

Common uses of the Maxi Tube

Assisting with repositioning



A client may be able to boost themselves up the bed or turn themselves using a maxi tube positioned under their back and buttocks.

Position a maxi tube under a client's feet to reduce friction when using slider sheets for worker assisted repositioning.

Position a maxi tube under a client's feet when using a repositioning sheet to reduce friction if the sheet does not fully extend under their feet.

Reducing skin breakdown



Position a maxi tube under a client's heels during repositioning to reduce skin shearing.

Use a maxi tube to facilitate removing a sling from under a client following transfer to wheelchair. Leaving a sling under a client increases pressure, heat and moisture, which may lead to skin breakdown.

Sling positioning



Use a maxi tube to facilitate positioning a sling under a client and removing a sling from under a client. This approach reduces manual effort of workers by decreasing friction.

Watch video demonstrations of these techniques at:
<https://src.healthpei.ca/msip-safe-work-procedures>

Moving limbs



Position a maxi tube under a client's limbs so their limbs can be easily moved across the surface, rather than manually lifting limbs.

A maxi tube can support a client in performing frictionless bed exercises such as heel slides, leg abduction/adduction glides or supine arm slides.