

SYMPTOM MANAGEMENT

MATCH THE ANSWERS TO THE
PROVIDED SCENARIOS

SYMPTOM

LIKELY CAUSE

NURSING
ASSESSMENT

INTERVENTION

WHEN TO NOTIFY
PROVIDER

BREAKTHROUGH PAIN

DISEASE PROGRESSION OR
INADEQUATE ANALGESIA

REASSESS PAIN SCORE, LOCATION,
TIMING (PQRSTU)

ADMINISTER BREAKTHROUGH DOSE IF
ORDERED

IF PAIN REMAINS UNCONTROLLED

**INDIVIDUALLY CUT
THESE OUT**



DYSPNEA

DISEASE PROGRESSION

RESPIRATORY RATE, EFFORT, OXYGEN
SATURATION

REPOSITION UPRIGHT, OFFER A FAN,
ADMINISTER PRESCRIBED MEDS

IF WORSENING RESPIRATORY
DISTRESS

**INDIVIDUALLY CUT
THESE OUT**



FATIGUE/WEAKNESS

DISEASE PROGRESSION, MEDICATIONS,
LACK OF SLEEP/NUTRITION

ESAS-R, PATIENT REPORTED
FUNCTIONAL STATUS TOOL

ENERGY CONSERVATION,
MEDICATIONS IF ORDERED (STEROIDS),
NUTRITION

IF REFERRALS REQUIRED FOR
ADDITIONAL SUPPORTS
(COUNSELLING, ETC)

**INDIVIDUALLY CUT
THESE OUT**



NAUSEA/VOMITING

MEDICATIONS, OBSTRUCTION, DISEASE
PROGRESSION

INTAKE/OUTPUT, GI ASSESSMENT

ADMINISTER ANTIEMETIC, DIETARY
MODIFICATIONS, HYDRATION,
PSYCHOLOGICAL SUPPORT

PERSISTENT VOMITING

**INDIVIDUALLY CUT
THESE OUT**



ANXIETY

FEAR, LOSS OF CONTROL,
EMOTIONAL/SPIRITUAL DISTRESS

STANDARDIZED TOOLS, ESAS-R, OPEN
CONVERSATIONS

PSYCHOLOGICAL SUPPORT,
COMPLEMENTARY THERAPIES, ACTIVE
LISTENING

CONDITION PERSISTS REQUIRING
SPECIALIZED CARE, CONCERN FOR
SELF HARM

**INDIVIDUALLY CUT
THESE OUT**

