



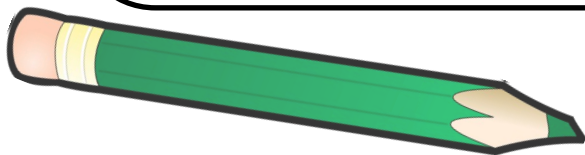
SAFETY TALK

BACK TO SCHOOL TIPS

Sharing The Road

- **Stop for school buses.** If a school bus is displaying flashing red lights traffic in both directions must stop. You may only continue when the lights stop flashing.
- **Slow down.** Reduce your speed and obey the signs - the speed limit in school zones is 30 km/hr

- **Running late?** There has been an increase in traffic on the island routes during the morning and afternoon commutes. Please keep this in mind when planning your drive to work and plan accordingly.



Prep for Success

- Establishing routines can support both kids and parents for the back-to-school anxieties.
- Getting kids back on a school sleep schedule can be a challenge - for them and for you! Ease back into this routine at least a week before school is back in session!
- A little preparation now can help you and your family have a great school year.

DID YOU KNOW?

All PEI schools have access to a lunch program that can simplify the weekly “**what is for lunch?**” conundrum. Check out the peischoolfood.ca site. Daily lunches are available with two payment options: 1. pay-what-you-can or 2. flat-rate

This program has grown popularity among kids and parents across the Island offering two options for each day with a three week rotating schedule.

Source: PEI School Food Program (peischoolfood.ca)

Safety is everyone's responsibility!

DATE: _____
FACILITY: _____

SAFETY TALK LEAD BY: _____
DEPARTMENT: _____

DISCUSSION QUESTIONS:

SHOULD I WORRY ABOUT BACK-TO-SCHOOL PLANNING EVEN IF I DON'T HAVE ANY CHILDREN RETURNING TO

HOW DO WE SUPPORT OUR TEAM MEMBERS WHO MAY FACE UNEXPECTED CHILDCARE GAPS?

ARE THERE CRITICAL DEADLINES THAT MIGHT CAUSE CONFLICT WITH BACK-TO-SCHOOL SEASON?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:

EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org.

Safety Talks can be found on the Staff Resource Centre at: <https://src.healthpei.ca/safety-talks>