

# CASE MANAGEMENT PRIMARY CARE

## WHAT IS CASE MANAGEMENT ?

Case management is a service that helps people with complex health problems to improve their health.

### *Our goals:*

1. Improve your health and health care experience
2. Reduce your need for unnecessary hospitalization and emergency room visits

## IS CASE MANAGEMENT RIGHT FOR YOU?

Case management may be right for you if you go to the hospital or emergency room many times during a year or if you have difficulty securing or maintaining safe and secure housing or difficulty paying bills or paying for your medication.

**Health PEI**  
One Island Health System

# HOW CAN THIS PROGRAM HELP YOU?

We can help you with:

- navigating the health system
- coordinating your health care
- providing health education
- connecting you to resources and services, such as income support, disability support, pension support, drug and oxygen programs, chronic disease management programs and self-management supports.

For more information about how case management can help you, please contact us at:

**[queenseastprimarycare@ihis.org](mailto:queenseastprimarycare@ihis.org)**

**Phone: (902) 620-3260**

**Fax: (902) 620-3267**

*Attach Case Manager contact information here!*

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