrite.ca/e/mental-health-1st-aid-for-adults-who-interact-with-youth2-day-course-tickets-590174316267>

Motivational Interviewing Booster

Research has demonstrated that becoming proficient in Motivational interviewing is like learning to play a musical instrument; first you have the lesson, then you practice, and then you get feedback on the practice. Feedback and coaching are integral parts of learning and getting better at MI as without them, it is like practicing archery in the dark- you don't know if you have reached your target.

This one-day course will offer a brief review of the MI skills covered in basic training. The emphasis will be on practicing the skills and strategies learned previously in a collaborative learning environment to help you reach your target. We will also explore challenges and successes experienced by group members in using MI in their work settings.

Pre-requisite Training: Previous participation in an MI Basics or Introductory MI course

- Presentation Type: In person
- Duration: 6 hours

Register here: <https://www.eventbrite.ca/e/motivational-interviewing-booster-tickets-332777545597>

Multidisciplinary Knowledge Exchange

Utilizing a multidisciplinary approach to learning, the Multidisciplinary Knowledge Exchange seeks to foster collaboration between different clinicians and sites by offering an array of individual sessions lectured each time by a different experienced clinician. Each session will showcase an individual clinician's knowledge as they share their experience and skills with their peers. Topics will be released closer to the presentation date.

- Presentation Type: Virtual
- Duration: 2 hours

Register here: <https://www.eventbrite.ca/e/multi-disciplinary-knowledge-exchange-tickets-626159679457>

Neurodiversity: Supporting Individuals in Healthcare Settings

The course will provide knowledge on neurodiversity disorders. In this presentation there will be a review of Attention Deficit Hyperactive Disorder (ADHD), Autism Spectrum Disorder (ASD), Down Syndrome and many others. Individuals will learn about therapeutic techniques, care planning, and medical concerns regarding this specific population.

- Presentation Type: In person
- Duration: 3.5 hours

Register here: <https://www.eventbrite.ca/e/intellectual-developmental-disabilities-tickets-168139765565>

Non-Violent Crisis Intervention © (NVCI)

This course is a certified training program provided by the Crisis Prevention Institute to professionals, to promote the best possible care, welfare, safety, and security to everyone involved in crisis situations.

***Pre-requisite Training: online 3 hours - access link provided by CPI two weeks prior to in-person date.**

- Presentation Type: Blended format includes prerequisite and in-person learning
- Duration: In person is 7 hours following completion of online training

Register here: <https://www.eventbrite.ca/e/non-violent-crisis-intervention-blended-format-tickets-69450760093>

PEI Mental Health Act, Criminal Code Review Board, and Legislation

This course will review relevant provincial laws (Mental Health, Consent to Treatment, Adult Protection, Child Protection, Public Guardian, etc.) and Federal Laws (Criminal Law/Code of Canada and civil law) that mental health and addictions clinicians need to be aware of when providing care to individuals and their families.

- Presentation Type: Virtual
- Duration: 2 hours

Register here: <https://www.eventbrite.ca/e/michael-drake-pei-mh-act-criminal-review-board-legislations-web-ex-tickets-156258424153>

Practical Application of Trauma Informed Practice

This course will offer a brief introduction to trauma informed care and offer an overview of approaches at all levels of service provision. Trauma-informed principles will be explored as well as skills and strategies appropriate for inpatient and outpatient/community settings. Information on types of traumas, trauma symptoms, and rates of trauma in specific populations will be covered, with an opportunity for discussion.

- Presentation Type: In person
- Duration: 3 hours

Register here: <https://www.eventbrite.ca/e/practical-application-of-trauma-informed-recovery-orientatedpractice-tickets-393157212807>

PowerChart: Allied Health

The aim of this training is to provide hands on overview of Cerner PowerChart as the clinical information system used at all Acute Care Hospitals within Health PEI. Your specific role will determine your level of access to PowerChart. You will use PowerChart to view patient orders, patient care, progress notes, lab (general lab, micro, and blood bank), radiology, transcription and anatomic pathology reports/ results.

***Prerequisite Training: Completing online self-learning videos by scope at:** <https://src.healthpei.ca/cis-training-materials>

- Presentation Type: In person
- Duration: 1.5-3 hours

Contact clinical education department for dates and times.

PowerChart Practice Scenarios

PowerChart is one of the Provincial Clinical Information Systems that houses the patients electronic Health Record Information. This course provides training for staff on how to access relevant information that is needed to appropriately plan care for their patients. This course has 2 components, one is self-learning watching videos located on the Health PEI Staff Resource Center and the other is attending a scenario-based classroom session.

***Prerequisite Training: Completing online self-learning videos by scope at:** <https://src.healthpei.ca/cis-training-materials>

- Presentation Type: In person
- Duration: 7 hours

Register here: <https://www.eventbrite.ca/e/powerchart-practice-scenarios-tickets-120054780079>

PowerChart: View Only

The aim of this training is to provide hands on overview of Cerner PowerChart as the clinical information system used at all Acute Care Hospitals within Health PEI. Your specific role will determine your level of access to PowerChart. You will use PowerChart to view patient orders, patient care, progress notes, lab (general lab, micro, and blood bank), radiology, transcription and anatomic pathology reports/ results.

*Prerequisite Training: Completing online Self Learning videos by scope at: <https://src.healthpei.ca/cis-training-materials>

- Presentation Type: In person
- Duration: 1.5 hours

Register here: <https://www.eventbrite.ca/e/powerchart-view-only-tickets-119293268377>

SEE THINK ACT (Relational Security Training)

This course will help introduce staff to another element of security in mental health services. Staff are expected to manage serious risks and maintain the right balance between care and security. The balance between the elements often shifts, requiring staff to change their plans to meet the needs of a patient group or situation. Key elements that will be discussed in this session include: The team, negotiable and non-negotiable boundaries, other patients, and the inside world, the outside world, and self-reflection.

- Presentation Type: In person
- Duration: 4 hours

Register here: <https://www.eventbrite.ca/e/see-think-act-relational-security-model-tickets-118966996489>

Suicide Risk Screening, Assessment, and Intervention

This course will provide all mental health and addictions staff with a standardized and comprehensive approach, in identifying, communicating, documenting, and safety planning for clients and families at risk for suicide.

Pre-Reading: [Health PEI Clinicians Guide to Suicide Risk Assessment](#)

- Presentation Type: Virtual
- Duration: 3 hours (1 hr. Screening, 2 hrs. Assessment /Intervention)

Register here: <https://www.eventbrite.ca/e/suicide-risk-screening-assessment-intervention-virtual-tickets-50919363186>

Supporting Gender Diverse Identities and Communities

This session will provide an introductory level understanding of the basic terms and expressions used by the different 2SLGBTQIA+ communities. Practitioners will gain insight on social biases by addressing the harm of stigmatization and discrimination that is prevalent in modern society as staff care for all gender diverse communities.

- Presentation Type: In person
- Duration: 3 hours

Register here: <https://www.eventbrite.ca/e/supporting-gender-diverse-identities-communities-tickets-168141468659>

Please note: This course was once known as *Intro to 2SLGBTQIA+*, name was changed this calendar year.

Transferring, Lifting, and Repositioning (TLR) Refresher

An injury prevention program for nursing/caregiver employees that focuses on how to safely move patients. It is a trademarked and copyrighted program from the Saskatchewan Association of Safe Workplace in Health that Health PEI has a license to use. The purpose is to reduce or eliminate the risk of musculoskeletal injury to all Health PEI employees.

- Presentation Type: In person
- Duration: 2 hours

Register here: <https://www.eventbrite.ca/e/transfer-lifting-repositioning-tlr-refresher-tickets-70615421627>

Welcome to Mental Health and Addictions Services

The Mental Health and Addictions (MHA) Education Department is pleased to provide clinicians entering MHA services a welcome orientation into the MHA division of Health PEI. Through orientation, clinicians will be acquainted to the values, mission statement and goals of the organization as well as existing and upcoming programs and buildings outlined in strategic planning. Clinicians will also complete necessary educational components before delivering trauma-informed and patient-centered care to patients and clients within their designated worksites.

Please click **Mental Health and Addictions Orientation** for more details.

Online Education Offerings

For training, please discuss with your supervisor as per the sites protocol.

Autism Spectrum Disorder (ASD): Supporting Individuals in Healthcare Settings

The on-demand learning pilot is a four-part learning module that will provide an introduction to Autism Spectrum Disorder. The course will review the diagnostic material for ASD, behaviors, communication styles, language, and provide tools and resources for staff. The modules are split up into four parts:

1. Defining Autisms Spectrum Disorder
2. Definitions and Language
3. Autism and Healthcare Settings
4. Tools and Resources

<https://src.healthpei.ca/autism-spectrum-disorder-supporting-individuals-healthcare-settings-demand-learning-pilot>

- **Note: To complete the on-demand learning pilot, please complete the quiz at the end of the session.**

Cognitive Behavioral Therapy Essentials

This interactive course provides the foundation you need to provide effective treatment and hone your therapeutic skills. View clinical round table discussions, video recordings of therapy sessions, and learn how our Beck Institute faculty conceptualize cases, structure client sessions and teach clients the cognitive and behavioral skills they need to make changes and accomplish goals.

- Note: To inquire about CBT training, please contact your director, manager, or supervisor.

creo™ Express (Comprehensive Research Education Online)

Provides a brief overview or key research design and method concepts through which novice to experienced health researchers, clinicians, leaders and physicians can increase their research literacy. Jointly designed and developed by the Izaak Walton Killam (IWK) Health Center and CHA Learning (the professional development division of HealthCare CAN0, creo courses are supported by experts in Canadian health research. The online course includes 7 units, quizzes and a final examination.

- To sign up for this course please contact mhatraining@gov.pe.ca

Cultural Competency for Behavioral Health Professionals

Cultural and linguistic competency is recognized as an important strategy for improving the quality of care provided to clients from diverse backgrounds. This 5-hour e-learning program is designed to equip behavioral health professionals with cultural and linguistic competencies.

- Register here: <https://thinkculturalhealth.hhs.gov/behavioral-health>

Documentation Standards

The purpose of this presentation is to assist staff in producing concise, accurate, organized, factual, and comprehensive documentation of the patient's assessments, plans of care, interventions, and outcomes, and is an essential component in providing safe quality care. Please watch videos 1 – 3.

- Watch here: <https://src.healthpei.ca/quality-improvement-education>

Dialectical Behavior Therapy

This course provides a thorough introduction to the Dialectical Behavior Therapy (DBT) skills that are the foundation of DBT treatment. You will gain in-depth knowledge of the four DBT Skills of Mindfulness, Emotion Regulation, Interpersonal Effectiveness, and Distress Tolerance and will learn how to apply these skills to your clinical practice.

- Note: To inquire about DBT training, please contact director, manager or supervisor.
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Eating Disorders

National Eating Disorder Information Centre (NEDIC) (<https://nedic.ca/>): A Canadian resource that provides general information on diagnosis and treatments through information, resources, and webinars.

- Information and Resources: <https://nied.ca/resources/>
- Webinars: <https://www.youtube.com/playlist?list=PLwKIJv1-9RYHJtQcOINi2rWaDod2EzugR>

Academy of Eating Disorders (AED) (<https://www.aedweb.org/home>): Provides resources of recent developments in eating disorder research.

- Publications: <https://www.aedweb.org/resources/publications>
- Webinars: <https://www.aedweb.org/online-library/webinar-library>

Silver Linings Foundation (<https://www.silverliningsfoundation.ca/>): A Calgary based organization that provides educational resources on eating disorders for health professionals.

- Videos: <https://www.eatingdisorderexperts.info/>
- Book recommendations: <https://www.silverliningsfoundation.ca/resources/books>

Family, Patient Centered Care

This presentation will go through patient-centered care philosophy and how to put it into practice.

- Register here: https://src.healthpei.ca/sites/src.healthpei.ca/files/Orientation/Family_and_Patient_Centered_Care_Presentation.pdf

Food Safety Certification - SafeCheck® Advanced – Includes Exam and Covid 19 Awareness

SafeCheck® Advanced Canadian Food Safety Online is an effective way to gain Food Safety (Food Handler) Certification. The interactive program allows learners to gain quality knowledge about food safety, as well thoroughly prepares learners for the certification exam.

- This course is equivalent to Food Safe 1, ServSafe, TrainCan Advance.fst, and all Provincial Food Handlers Certification courses. SafeCheck® Advanced Food Safety is a government recognized. Food Safety Certification Course in every part of Canada. Approximately 6 hours, 10 lessons + practice quiz.
- Unlimited exam attempts Pass percentage required 70%
- Register here: <https://www.safecheck1.com/product/safechecktm-advanced-food-safety-76-html/>

Harm Reduction Fundamentals

Harm reduction is an important part of supporting the rights and health of people who use drugs. There is a growing demand for harm reduction information by all types of organizations that provide services to people who use drugs in Canada. This toolkit provides foundational information on harm reduction for service providers working with people who use drugs (including support workers, outreach workers, nurses and workers with lived and living experience).

- This course is split into four units, each unit takes an hour to complete. Submit completed certificates to the Education Department.
- Register here: <https://www.catie.ca/harmreduction>

Infection Prevention and Control/ Employee Health and Assistance Programs (Overview IPAC/EHP)

We all play a vital role in the prevention and management of infections as healthcare providers in our workplace settings.

- Watch video here: <https://src.healthpei.ca/mental-health-and-addictions-training>

Mental Status Examination

Article and videos on basic mental status conditions through the University of Toronto.

Register here: <http://thehub.utoronto.ca/psychiatry/mental-status-examination/>

Naloxone Course | Toward the Heart

For individuals working with a population at-risk of opioid overdose, this 25-minute quick training module provides an overview of recognizing and responding to opiate overdose using Naloxone.

- Register here: <https://towardtheheart.com/naloxone-course>

Overview of Health PEI and Mental Health and Addictions

This 1-hour course will offer a brief overview of Health PEI and provide a more in-depth look at the continuum of services and programs provided by Mental Health and Addiction Services across the province. Other topics to be covered include client centered care, concurrent disorders, stigma, and compassion fatigue.

- Register here: <https://src.healthpei.ca/orientation-mental-health-and-addictions>

Professional Boundaries in MHA Therapeutic Relationships

This presentation will discuss what therapeutic boundaries mean for the individuals providing care to our clients/patients and their families and provide suggestions for managing professional boundaries.

- Register here:
<https://src.healthpei.ca/files/learning/ManagingProfBoundariesMHATherapeuticRelationships/index.html>

Psychopharmacology

A 2-hour introduction to psychopharmacology looking at individual drugs and drug classes for different mental illnesses, with clinical consideration for psychotherapeutic effect, treatment and prevention of substance use disorders.

- Part 1 <https://www.youtube.com/watch?v=H3KGrO4yWuw>
- Part 2 <https://www.youtube.com/watch?v=8tIWI76dSJo>

Unconscious Bias in the Workplace Webinar

This webinar is designed to strengthen knowledge and understanding of unconscious bias, as well as examine best practices to foster intentional and conscious inclusion in the workplace, and we encourage everyone to participate.

- For new users, please follow the steps below to self-register for the UBWW:
 1. Follow the link which will direct you to PEI government Moodle website:
<https://moodle.gov.pe.ca/moodle/login/index.php>
 2. Create your Moodle user account using your PEI government or Health PEI issued email address.
 3. You will receive a confirmation email asking you to authenticate the registration details.
 4. Complete your profile during the enrollment process.
 5. Respond to the webinar course content at your own pace.
 6. Complete the webinar evaluation form and submit your feedback.

Violence Prevention and Management

This module will review Health PEI's workplace violence prevention policies and procedures. Information will be provided on tips to respond to a potentially violent or aggressive persons in a healthcare setting. The module will also review incidents, mandatory training and domestic violence.

- Register here: <https://www.youtube.com/watch?v=1Q4AHdW4SII>

Workplace Hazardous Materials Information System (WHMIS)

WHMIS stands for the Workplace Hazardous Materials Information System. It is a comprehensive system for providing health and safety information on hazardous products intended for use, handling, or storage in Canadian workplaces.

- Register here: <https://eforcepei.bluedrop.io/storefront/eforcepei>

Workstation/Office Ergonomics Training

eOfficeErgo is an evidence-based and standard-compliant online training program on the proper way to set up and work at office workstations in order to prevent musculoskeletal disorders and other injuries.

- Staff Resource Centre: <https://src.healthpei.ca/workstation-ergonomics-musculoskeletal-injury-prevention>
 - Watch video here: <https://www.iwh.on.ca/archive/eofficeergo/en/index.html>

Course Application Form

COMPLETE, OBTAIN SUPERVISOR APPROVAL AND SUBMIT SIGNED FORM TO EMAIL BELOW PRIOR TO REGISTERING FOR COURSES.

(E-mail to mhatraining@gov.pe.ca)

All fields are mandatory - incomplete forms will be returned.

Course Information

Course Title: _____

Date: _____

Staff replacement required. YES NO

If required, Leave of Absence form submitted. YES NO

Applicant Information

Employee Name: _____

Employee ID: _____ Email: _____

Facility/Worksite: _____

Phone: _____

Do you have any special needs which may affect your participation in this course?
(i.e., building access, hearing) YES NO

Details: _____

Does this appear on your Performance Development Plan? YES NO

Employee Signature: _____ Date: _____

Supervisor Signature: _____ Date: _____

Storm Policy: Training is cancelled if government offices are closed (or delayed, in case of morning and full-day sessions).

Attendance: You are to return a MHA training verification form with a trainer signature or certificate or proof of training completion to your manager.



Finding Hope Sharing Strength

Mental Health and Addictions

Mental Health and Addictions Continuing Education Verification Form

NOTE: Please ensure this form is filled out and submitted to your timekeeper/payroll clerk for pay purposes. Please submit a copy to MHA training for documentation on your employee file and make a copy for your own Continuous Learning Record

This form is provided to verify the attendance of:

Employee Name: _____

Employee ID#: _____

Course Name: _____

Course Date: _____

Course Start Time: _____

Course End Time: _____

Total Continuous Education hours: _____

This Continuous Education activity is relevant to your area of practice because:

Presenter/Educator/Trainer Signature _____

- Or please attach proof of attendance

Any Questions please contact MHA Clinical Education Department at 902-368-5119 or 902-368-5477