

Serious Illness Recommendation Aid

FOR USE DURING A CONVERSATION

Use this aid when you reach the “Close the Conversation” section of the Serious Illness Conversation Guide. It provides a framework to make recommendations across three categories designed to create holistic and thorough recommendations that connect your patient’s goals, fears and worries, critical abilities and tradeoffs, and family considerations.

“Thank you for sharing that with me. I’d like to reflect together on what you’ve shared and make a plan forward. Would that be ok?”

“I’ve heard you say that _____ is really important to you.”

Patient goals, fears and worries, priorities, wishes, and sources of strength, critical abilities, tradeoff, family.

Wellbeing *(consider the following options)*

- Plan for life events
- Pursue hobbies & passions
- Refer to mental/behavioral services

Illness *(consider the following options)*

- Form medical plan aligned with goals & reality of illness
 - Start/stop/continue
 - Consider hospice
- Consult with specialist
- Complete documentation
- Revisit conversation

Support System *(consider the following options)*

- Share goals & updates
- Invite to next conversation
- Involve Social Work

Help

“Does this sound ok? Is there anything else we should think about?”

“I will do everything I can to help you through this.”

