

Transferring a Client into a Century Tub using a Stretcher Style Tub Lift (Arjo Miranti)

Safe Work Procedure

Issue Date: May 1, 2026

Last Review Date: _____

Reviewed By: _____

Risk Factors: The risk of accidents with tub lifts is high, if used incorrectly. Models of tub lifts may vary and the operating manual for the specific tub lift should be reviewed to ensure safe operation.

Client Considerations:

- The tub lift must be appropriate for the client's current abilities, weight and size. The century tub must be appropriate for the client's size.
- In order to use a stretcher style tub lift with a client, the client must be assessed to meet the following specific capabilities:
 - Client must be able to understand and respond to instructions to remain in a safe lying position on the lift.



Number of Workers:

- A minimum of 2 workers is required when moving a client in a mechanical lift.
- If additional workers are needed to manage the client and/or any attachments, the workers are to use their clinical judgement and acquire any additional assistance needed.

Equipment Needed: Century tub, stretcher style tub lift and tub lift safety belts.

Procedure:

1. Check the tub lift

- Verify the weight capacity of the lift to ensure it is appropriate for the client's weight.
- Inspect the lift's safety belts before use to ensure they are in good condition.
- Inspect that the lift is in good working condition:
 - Battery is charged - obtain the lift's battery pack and position it on the lift.
 - Wheels are working
 - Lift is functioning properly

2. Moving the tub lift

- When moving the lift, use safe body mechanics principles for pushing and pulling:
 - Grip the lift's handles using a strong grip and keep the elbows close to the trunk.
 - Stand in a neutral spine posture with ears, shoulders and hips aligned.
 - Power the move using momentum from the powerful leg muscles using a forward or backward weight shift in a staggered stance.
 - Move your feet when turning the lift to minimize twisting.

3. Prepare the environment for the transfer

- The tub lift is intended for short-distance transfers only for client and worker safety. Set up the environment prior to lifting and moving the client to minimize the distance travelled.
- Clear the area where you are performing the transfer; ensure there are no hazards, cords, or clutter that may impact the ability to perform the transfer safely.

4. Ensure enough workers present to perform the transfer

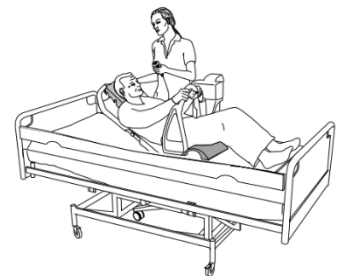
- Two workers minimum are required to be present when moving a client using a tub lift. One worker operates and moves the tub lift and one worker monitors the client.

5. Assess client capabilities

- Ensure the client has the appropriate capabilities, as discussed above, to use the lift at the time of using the lift.

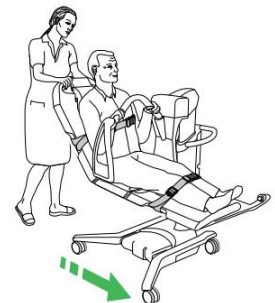
6. Client transfer to the tub lift from bed

- Position the lift's stretcher surface in a flat position.
- Move the handle/side guard back out of the way so that the lift's stretcher surface can be accessed.
- Lower side rails of the bed on one side of the bed.
- Turn the client to the opposite side of the bed.
- The tub lift can be positioned over the client's bed as close as possible to the client in side-lying.
- Lower the stretcher surface so it is pressed firmly against the mattress.
- Apply the lift's brake by pressing the red "park" button.
- Lay the client onto the lift's stretcher surface lying on their back. The client should be positioned centered on the surface.
- Attach the lift's thigh support cushion and position it under the client's thighs.
- Position the lift's upper and lower safety belts on the client.
- Position the handle/side guard forward in front of the client. The client can hold onto it.



7. Transport the client on the tub lift to the century tub

- Raise the head end of the lift using the controls to allow the client to be in a seated position.
- Lower the lift to an appropriate ergonomic height for the worker to push and transport the lift.
- Release the lift's central brake by pressing the green button on controls and transport the client to the century tub.
- One worker operates and moves the lift, while the other worker(s) monitors the client.
- Use safe body mechanics principles for pushing and pulling when moving the lift. The client should be transported as little distance as possible in the lift.



8. Transfer the client into the century tub

- Lower the tub to its lowest position.
- Raise the tub lift just enough for the stretcher surface to clear the tub wall.
- Move the tub lift over the tub so that the stretcher surface is centered over the tub. Workers can assist with guiding the client's feet over the tub wall.
- Apply the lift's central brake and lower the client into the tub.
- The tub can be cautiously raised to a safe working height for the workers. Be mindful that the tub can only be raised up to the stretcher surface height and be careful not to catch any client body parts between the tub and the lift.
- Adjust the backrest of the lift to a comfortable position for the client.

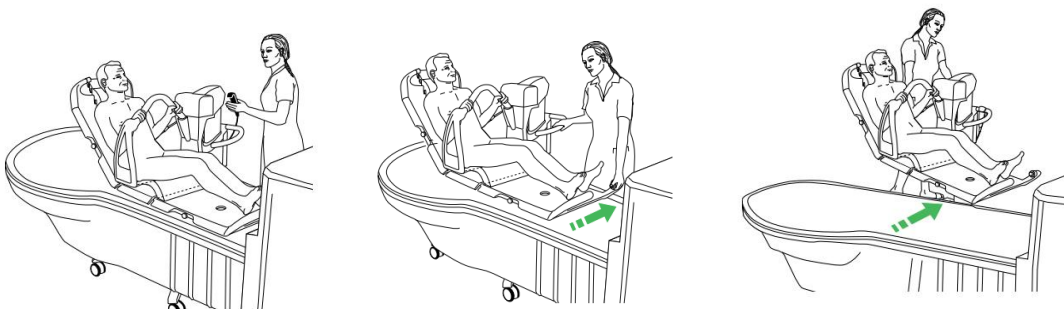


9. Bathe client

- Keep the central brake of the lift applied while bathing the client to prevent the lift from moving.

10. Transfer the client out of the century tub

- Ensure the safety belts are positioned on the client.
- Put the handle/side guard positioned in front of the client.
- Lower the tub to its lowest position.
- Raise the tub lift just enough for the stretcher surface to clear the tub wall.
- Dry the client and the underside of the lift to prevent water from going on the floor during the transfer.
- Release the brake of the lift.
- Pull the tub lift away from the tub being mindful to not catch any client body parts between the lift and the tub. Workers can assist with guiding the client's feet over the tub wall.



11. Transfer the client off the tub lift

- Lower the lift to an ergonomic height for the worker to transport the client back to their room.
- Lower side rails on one side of the client's bed.
- Position the lift over the client's bed as much as possible.
- Apply the lift's brake.
- Lower the lift so that the stretcher surface firmly compresses against the mattress.
- Swing the handle/side guard out of the way and remove the safety belts from the client.
- Turn the client so they are lying in side-lying facing away from the lift to remove them from the lift's stretcher surface. Support the client in a side-lying position.
- Raise the stretcher surface so that it releases from the mattress.
- Release the lift's brake and pull it away from the bed.
- Position the client on their back in the bed and put all side rails up.



12. Evaluate the transfers

- Consider how the transfers completed went and if anything should be completed differently for future transfers.

13. Prepare for future transfers

- Return the lift to its storage area with the brakes applied and the battery charging.

Resources:

- [Arjo Miranti Tub Lift Operating Manual](#)