

Positioning Slider Sheets that Stay on the Bed Safe Work Procedure

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Risk Factors: Manually repositioning a client involves strain on healthcare workers. Slider sheets that stay on the bed (e.g. Swift slider sheets, etc.) reduce the amount of force required to manually reposition a client.

Client Considerations:

- Workers need to consider a client's weight when determining if slider sheets that stay on the bed are appropriate repositioning equipment for a client needing moderate to full assistance from workers for repositioning. Slider sheets that stay on the bed begin to lose effectiveness for a client weight greater than 200 lbs./90 kg.
- Slider sheets are not to be used to reposition a client with bariatric needs who requires moderate to full assistance from workers with repositioning.

Number of Workers: 2 workers are needed for positioning slider sheets that stay on the bed and for repositioning clients.

Equipment Needed: Swift slider sheet set - one top slider sheet and one bottom fitted slider sheet.

Procedure:

1. Remove current linen

- Roll the client to one side. One worker can assist with holding the client, if needed.
- Roll the current linen on the bed toward the center of the bed close to the client.



2. Position the fitted slider sheet on the bed

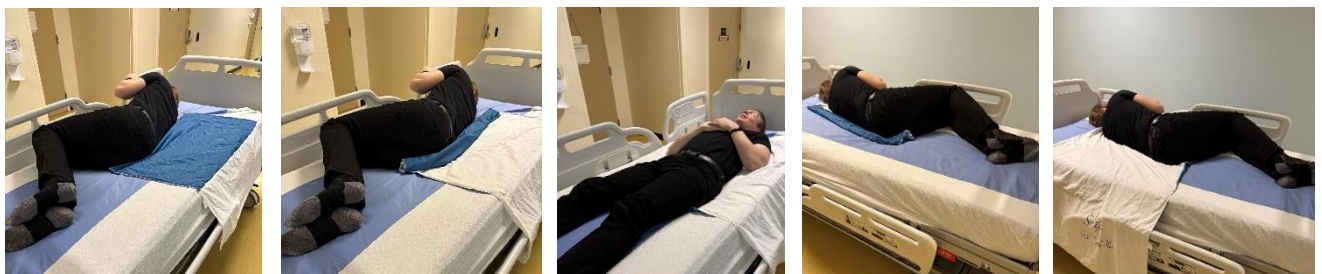
- With the client remaining in a side-lying position from step 1 above, position half of the fitted sheet on the mattress.
- Roll the remaining slider sheet that will go on the other side of mattress in the center of the bed along the client's body.
- Lower the client to their back, then roll them to their other side.
- Position the remaining fitted slider sheet on the bed.





3. Place the top slider sheet on the bed

- Fold the top slider sheet in half with the sliding surface facing outward.
- With the client remaining in a side-lying position from step 2 above, position half the top slider sheet on one half of the bed with the sliding side positioned against the bottom fitted slider sheet.
- Position the top slider sheet half so that it will be positioned under the client's shoulder to hip area.
- Roll the remaining half of the top slider sheet that will be positioned on the other side of the bed toward the center of the bed close to the client's body.
- Lower the client to their back and roll them to their other side.
- Position the remaining top slider sheet on the bed, then lay the client back.



4. Prevent the client from sliding

- The client's hips should be aligned with the midpoint of the length of the bed.
- Ensure the top slider sheet is tucked under the mattress to keep it in place.
- Raise the knees of the bed slightly, then raise the head of the bed.



5. Leave the client in a safe position

- Position appropriate side rails up on the bed.

Resources:

- [Swift® In-Bed Repositioning System Guide](#)
- Other relevant safe work procedures
 - Boosting a Client Using Slider Sheets that Stay on the Bed
 - Turning a Client Using Slider Sheets that Stay on the Bed