



## STROKE NAVIGATION



**Stroke Navigators** provide holistic case management support to stroke survivors and their loved ones. They provide guidance throughout the stroke recovery experience to help improve the quality of life through education and improved access to, and/or coordination of, healthcare services, as well as other needed resources.

### AT HEALTH PEI:

The Stroke Navigator serves as a link between the stroke survivor, their families, health care professionals, and community partners providing a ***single point of contact for coordination and integration of services*** across the stroke recovery continuum.

Stroke Navigator duties and activities include:

- assistance with stroke program development to improve patient experience, facilitate transitions and support life after stroke
- case management
- education
- liaison advocacy

For more information visit:

- [Health PEI Stroke Care Program](#)
- Government of Prince Edward Island: [\*"Life gets flipped upside down. Sometimes people just need guidance"\*](#)

To contact the Stroke Navigator, Margaret Bernard:

- Email: [strokenavigator@ihis.org](mailto:strokenavigator@ihis.org)
- Phone: 1-844-871-0634 (toll free) or 902-620-3506/902-213-4558 (local)

**Stroke Navigator Reports can be found in CIS under Provincial Stroke Documentation.**

#### Questions Accreditation Surveyors May Ask Staff:

How would you describe the role of the Stroke Navigator?

How do you refer patients to Stroke Navigation?