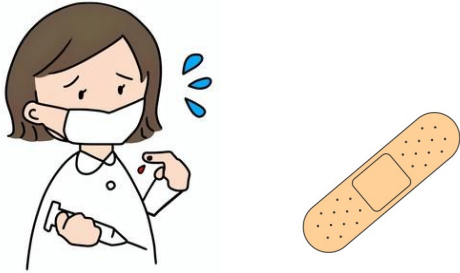


SAFETY TALK



BLOOD & BODILY FLUID EXPOSURES



Accidental exposures to bodily fluids can expose health care workers to bloodborne pathogens (Hepatitis B, Hepatitis C, HIV)

Follow these 3 steps if you have a blood or body fluid exposure

Step 1: First Aid

Complete the first aid appropriate to your exposure type(s) as outlines below:

- **Mucous Membranes Exposure (eyes, nose, mouth)** - Flush areas thoroughly with copious amounts of water
- **Skin Exposure** - Wash thoroughly with soap and water
- **Percutaneous Puncture (Needlestick)** - Allow free bleeding of the wound. Do **not** squeeze the wound as this damages surround tissue and increases exposure risk. Wash wound thoroughly with soap and water.

Step 2: Notify the Proper Personal

Depending on where you work, there may be a process in place for exposures events that includes an Employee Health Nurse to follow up on your incident.

- Always notify your direct supervisor/manager of exposure incidents, who should direct you on the next steps.
- An RN should complete the exposure form found on [Blood and Body Fluid Exposure Guideline \(princeedwardisland.ca\)](http://princeedwardisland.ca) or the exposure form used at your site as directed by an Employee Health Nurse.
- Complete a PSMS Incident Report.
- Complete a Workers Compensation Form.

Step 3: Follow Up

Exposure follow up is on a case by case bases, as indicated by the Blood and Body Fluid Exposure Guide.

You may require blood work monitoring, you may be directed to be seen in the ER, you may be advised to complete prophylaxis treatment, or you may require no follow up at all.

Sources: HPEI Blood and Body Fluid Exposure Guideline

Safety is everyone's responsibility!

DATE: _____
FACILITY: _____

SAFETY TALK LEAD BY: _____
DEPARTMENT: _____

DISCUSSION QUESTIONS:

WHAT FIRST AID SHOULD YOU DO FOR AN EXPOSURE TO YOUR MUCOUS MEMBRANES?

WHAT FIRST AID SHOULD YOU DO FOR AN EXPOSURE TO YOUR SKIN?

WHAT FIRST AID SHOULD YOU DO FOR A PERCUTANEOUS PUNCTURE EXPOSURE?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:

EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org.

Safety Talks can be found on the Staff Resource Centre at: <https://src.healthpei.ca/safety-talks>