Health PEI
OCCUPATIONAL HEALTH, SAFETY, & WELLNESS

Safety Talk

Men's Health



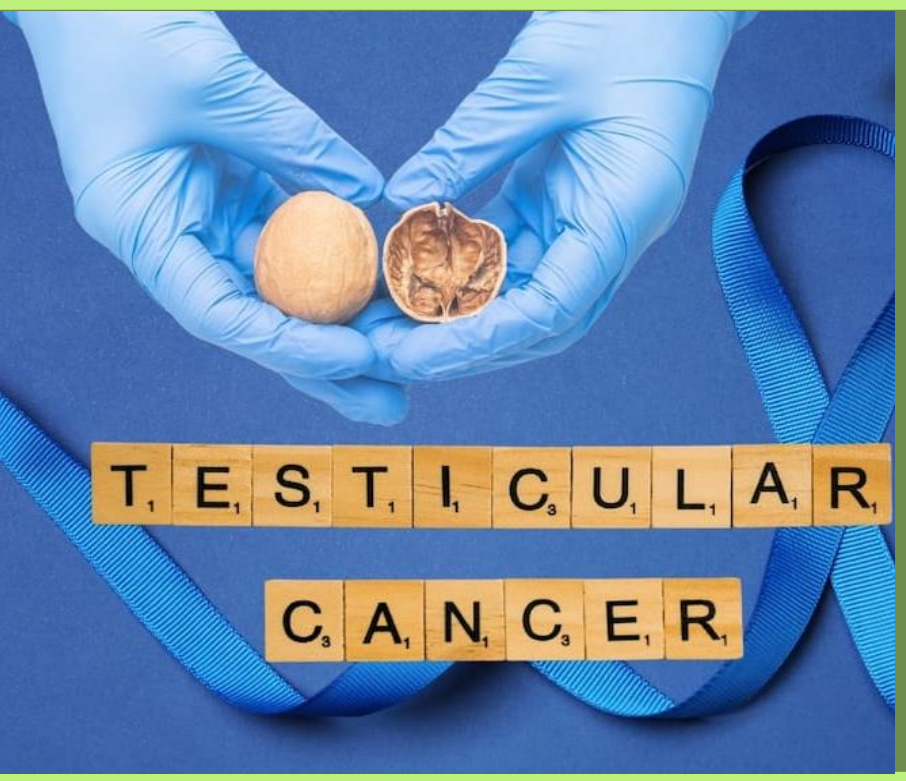
Prostate Cancer Screening

Most men do not know they have prostate cancer. Screening is recommended for those over the age of 50. This would include a simple exam performed by a health care provider and/or a blood test.

Colorectal Cancer Screening

Early stages of colorectal cancer show no symptoms. When symptoms appear, it is often in the later stages. Screening depends on your level of risk. For more information, please visit the link provided under references.





Testicular Cancer Screening

Testicular cancer often presents as a lump or swelling in a testicle. Individuals should become familiar with what is normal for them and seek medical assessment if they notice any unusual changes. Testicular cancer is most common in people between the ages of 15 and 45.

References:

https://www.princeedwardisland.ca/en/information/health-pei/colorectal-cancer-screening-program#:~:text=To%20speak%20with%20a%20Nurse,online%20through%20your%20MyHealthPEI%20account.

DATE: _____ **SAFETY TALK LEAD BY:** _____

FACILITY: _____ **DEPARTMENT:** _____

DISCUSSION QUESTIONS:

Where do I obtain a FIT test?

How often should you have a colonoscopy, if you have a history of colon cancer?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:	EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org

Safety Talks can be found on the Staff Resource Centre at:
https://src.healthpei.ca/safety-talks