



SAFETY TALK

WINTER DRIVING

Between the months of November and April, install four matching winter tires on your vehicle.

Winter tires provide almost twice the traction of all season tires on snow or ice.

Winter Driving Tips

- **Drive slowly:** Always adjust your speed down to account for lower traction when driving on snow or ice.
- **Accelerate and decelerate slowly:** Apply the gas slowly to regain traction and avoid skids. Don't try to get moving in a hurry and take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.
- **See and Be Seen:** Clear all snow and ice from your windshield, roof, engine bonnet, windows, headlights and brake lights, and both side mirrors.
- **Top-up the Gas Tank:** Plan ahead for poor weather and try to have at least your gas tank half full. The extra fuel can help reduce moisture problems and give weight to the vehicle.

Emergency Kit

Have a winter survival kit in your vehicle so you are prepared for an emergency. A basic kit should include the following items:

- Non-perishable food and water
- Wind-up flashlight
- Small shovel, snowbrush and windshield scrapper
- First Aid kit
- Blanket
- Extra clothes



Black Ice

Take your foot off the gas — **don't jam on the brakes** — and wait for your vehicle to pass through the black ice. Black ice is often patchy, so your tires may find traction quickly. If the back end of your car or truck veers to the left or right, steer gently in the same direction as the skid.

Safety is everyone's responsibility!

DATE: _____
FACILITY: _____

SAFETY TALK LEAD BY: _____
DEPARTMENT: _____

DISCUSSION QUESTIONS:

DO I HAVE AN EMERGENCY SURVIVAL KIT?

DO I KNOW WHAT TO DO IF I HIT BLACK ICE?

DO I PLAN ON HAVING WINTER TIRES?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:

EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org

Safety Talks can be found on the Staff Resource Centre at: <https://src.healthpei.ca/safety-talks>