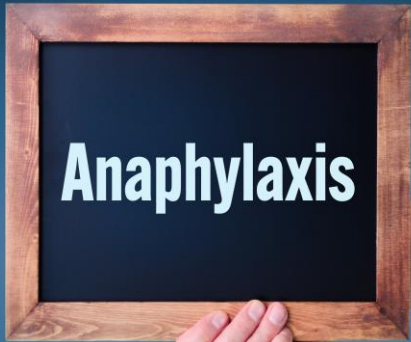


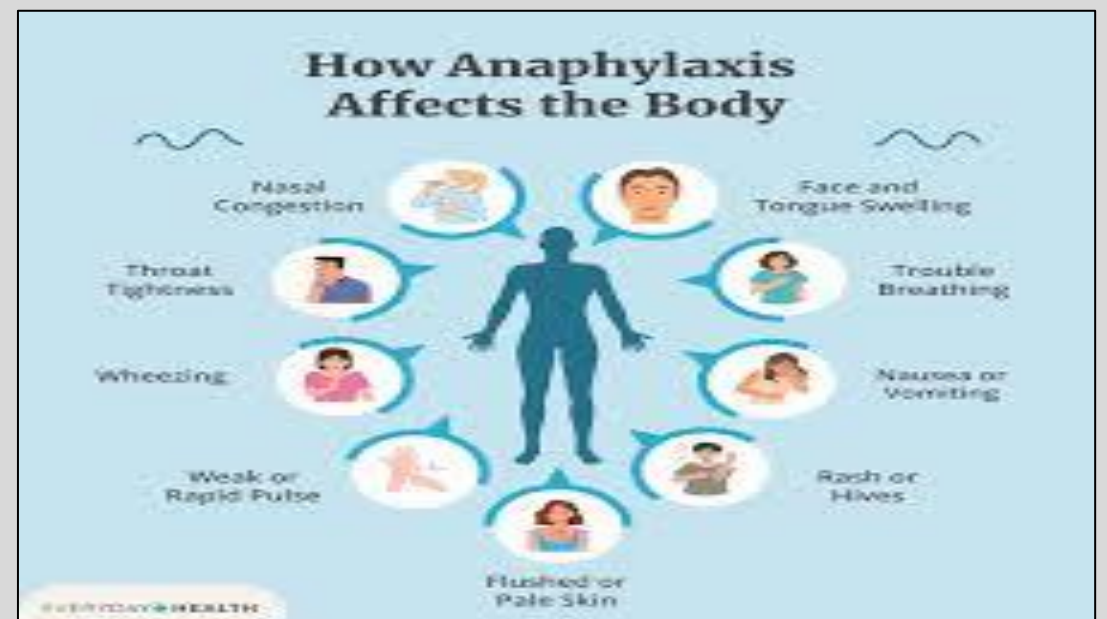
Safety Talk

ANAPHYLAXIS



- Anaphylaxis can occur within minutes to several hours of exposure to an allergen (a substance that can trigger an allergic reaction).
- Anaphylaxis is a severe, life-threatening allergic reaction that may cause death.
- Two or more body system involvement

Signs and Symptoms



Common Triggers

- Food
- Medication
- Insect Stings
- Latex
- Exercise
- Unknown cause

- Get epinephrine auto-injector and administer immediately
- Record time given
- Call 911
- If possible, lay person down, tilt head back and elevate legs.
- Repeat epinephrine in 5-15 minutes if breathing difficulties are present



DATE:

SAFETY TALK LEAD BY:

FACILITY:

DEPARTMENT:

DISCUSSION QUESTIONS:

How can you tell you are having an anaphylactic reaction?

What is the difference between anaphylaxis and seasonal allergies?

EMPLOYEE CONCERNS & IDEAS FOR IMPROVEMENT:	EMPLOYEES PRESENT:

FOLLOW UP ON CONCERNS:

If you have any feedback on the Safety Talks program or a suggestion for a Safety Talk, please contact a member of the Wellness & Safety Team or email healthpeihr@ihis.org

Safety Talks can be found on the Staff Resource Centre at:
<https://src.healthpei.ca/safety-talks>