

## Accreditation: ROP of the Month

### Required Organizational Practice: Improving Hand Hygiene Practice

#### Why It Matters

- Hand hygiene significantly reduces the risk of transmission of organisms and enhances client and workforce safety when performed correctly and consistently.



#### Best Practices for Hand Hygiene

- Use alcohol-based hand rub (ABHR) when hands are not visibly soiled.
- Use soap and water when hands are visibly dirty or after contact with bodily fluids.
- Allow ABHR to dry completely before touching anything.
- Keep nails short and avoid artificial nails or hand jewelry.

Health PEI has a provincial **Hand Hygiene Policy**; it can be found on the Policy Document Management System/ Medworxx

#### 4 Moments of Hand Hygiene:

1. Before initial patient/patient environment contact
2. Before aseptic procedure
3. After body fluid exposure risk
4. After patient/patient environment contact

#### Training & Improvement

- All staff and physicians are required to complete annual hand hygiene education.
- The **Hand Hygiene Education Module** can be found on the **Staff Resource Center**.
- Hand hygiene compliance is regularly audited.
- Audit results are shared with staff and used for quality improvement.

#### Accreditation Surveyors may ask:

- What are the 4 moments of hand hygiene?
- What hand hygiene education/training have you received?
- Is hand hygiene compliance monitored on your unit?