



Dear Colleagues,

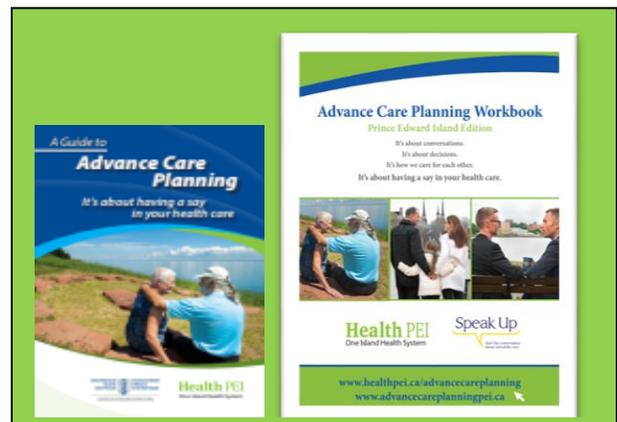
April 16th is National Advance Care Planning (ACP) Day in Canada, a day to promote conversations about your wishes and values for your future health care. This year's theme is *Advance Care Planning: An Essential Conversation for Everyone*.

Advance Care Planning has become a topic of conversation among more Islanders in recent years, especially in these unprecedented times as we deal with the impacts of COVID-19. Our aging population, new medical technologies and a culturally diverse population have made ACP a topic whose time has come for serious consideration and discussion. It is more important than ever to stay connected to loved ones, regardless of distance, and to have conversations about your values, wishes and what is important to you.

Health PEI is proud to celebrate National ACP Day on April 16th. We hope that you will participate with us by sharing resources and having these important conversations with your patients, families and loved ones. The ACP in Canada website at advancecareplanning.ca/acpday/ also features downloadable resources to promote the ACP Day campaign.

It's not always an easy conversation to have. Our Health PEI ACP website at healthpei.ca/advancecareplanning has tools and resources to help with starting these conversations. These include **A Guide to Advance Care Planning & Interactive ACP Workbook**.

To promote ACP Day, we are distributing ACP bulletins across the province, announcing ACP Day in the Legislature, and appearing on *Compass* with Jay Scotland. ACP in Canada is also hosting an exclusive online movie screening...so stay tuned for details! A song entitled "SAY" has been produced and can be found at advancecareplanning.ca/news/saylyric/ Promote it on your social media feed.



Canadians have spoken, and although 80% of the population believes ACP is important, less than 1 in 5 Canadians have an ACP. On April 16th, we recommend speaking with your loved ones about your values, wishes and what is important to you.

Thank you for your ongoing support for the Advance Care Planning in Canada. We hope that you will participate with us by promoting the day and sharing these resources.

Mireille Lecours

Dr. Mireille Lecours

Provincial Palliative Care Medical Consultant

#ACPDAY2021 and #ACPInCanada

Health PEI
One Island Health System