

Provincial Integrated Palliative Care Program Newsletter

Happy New Year!

2022
happy new year

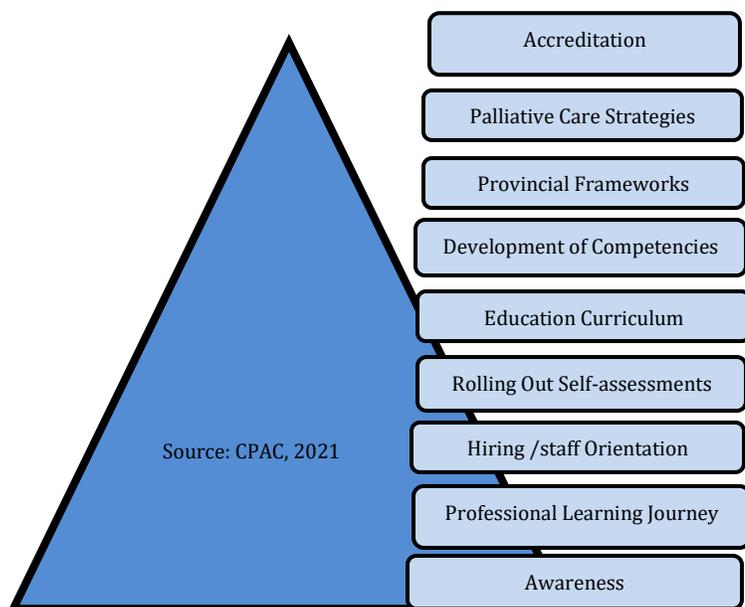
2022
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Dear Colleagues,

It is with great eagerness that we enter 2022. Of significance will be the wrap up of our “Early Integration of Palliative Care” project in March and all of the great work this project has accomplished around building provider competency in palliative care: LEAP training; Provincial Palliative Pain and Symptom Assessment Policy; new clinical tools for early identification of palliative care. The year will also see the implementation of the NEW **Canadian Interdisciplinary Palliative Care Competency Framework** launched last August by the Canadian Partnership Against Cancer in partnership with the Canadian Society of Palliative Care Physicians (CSPCP). This framework establishes a minimum national standard for palliative care in Canada and will be used by our Program to strengthen palliative care practice across care settings in the following areas.



Work has ready begun to embed competencies within education curriculum

- Competencies shared with the Canadian Society for Palliative Care Physicians (CSPCP) Undergraduate Education Committee and the CSPCP Postgraduate Education Committee
- Canadian Palliative Care Nursing Association (CPCNA) interested in advocating for embedding the Framework in university programs/curriculum and exams

In December, we introduced our New **Provincial Palliative Support Program**, an outpatient palliative care service provided at the Provincial Palliative Care Centre. This program is designed for individuals who are not currently enrolled in our Program who are facing a life-limiting illness to live more fully, better understand and learn to manage their symptoms while remaining at home. It is also designed for caregivers who are seeking to help support these individuals to remain at home. Additional information about the Program can be found at <https://src.healthpei.ca/palliative-care>.

On behalf of the Provincial Program, I wish all of you Health, Happiness and Prosperity in 2022!

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THE CANADIAN INTERDISCIPLINARY PALLIATIVE CARE COMPETENCY FRAMEWORK

A curriculum guide for educators and reference manual for disciplines providing palliative care.

What this framework seeks to achieve, and how to use it

This framework establishes a minimum national standard for palliative care in Canada.

It is written with several readers in mind:

Individuals, managers and human resources personnel will use it to fill skills gaps and guide hiring practices.

Educators will use it to identify minimum standards for palliative care competencies, weave the development of essential skills into existing curricula, or build new curricula to teach the competencies.

National accreditation and regulatory agencies will use it as a guide for establishing minimum national standards in palliative care.

Specifically, the disciplines with competencies in the framework:



Nurses



General Physicians



Social Workers



Personal Support Workers



Volunteers

The framework includes:

a. Twelve domains of competency:

- | | | |
|------------------------------------------------|---------------------------------------------|----------------------------------------------------------|
| 1. Principles of a palliative approach to care | 5. Care planning and collaborative practice | 9. Professional and ethical practice |
| 2. Cultural safety and humility | 6. Last days and hours | 10. Education, evaluation, quality improvement, research |
| 3. Communication | 7. Loss, grief, and bereavement | 11. Advocacy |
| 4. Optimizing comfort and quality of life | 8. Self-care | 12. Virtual care |

b. Discipline-specific skills self-assessments:

- provide the health care practitioner with a snapshot of their own competencies;
- provide managers with tools to gauge the levels of palliative care competencies within a team;
- can guide professionals and managers as they customize continuing education plans.

c. Education resources



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