



# SAFETY TALK

## PREVENTATIVE HEALTH—CANCER SCREENING AND EARLY DETECTION

Understanding the benefits and harms of screening tests is important for making an informed choice about which screening tests are right for you.

The following cancer screening services are available in PEI:

- Breast cancer screening
- Colorectal cancer screening
- HPV tests and cervical cancer screening

More information on screening recommendations can be found [HERE!](#)



The Canadian Cancer Society states:  
“When you think about how important it is to find cancer early, we believe the benefits of having regular screening tests for **breast**, **cervical** and **colorectal** cancer outweigh the limitations”.



Canadian Cancer Society  
Société canadienne du cancer

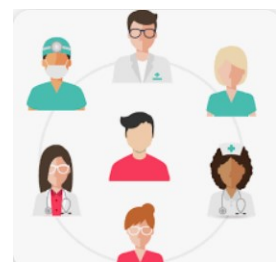


### What age does screening for cancer start?

**Breast Cancer:** Screening is recommended for those 40-74 years old

**Colorectal Cancer:** Screening is recommended for those at “average risk” to begin at 50 years old

**HPV:** HPV testing is recommended for those 25-65 years old



Source: <https://cancer.ca/en/cancer-information/find-cancer-early/screening-for-cancer>;

*Safety is everyone's responsibility!*

DATE: \_\_\_\_\_  
FACILITY: \_\_\_\_\_

SAFETY TALK LEAD BY: \_\_\_\_\_  
DEPARTMENT: \_\_\_\_\_

## DISCUSSION QUESTIONS:

WHERE CAN I ACCESS MORE INFORMATION ABOUT SCREENING?

WHAT CANCERS SHOULD I CONSIDER SCREENING FOR GIVEN MY AGE?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:

EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email [healthpeihr@ihis.org](mailto:healthpeihr@ihis.org).

Safety Talks can be found on the Staff Resource Centre at: <https://src.healthpei.ca/safety-talks>