

## Transferring a Client into a Century Tub using a Chair Style Tub Lift (Arjo Alenti)

### Safe Work Procedure

**Issue Date:** May 1, 2026

**Last Review Date:** \_\_\_\_\_

**Reviewed By:** \_\_\_\_\_

**Risk Factors:** The risk of accidents with tub lifts is high, if used incorrectly. Models of tub lifts may vary and the operating manual for the specific tub lift should be reviewed to ensure safe operation.

#### Client Considerations:

- The tub lift must be appropriate for the client's current abilities, weight and size. The century tub must be appropriate for the client's size.
- In order to use a chair style tub lift with a client, the client must be assessed to meet the following specific capabilities:
  - Client can sit at the edge of the bed or in a chair without assistance.
  - Client is predictable and reliable and able to follow instructions.
  - Client is able to maintain a seated position.



#### Number of Workers:

- A minimum of 2 workers is required when moving a client in a mechanical lift.
- If additional workers are needed to manage the client and/or any attachments, the workers are to use their clinical judgement and acquire any additional assistance needed.

**Equipment Needed:** Century tub, tub lift and tub lift safety belt.

#### Procedure:

##### 1. Check the tub lift

- Verify the weight capacity of the lift to ensure it is appropriate for the client's weight.
- Inspect the lift's safety belt before use to ensure it is in good condition.
- Inspect that the lift is in good working condition:
  - Battery is charged - obtain the lift's battery pack and position it on the lift.
  - Wheels are working
  - Lift is functioning properly

##### 2. Moving the tub lift

- When moving the lift, use safe body mechanics principles for pushing and pulling:
  - Grip the lift's handles using a strong grip and keep the elbows close to the trunk.
  - Stand in a neutral spine posture with ears, shoulders and hips aligned.
  - Power the move using momentum from the powerful leg muscles using a forward or backward weight shift in a staggered stance.
  - Move your feet when turning the lift to minimize twisting.

**3. Prepare the environment for the transfer**

- The tub lift is intended for short-distance transfers only for client and worker safety. Set up the environment prior to lifting and moving the client to minimize the distance travelled.
- Clear the area where you are performing the transfer; ensure there are no hazards, cords, or clutter that may impact the ability to perform the transfer safely.

**4. Ensure enough workers present to perform the transfer**

- Two workers minimum are required to be present when moving a client using a tub lift. One worker operates and moves the lift and one worker monitors the client.

**5. Assess the client's capabilities**

- Ensure the client has the appropriate capabilities, as discussed above, to use the lift at the time of using the lift.

**6. Client transfer to tub lift**

- Apply the brake on the lift by pressing the red “park” button.
- Adjust the seat height of the lift to an appropriate height for the client to transfer to.
- Move the handle back out of the way so the lift's seat can be accessed.
- Assist the client back up to the tub lift until they can feel the tub lift's seat against the back of their legs, then have the client sit on the tub lift seat.
  - Note: If the client requires hands-on assistance for the transfer, utilize a transfer belt.
- Position the lift's safety belt on the client.
- Position the handle forward in front of the client for them to hold onto and clip the safety belt to it.
- The client should be seated in the center of the lift's seat in an upright position with their back supported by the backrest and holding onto the handle.



**7. Transport the client seated on the tub lift to the century tub**

- Release the lift's brake by pressing the green button.
- One worker operates and moves the lift, while the other worker(s) monitors the client. Transport the client to the century tub.
- Use safe body mechanics principles for pushing and pulling when moving the lift.



### 8. Transfer the client into the century tub

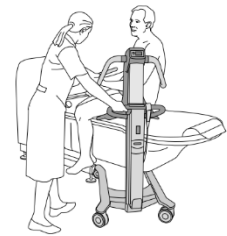
- Lower the tub to its lowest position.
- Raise the tub lift just enough for the seat of the tub lift to clear the tub wall.
- Move the tub lift over the tub so that the lift's seat is centered over the tub. Workers can assist with guiding the client's feet over the tub wall.
- Apply the lift's central brake and lower the client into the tub.
- The tub can be cautiously raised to a safe working height for the workers. Be mindful that the tub can only be raised up to the seat height of the tub lift and be careful not to catch any client body parts between the tub and the lift.

### 9. Bathe client

- Keep the central brake of the lift applied while bathing the client to prevent the lift from moving.

### 10. Transfer the client out of the century tub

- Put the handle down in front of the client. Ensure the safety belt is positioned on the client.
- Lower the tub to its lowest position.
- Raise the tub lift just enough for the seat of the tub lift to clear the tub wall.
- Dry the client and the underside of the lift to prevent water from going on the floor during the transfer.
- Release the central brake of the lift.
- Pull the lift away from the tub being mindful of not catching any client body parts between the lift and the tub. Workers can assist with guiding the client's feet over the tub wall.



### 11. Transfer the client off the tub lift

- Apply the central brake of the tub lift and lower the lift to its lowest height.
- Remove the safety belt from the client and move the handle back.
- Have the client move forward to the seat's edge with workers nearby.
- Have the client position their feet on the floor.
- Have the client stand and transfer off the lift. If the client requires hands-on assistance with standing, utilize a transfer belt.

### 12. Evaluate the transfers

- Consider how the transfers completed went and if anything should be completed differently for future transfers.

### 13. Prepare for future transfers

- Return the lift to its storage area with the brakes applied and the battery charging.

### Resources:

- [Arjo Alenti Tub Lift Operating Manual](#)