



PEIPA 2025 Pelvic Floor Physiotherapy Global Access Pilot Project

This pilot project is funded by the Health Innovation Fund. Eligible patients can receive one pelvic floor assessment and up to nine follow-up sessions with a designated physiotherapist at no cost.

YOU MUST PRESENT THIS FORM AT THE PHYSIOTHERAPY CLINIC IN ORDER TO BE ELIGIBLE FOR THIS PROGRAM.

FOR COMPLETION BY REFERRING PHYSICIAN OR NURSE PRACTITIONER:

PATIENT NAME: _____

Urinary incontinence

Emptying disorders of the bladder

Faecal incontinence

Emptying disorders of the bowel

Pelvic organ prolapse

Sexual dysfunction

Chronic pelvic pain

Referred by: _____ Signature: _____ Date: _____
please print *DD/MM/YY*

FOR COMPLETION BY PATIENT:

INCLUSION CRITERIA:

Do you have a valid PEI health card? Yes No

Do you have no or insufficient insurance coverage? Yes No

Has a physician referred you for one of the conditions listed in the "Diagnosis" section above? Yes No

Have you previously received pelvic floor physiotherapy for this condition? Yes No

PATIENT INFORMATION:

Name: _____

D.O.B. (DD/MM/YYYY): _____ PEI Health card no: _____

Home phone: _____ Cell phone: _____

Gender: Male Female Diverse Prefer not to disclose

SEE REVERSE FOR NEXT STEPS



How to Participate in the Pelvic Floor Global Access Pilot Project:

1. **Complete the Patient Section:** Fill out the patient section on the front of this form to ensure you meet the eligibility criteria.
2. **Choose a Participating Clinic:** Review the list of participating clinics and select the one that best suits your needs.
3. **Schedule Your Initial Assessment:** Contact the chosen clinic to schedule your initial assessment with a designated physiotherapist.

Clinics participating in the PEIPA 2025 Pelvic Floor Physiotherapy Global Access Pilot Project

Updated: January 2025

			Urinary Incontinence	Emptying disorders of the bladder	Fecal Incontinence	Emptying disorders of the bowel	Pessary organ prolapse	Sexual fitting and cleaning	Chronic pelvic pain	Trauma informed care
Body Works PEI <i>Corena Hughes</i>	Charlottetown (902) 894-4400 <i>opt.1</i>	• Male • Female • Pediatric	✓	✓	✓	✓	✓	✓	✓	✓
Charlottetown Physiotherapy <i>Jenna Jo Cullen</i>	Charlottetown (902) 566-2700	• Female	✓	✓		✓		✓		
Collective Health <i>Blythe Martin</i>	<i>Summerside</i> (902) 436-5438	• Male • Female • Pediatric & infant	✓	✓	✓	✓	✓	✓	✓	✓
PEI Pelvic and Breast Health <i>Paige Martin & Rebecca Arenburg</i>	<i>Cornwall</i> (902) 370-2137	• Male • Female • Pediatric & infant • Gender diverse	✓	✓	✓	✓	✓	✓	✓	✓
Reactive Health <i>Lana MacDonald</i>	Stratford/ Montague (902) 370-2327	• Male • Female	✓	✓	✓	✓	✓	✓	✓	✓
Sport Centre <i>Ashley Andrews</i>	Charlottetown (902) 370-9355	• Female	✓	✓		✓		✓		
Vital Balance Physiotherapy <i>Jennifer Burse</i>	<i>Tignish</i> 1-855-206-3186	• Female	✓	✓						
You Move Health and Wellness <i>Amy Irving</i>	<i>O'Leary</i> (902) 853-1622	• Female	✓	✓				✓		