



Mental Health & Addictions Education Schedule

April – September 2026

MH&A EDUCATION AND PROFESSIONAL DEVELOPMENT DEPARTMENT

Health PEI

MH&A Education Schedule

Location Key Code

Code	Location	Code	Location
HH TR	Hillsborough Hospital Training Room	PCH	Prince County Hospital
HH CR	Hillsborough Hospital Computer Room	QEH	Queen Elizabeth Hospital
KCMH	Kings County Memorial Hospital	WH	Western Hospital
SH	Souris Hospital	Linkletter	Link Letter Community Centre
Virtual	Microsoft Teams	HH Multi	Hillsborough Hospital Cafeteria Multipurpose Space

Training Color Key

Phase 1*	Foundational Core Training for MH&A Staff Complete before and/or during first 6 weeks post hire.
Phase 2**	Developing Core Training for MH&A Staff Complete between 3 - 6 months post hire.
Phase 3***	Advancing Core Training for MH&A Staff Complete between 6 months - 1 year post hire.
Phase 4****	Advancing Supplemental Training for MH&A Staff Recommended ongoing professional development opportunities.

*For a list of Phase 1 Foundational Core Training, see Appendix A.

**For a list of Phase 2 Developing Core Training, see Appendix B.

***For a list of Phase 3 Advancing Core Training, see Appendix C.

****Please refer to the *Mental Health & Addictions Education Catalogue* for recommended supplemental professional development opportunities.

When reviewing the appendices and identifying courses relevant to you in each phase of learning your new role, please note MH&A employee designations categorized as Clinical and Non-Clinical Staff below.

Clinical Staff - Physicians, Psychiatrists, Psychologists, NPs, RN/RPNs, LPNs, PCWs, SSWs, OTs, OTAs, Addiction Workers, Pharmacists, Pharmacy Technicians, Counsellors, Ward Clerks.

Non-Clinical Staff - MH&A Leadership, Research, Policy, and Planning Team, Education & Professional Development Team, MH&A Human Resources Team, Environmental Services Team, Nutritional Services Team, Facilities & Maintenance Team, Business Office Team, Psychiatry Medical Office Assistant Team.

Upcoming Phase 1 Foundational Core Training Sessions

It is recommended that MH&A staff complete Foundational Core Training within their first 6 weeks. See Appendix A to review a list of Phase 1 Foundational Core Training. It includes hyperlinks to registration forms for virtual and in-person sessions.

April 2026			
Date	Time	Course	Location
1	0830 – 1530	MH&A PowerChart Day 2	HH CR
14	0830 – 1530	MH&A PowerChart Day 1	HH CR
15	0830 – 1530	MH&A PowerChart Day 2	HH CR
17	0900 – 1130	Basic Life Support – BLS Provider	HH TR
20	0900 – 1600	Welcome to Mental Health & Addictions	HH TR
27	0800 – 1200	SEE THINK ACT: Relational Security	HH TR
28	0830 – 1530	MH&A PowerChart Day 1	HH CR
29	0830 – 1530	MH&A PowerChart Day 2	HH CR

May 2026			
Date	Time	Course	Location
1	0100 – 1530	Basic Life Support – BLS Provider	HH TR
12	0830 – 1530	MH&A PowerChart Day 1	HH CR
13	0830 – 1530	MH&A PowerChart Day 2	HH CR
13	0900 – 1200	Basic Life Support – BLS Provider	HH TR
21	0800 – 1200	SEE THINK ACT: Relational Security	HH TR
26	0900 – 1100	Transfer, Lifting, Repositioning (TLR) Refresher	HH TR
26	0830 – 1530	MH&A PowerChart Day 1	HH CR
27	0830 – 1530	MH&A PowerChart Day 2	HH CR
29	0830 – 1130	Basic Life Support – BLS Provider	HH TR

June 2026			
Date	Time	Course	Location
1	1300 – 1400	SMART© Training	HH Multi
8	1300 – 1400	SMART© Training	HH TR
9	0830 – 1530	MH&A PowerChart Day 1	HH CR

10	0830 – 1530	MH&A PowerChart Day 2	HH CR
15	0900 – 1600	Welcome to Mental Health & Addictions	HH TR
22	0800 – 1200	SEE THINK ACT: Relational Security	HH TR
22	1300 – 1500	Transfer, Lifting, Repositioning (TLR) Refresher	HH TR
23	0830 – 1530	MH&A PowerChart Day 1	HH CR
24	0830 – 1530	MH&A PowerChart Day 2	HH CR
26	1300 – 1600	Basic Life Support – BLS Provider	HH TR

July 2026

Date	Time	Course	Location
6	0800 – 1600	Standard First Aid	HH TR
7	0830 – 1530	MH&A PowerChart Day 1	HH CR
8	0830 – 1530	MH&A PowerChart Day 2	HH CR
8	0830 – 1130	Basic Life Support – BLS Provider	HH TR
8	1300 – 1500	Transfer, Lifting, Repositioning (TLR) Refresher	HH TR
20	0800 – 1200	SEE THINK ACT: Relational Security	HH TR
21	0830 – 1530	MH&A PowerChart Day 1	HH CR
22	0830 – 1530	MH&A PowerChart Day 2	HH CR

August 2026

Date	Time	Course	Location
5	0900 – 1200	Basic Life Support – BLS Provider	HH TR
10	0800 – 1200	SEE THINK ACT: Relational Security	HH TR
11	0900 – 1100	Transfer, Lifting, Repositioning (TLR) Refresher	HH TR
11	0830 – 1530	MH&A PowerChart Day 1	HH CR
12	0830 – 1530	MH&A PowerChart Day 2	HH CR
25	0830 – 1530	MH&A PowerChart Day 1	HH CR
26	0830 – 1530	MH&A PowerChart Day 2	HH CR

September 2026

Date	Time	Course	Location
8	0830 – 1530	MH&A PowerChart Day 1	HH CR
9	0830 – 1530	MH&A PowerChart Day 2	HH CR
21	0900 – 1600	Welcome to Mental Health & Addictions	HH TR

22	0830 – 1530	MH&A PowerChart Day 1	HH CR
23	0830 – 1530	MH&A PowerChart Day 2	HH CR
25	1300 – 1600	Basic Life Support – BLS Provider	HH TR
28	0800 – 1200	SEE THINK ACT: Relational Security	HH TR
28	1300 – 1500	Transfer, Lifting, Repositioning (TLR) Refresher	HH TR

Upcoming Phase 2 Developing Core Training

It is recommended that MH&A staff complete Phase 2 Developing Core Training between 3 and 6 months post hire. See Appendix B to review a list of Phase 2 Developing Core Training. It includes hyperlinks to registration forms for virtual and in-person sessions.

April 2026			
Date	Time	Course	Location
1	0900 – 1600	Non-Violent Crisis Intervention (NVCI©)	HH TR
13	0900 – 1600	Non-Violent Crisis Intervention (NVCI©)	Linkletter
14	0900 – 1600	Motivational Interviewing – Day 2	PCH
22	1300 – 1600	Practical Application of Trauma & Violence-Informed Care	HH TR
23	1300 – 1530	Group Facilitation	HH TR

May 2026			
Date	Time	Course	Location
27	0900 – 1600	Non-Violent Crisis Intervention (NVCI©)	HH TR

June 2026			
Date	Time	Course	Location
2	0900 – 1600	Motivational Interviewing – Day 1	HH TR
4	1300 – 1530	Group Facilitation	HH TR
9	0900 – 1130	Practical Application of Mental Status Examination	HH TR
16	0900 – 1600	Motivational Interviewing – Day 2	HH TR
18	0900 – 1130	Practical Application of Suicide Risk Screening, Assessment & Intervention	HH TR
23	0900 – 1600	Gentle Persuasive Approaches (GPA®) – Full	HH TR
24	0900 – 1600	Non-Violent Crisis Intervention (NVCI©)	HH TR

July 2026			
Date	Time	Course	Location
22	0900 – 1600	Non-Violent Crisis Intervention (NVCI©)	HH TR

August 2026			
Date	Time	Course	Location
4	0900 – 1200	Practical Application of Trauma & Violence-Informed Care	HH TR
13	0900 – 1130	Practical Application of Suicide Risk Screening, Assessment & Intervention	HH TR
13	1300 – 1530	Practical Application of Mental Status Examination	HH TR
17	0900 – 1600	Gentle Persuasive Approaches (GPA®) – Full	HH TR

September 2026			
Date	Time	Course	Location
16	0900 – 1600	Non-Violent Crisis Intervention (NVCI©)	HH TR
23	1300 – 1600	Practical Application of Trauma & Violence-Informed Care	HH TR
29	0900 – 1600	Motivational Interviewing – Day 1	HH TR

Upcoming Phase 3 Advancing Core Training Opportunities

It is recommended that MH&A staff complete Phase 3 Advancing Core Training between 6 months and 1 year post hire. See Appendix C to review a list of Phase 3 Advancing Core Training. It includes hyperlinks to registration forms for virtual and in-person sessions.

April 2026			
Date	Time	Course	Location
2	0800 – 1600	Advanced Code White	HH TR
8	0800 – 1600	Advanced Code White	QEH
10	0800 – 1600	Advanced Code White	SH
16	0800 – 1600	Advanced Code White	HH TR
22	0900 – 1200	Independent Personality Disorders (Anti-Social & Narcissistic)	HH TR
23	1300 – 1530	Group Facilitation Skills	HH TR
30	0800 – 1600	Advanced Code White	HH TR

May 2026			
Date	Time	Course	Location
1	0900 -1200	Coping with Psychosis	HH TR
5	0830 – 1630	Advanced Code White	SH
6	0830 – 1630	Advanced Code White	WH
11	0830 – 1630	Advanced Code White	PCH
13	1300 – 1500	Opioid Agonist Treatment (OAT)	Virtual
14	0800 – 1600	Advanced Code White	HH TR
20	0900 – 1200	Acceptance and Commitment Therapy	HH TR
20	1300 – 1500	Bridge Situation Table Information Session	HH TR
27	0800 – 1600	Advanced Code White	QEH
28	0800 – 1600	Advanced Code White	HH TR

June 2026			
Date	Time	Course	Location
3	0900 – 1200	Supporting Gender Diverse Identities and Communities	HH TR
3	1300 – 1500	Outpatient Withdrawal Management (OWM)	Virtual
5	1300 – 1500	Prince Edward Island Mental Health Act, Criminal Code Review Board & Legislation	Virtual
11	0800 – 1600	Advanced Code White	HH TR
17	0800 – 1600	Advanced Code White	QEH
17	0900 – 1200	Borderline Personality Disorder	HH TR
25	0800 – 1600	Advanced Code White	HH TR
26	0900 – 1200	Coping with Psychosis	HH TR
29	0830 – 1630	Advanced Code White	PCH

July 2026			
Date	Time	Course	Location
9	0800 – 1600	Advanced Code White	HH TR
17	1300 – 1500	Prince Edward Island Child & Youth Advocate Act	Virtual
20	0830 – 1630	Advanced Code White	PCH
23	0800 – 1600	Advanced Code White	HH TR

August 2026			
Date	Time	Course	Location
6	0800 – 1600	Advanced Code White	HH TR
20	0800 – 1600	Advanced Code White	HH TR

September 2026			
Date	Time	Course	Location
10	0800 – 1600	Advanced Code White	HH TR
15	0900 – 1200	Independent Personality Disorders (Anti-Social & Narcissistic)	HH TR
17	0800 – 1600	Advanced Code White	QEH
18	1300 – 1500	Prince Edward Island Mental Health Act, Criminal Code Review Board & Legislation	Virtual
23	0830 – 1600	Advanced Code White	WH
24	0800 – 1600	Advanced Code White	HH TR
25	0900 – 1200	Coping with Psychosis	HH TR
28	0830 – 1630	Advanced Code White	PCH

Upcoming Phase 4 Advancing Supplemental Training

Please refer to the *Mental Health and Addictions Education Catalogue* for recommended supplemental education and professional development opportunities. Note: Most Phase 4 training is offered as on-demand, online learning. This allows staff to engage flexibly and at their own pace while meeting professional development expectations.

<i>Virtual or In-person Learning</i>			
Date	Time	Course	Location
May 12	0900 – 1200	<u>Motivational Interviewing - Booster</u>	HH TR
May 26	1300 – 1600	<u>Gentle Persuasive Approaches (GPA) - Refresher</u>	HH TR
Sept. 11	0900 – 1200	<u>Motivational Interviewing - Booster</u>	HH TR

How to Register for Virtual and In-person Training

Registration for all virtual and in-person training is via Eventbrite. Please use your work email.

Step-by-Step Instructions

1. Go to [MH&A Education and Professional Development Events | Eventbrite](https://www.eventbrite.ca/o/MH&A-coordinator-17861739032) (<https://www.eventbrite.ca/o/MH&A-coordinator-17861739032>).
2. Scroll through the upcoming events to view available training sessions.
 - a. If you do not see the course, you are looking for, two other options to try are:
 - i. search for the title of the course in Eventbrite’s search box, or
 - ii. click on the training’s hyperlink embedded in the appendices.
3. Click on the event title of the training session you are interested in to see its full event page.
4. Click on “Reserve a spot” (courses with just one training date) or “Check availability” to see a list of available dates for that course, then click on the date and/or time that works best for you.
5. Click “Register”, add your contact information, then click “Register” again.

Additional Information

Cancellation Policy: If you are unable to attend a training session you are registered for, you are responsible for cancelling your registration in Eventbrite (via the course registration link) to provide an opportunity for waitlisted registrants to access your seat. If you must cancel on the day of training, please email mhatraining@gov.pe.ca, and notify your direct supervisor of the reasons for cancelling.

Storm Policy: For both facilitators and participants, if government civil offices are delayed or closed in the area where training is occurring (Prince, Queens, or Kings), training both virtual and in-person, will be canceled and rescheduled.

Appendix A

Recommended Phase 1 Core Foundational Education for MH&A Staff

Complete before and/or during first 6 weeks post hire.

Phase 1 Virtual or In-person Learning

- Welcome to Mental Health & Addictions (1 day) All MH&A Clinical & Non-Clinical Staff
- MH&A PowerChart (2 days for Nursing: RN & LPN, 1 day for PCW & Allied Health) All MH&A Clinical Staff
- SEE THINK ACT: Relational Security (4 hrs.) Acute & Transitions 24/7 Clinical Staff and, where applicable, Security Staff
- Basic Life Support - BLS Provider (3 hrs. + annual renewal) Acute & Transitions 24/7 Clinical Staff
- Standard First Aid (1 day) Acute, Transitions and Community Clinical & Non-Clinical Staff as chosen by facility administration
- Transfer, Lifting, Repositioning (TLR) Refresher (1.5 hrs. + annual renewal) Acute & Transitions Nursing Staff
- SMART© Training (1.5 hrs. + 1 hr. refresher) Support Services Staff

Phase 1 On Demand, Online Learning

- EMR (CHR Onboarding) (3 hrs.) Transitions & Community Clinical Staff
- EMR – View Only (7 mins.) MH&A Staff with View Only Access
- PowerChart View Only Training (30 mins.) Community Clinical Staff
- Overcoming Stigma (1 hr.) All MH&A Clinical & Non-Clinical Staff
- Psychological Health and Safety in the Workplace (1.5 hrs.) All MH&A Clinical & Non-Clinical Staff
- MH&A All Hazards Planning (45 mins.) All MH&A Clinical & Non-Clinical Staff
- Maintaining Professional Boundaries in MH&A Therapeutic Relationships (1 hr.) MH&A Clinical Staff
- Harm Reduction – Making a Difference in Practice (1 hr.) All MH&A Clinical Staff
- Food Safety Certification - SafeCheck® Advanced (6 hrs.) Nutrition Services Staff
- Mental Status Exam (30 mins.) All MH&A Clinical Staff
- Trauma & Violence-Informed Care (4.25 hrs.) All MH&A Staff
- Sublocade Certification (20 mins.) RNs, RPNs, LPNs, NPs and Physicians administering Sublocade
- Introduction to Suicide Risk Screening, Assessment & Intervention (1.5 hrs.+ annual renewal) All MH&A Clinical Staff and, where applicable, Non-Clinical Staff
- Naloxone 101 (1 hr. + annual renewal) All MH&A Clinical & Non-Clinical Staff required for Opioid Overdose response
- PSMS Part 1 (30 mins.) All MH&A Staff
- Psychopharmacology for Psychiatric Nurses and Practitioners (1 hr.) RNs & LPNs administering medications
- PACES Learning Pathway Phase 1 – Beginning (7 hrs.) All MH&A Clinical Staff
 - Expectations for Care (1 hr.)
 - Understanding Addiction (1 hr.)
 - Understanding Gambling Disorder (1 hr.)
 - Understanding Internet Gaming Disorder (1 hr.)
 - Understanding Psychoactive Substances (1 hr.)
 - Understanding Mental Health & Mental Health Conditions (1 hr.)
 - Understanding Concurrent Disorders (1 hr.)
- Workstation/Office Ergonomics (1.5 hrs.) Administration, Clinical, Technical, and Administrative Services Staff as needed

Appendix B
Recommended Phase 2 Core Developing Education for MH&A Staff
 Complete 3 - 6 months post hire.

<i>Phase 2 Virtual or In-person Learning</i>
<ul style="list-style-type: none"> • <u>Practical Application of Mental Status Examination</u> (3 hrs.) All MH&A Clinical Staff • <u>Practical Application of Trauma & Violence-Informed Care</u> (3 hrs.) All MH&A Clinical Staff • <u>Practical Application of Suicide Risk Screening, Assessment & Intervention</u> (3 hrs.) All MH&A Clinical Staff • <u>Motivational Interviewing</u> (2 Full Days) All MH&A Clinical Staff • <u>Gentle Persuasive Approaches (GPA®)</u> (1 day + 2.5 hrs. refresher every 2 years) Acute Care, 24/7 Transitions & Seniors Clinical Teams • <u>Non-Violent Crisis Intervention (NVCi©)</u> (3 hrs. pre-requisite online learning + 1 day in person) All MH&A Clinical & Non-Clinical Staff
<i>Phase 2 On Demand, Online Learning</i>
<ul style="list-style-type: none"> • <u>Incident Command System (ICS) 100</u> (4 hrs.) All MH&A Clinical & Non-Clinical Staff as needed. • <u>PACES Learning Pathway Phase 2 – Developing</u> (14.75 hrs.) All MH&A Clinical Staff <ul style="list-style-type: none"> • <u>Welcoming & Engaging Practice</u> (45 mins.) • <u>Screening & Brief Intervention</u> (40 mins.) • <u>Change & Motivational Interviewing</u> (45 mins.) • <u>Comprehensive Assessment</u> (40 mins.) • <u>Integrated Treatment Planning</u> (40 mins.) • <u>Comprehensive Interventions</u> (45 mins.) • <u>Introduction to Cognitive Behavioural Therapy (CBT)</u> (1 hr.) • <u>Introduction to Dialectical Behaviour Therapy (DBT)</u> (1.25 hrs.) • <u>Understanding Intoxication & Withdrawal - Part 1</u> (1 hr.) • <u>Understanding Intoxication & Withdrawal - Part 2</u> (1 hr.) • <u>Overview of Pharmacologic Interventions for Concurrent Disorders</u> (45 mins.) • <u>Comprehensive Pharmacologic Interventions for Mental Health Disorders</u> (80 mins.) • <u>Comprehensive Pharmacological Interventions for Substance Use & Addiction</u> (1 hr.) • <u>Considerations for Women in Addiction & Mental Health Treatment</u> (1 hr.) • <u>Considerations for Youth in Addiction & Mental Health Treatment</u> (85 mins.) • <u>Transitions in Care</u> (40 mins.)

Appendix C

Recommended Phase 3 Core Advancing Education for MH&A Staff

Complete 6 months - 1 year post hire.

Phase 3 Virtual or In-person Learning

- Acceptance and Commitment Therapy (3 hrs.) All MH&A Clinical Staff
- Advanced Code White (1 day) Acute Care & 24/7 Transitions Services Clinical Staff
- Borderline Personality Disorder (3 hrs.) All MH&A Clinical Staff
- Bridge Situation Table Information Session (2 hrs.) All MH&A Clinical Staff
- Case Management (2 hrs.) All MH&A Clinical Staff doing case work/management
- Coping with Psychosis (3 hrs.) All MH&A Clinical Staff
- Group Facilitation Skills (2.5 hrs.) All MH&A Clinical Staff who run groups
- Incident Command System (ICS) 200 (8 hrs.) All Managers & Supervisors
- Incident Command System (ICS) 300 (8 hrs.) All Managers & Supervisors
- Independent Personality Disorders (Anti-Social & Narcissistic) (3 hrs.) All MH&A Clinical Staff
- Neurodiversity – Supporting Individuals in Healthcare Settings (3 hrs.) All MH&A Clinical Staff
- Opioid Agonist Treatment (OAT) (2 hrs.) All MH&A Clinical Staff
- Outpatient Withdrawal Management (OWM) (2 hrs.) All MH&A Clinical Staff
- Prince Edward Island Child & Youth Advocate Act (3 hrs.) All MH&A Clinical Staff as applicable
- Prince Edward Island Mental Health Act, Criminal Code Review Board & Legislation (2 hrs.) All MH&A Clinical and Admin Staff as applicable
- Supporting Gender Diverse Identities and Communities (3.5 hrs.) All MH&A Clinical Staff

Phase 3 On Demand, Online Learning

- Autism Spectrum Disorder – Supporting Individuals in Healthcare Settings (3 hrs.) All MH&A Clinical Staff
- Cognitive Behaviour Therapy Options - CBT: Essentials (5 hours) and Changeways (12 hours) Dependent on scope and requires Manager approval.
- Dialectical Behaviour Therapy Options – DBT Skills (15 hours) and DBT Skills for Adolescents and Families (12 hours) Dependent on scope and requires Manager approval.
- CATIE Harm Reduction Fundamentals (4 hrs.) All MH&A Clinical Staff
- National Eating Disorders Collaboration: Introductory Modules (2.5 hrs.) All MH&A Clinical Staff working with people experiencing eating disorders
 - Introduction to Eating Disorders (28 mins.)
 - Eating Disorders: Screening and Assessment (29 mins.)
 - Eating Disorders: Medical Management (32 mins.)
 - Eating Disorders: Nutritional Management (27 mins.)
 - Eating Disorders: Recovery Focused Psychological Treatment (33 mins.)