

Your Provincial Employee Health Nurse Program and Team

In order to continue to support Health PEI’s strategic vision of “Healthy Teams”, as of January 15, 2024, the Employee Health Nurse (EHN) Program for Health PEI has launched. The team is part of Health PEI’s Occupational Health, Safety & Wellness Team. They will provide coverage as follows:

Employee Health Team	Role	Contact Information
Christa McAlduff, RN	PCH EHN	camcadluff@ihis.org 902-438-4487
Courtney Myers Taylor, RN	QEH EHN	csmyers-taylor@ihis.org 902-213-1188
Jolene Mah, RN	QEH EHN	jmmah@ihis.org 902-213-2096
Lanea Harris, RN	Central, Mental Health & Addictions EHN	lharris@ihis.org 902-213-4792
Liza Townshend, RN	East EHN	ldtownshend@ihis.org 902-213-3078
Natiya Rennie, RN	West EHN	nmrennie@ihis.org 902-303-1556
Sarah Jones Clements, RN	Central, LTC & Primary Care EHN	sbjonesclements@ihis.org 902-894-2045
Marina Darrach, LPN	Provincial Wellness Coordinator	mrryan@ihis.org 902-303-3117

A Provincial Employee Health Nurse email account has been created (HPEIEmployeeHealth@ihis.org), which is monitored daily (Monday – Friday). Additional Employee Health Nurse resources will be added at the start of the next fiscal year – keep an eye out for more information at that time!

Provincial program goals will focus on:

- **Exposure to Blood and Bodily Fluids (Needlestick, Sharps or Splash) Provincial Program**
 - Standardize needlestick, sharp or splash exposure protocol
 - PEI’s Health and Wellness; Blood and Body Fluid Exposure Guideline, on the Staff Resource Centre
 - Follow-up and review with all staff exposures to determine if further serology testing is required
 - Follow-up with PSMS as part of the role on the provincial OH&S committees
- **Communicable Diseases**
 - Develop fact sheets, packages and education modules
 - Post Communicable Disease Reference Material/ Packages to the Staff Resource Centre
 - Collaborate with CPHO and apply epidemiological principles in using strategies such as exposure screening, contact tracing, immunization, communicable disease response and education
- **Immunization and Tuberculosis Testing**
 - Review and evaluate staff’s immunization and tuberculosis records based on HPEI Immunizations and Tuberculosis Testing Policy and administer immunizations and tuberculosis testing when indicated
 - Incorporate influenza and COVID-19 immunization requirements
 - Implement a process for all staff to meet with an Employee Health Nurse and provide immunization and Tuberculosis records

- **Employee Health Promotion Activities**

- All EHNs are part of the Provincial Wellness Committee
- Implement initiatives of the Provincial Wellness Committee at the site level and act as a touch point of site level committees and support
- Develop, coordinate, implement and evaluate health promotion and wellness programs with a focus on disease prevention, immunizations and health screenings
- Provide nursing assessment, treatment, counseling and/or referral to Staff, Physicians and Volunteers as needed/requested.

Please contact Lara MacMurdo, Director, Occupational Health, Safety & Wellness, for more information on the Provincial Employee Health Nurse Program.

Lara MacMurdo PT

(She/Her)

Director, Occupational Health, Safety & Wellness 

Human Resources

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