

## Using the Sara Stedy Transfer Device for Client Transfers

### Safe Work Procedure

**Issue Date:** May 11, 2026

**Last Review Date:** \_\_\_\_\_

**Reviewed By:** \_\_\_\_\_

#### Risk Factors:

- The risk of accidents using a Sara Stedy transfer device is high, if used incorrectly or with clients who do not meet the appropriate client criteria. The operating manual for the Sara Stedy should be reviewed to ensure safe operation.

#### Intended Uses of the Sara Stedy

- It is only to be used for:
  - Short-distance transfers (e.g. to/from a chair, wheelchair, bed or toilet).
  - As a standing support aid when elevating a client for the purpose of changing wound dressings, incontinence pads, or for personal cleansing with clients who meet the required capabilities of the device.



#### Client Criteria:

- Can bear their body weight through part or parts of their body.
- Is cooperative, predictable and reliable in physical and mental performance.
- Can follow instructions.
- Can sit unsupported at bedside or in a chair.
- Can stand unaided or with minimal assistance (1 worker assist). If minimal assistance is needed, utilize a transfer belt.
- Client may have limited mobility and endurance for short-distance transfers.
- Has adequate upper limb and grip strength to hold the handlebar and pull themselves up.
- Client height limits: 149-193 cm (4'11" – 6'4") for Sara Stedy (NTB2000) and 138 cm – 172 cm (4'6"-5'8") for Sara Stedy Compact (NTB3000).
- Does not exceed device's weight capacity of 400 lbs (182 kg).

#### Clients Should Not Use the Sara Stedy if:

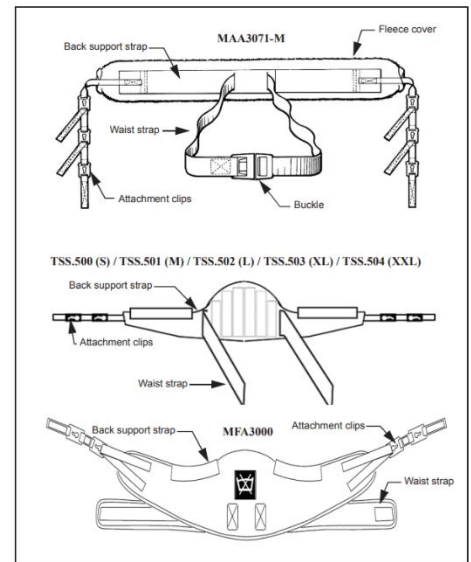
- Unable to follow instructions.
- Unable to maintain balance to sit upright.
- Require 2 Worker Assist Using Transfer Belt for sit-to-stand transfer, as the client requires more than minimal assistance to stand and mobilize.
- Unable to use bilateral lower extremities.
- Non-weight bearing bilaterally of the lower extremities.
- Unable to sit and shake hands crossing the midline.
- Unable to use upper extremity to assist with standing.
- Significant kyphosis.

**Number of Workers:**

- One worker can be used when transferring the client on the Sara Stedy device, if assessment allows. In some cases, a second worker may be needed to provide reassurance to the client while one worker moves the device to transport the client.
- If any additional assistance is needed to manage equipment or attachments, workers are to use their clinical judgement to determine the appropriate number of workers to assist.
- Consult with Occupational Therapy and/or Physiotherapy for any support needed when determining if the Sara Stedy device is appropriate for client transfers.

**Equipment Needed:**

- Sara Stedy
- Transfer belt (if client requires minimal assistance to transfer from sit to stand).
- Back support strap accessory/sling (recommended when the client would benefit from extra confidence and support).
- Compatible Slings (use as required)
  - MAA3071-M
  - TSS.500 (S), TSS.501 (M), TSS.502 (L), TSS.503 (XL), TSS.504 (XXL)
  - MFA3000



**Procedure:**

**1. Use of sling/back support strap**

- Using the sling is optional and dependent on the client assessment.
- Recommended when the client would benefit from extra confidence and support.
- Ensure the sling is the correct model, size and weight capacity prior to use.
- Inspect the sling – ensure it is not damaged, torn or frayed, sling straps are in good condition and properly fastened.
- Pass the sling’s attachment clip hole and allow the attachment lug to pass through.
- Pull the clip hole sideways so the clip locks into position on the attachment lug (be careful not to pull the client too far forward when connecting the support strap).

## 2. Approach the Client

- Pivot the two seat halves up.
- Open the base legs (press down on the left pedal). Approach the client.
- Always maneuver the Sara Stedy by using the handles. Do not push on the legs. Do not attempt to push or pull the Sara Stedy over a threshold.
- Position the Sara Stedy so that the client's feet are placed on the footrest with their knees comfortable against the kneepad.
- Apply both castor brakes.



## 3. Transferring the client from a chair, wheelchair, bed or toilet:

- Have the client hold the crossbar and use it to stand up. Provide minimal assistance using a transfer belt, if needed.
- Pivot the two seat halves down.
- Ask the client to sit on the seat.
- Release the castor brakes and proceed with the transfer.



**4. Transferring the client to a chair, wheelchair, bed or toilet:**

- Bring the client to a chair, wheelchair, bed or toilet and apply the castor brakes.
- Ask the client to stand up.
- Pivot the two seat halves up.
- Ask the client to sit down holding onto the crossbar. Assist the client using a transfer belt and minimal assistance, as needed.
- Release the castor brakes and return the Sara Stedy back to its storage place.



**Resources:**

- [Sara Stedy Instructions for Use](#)