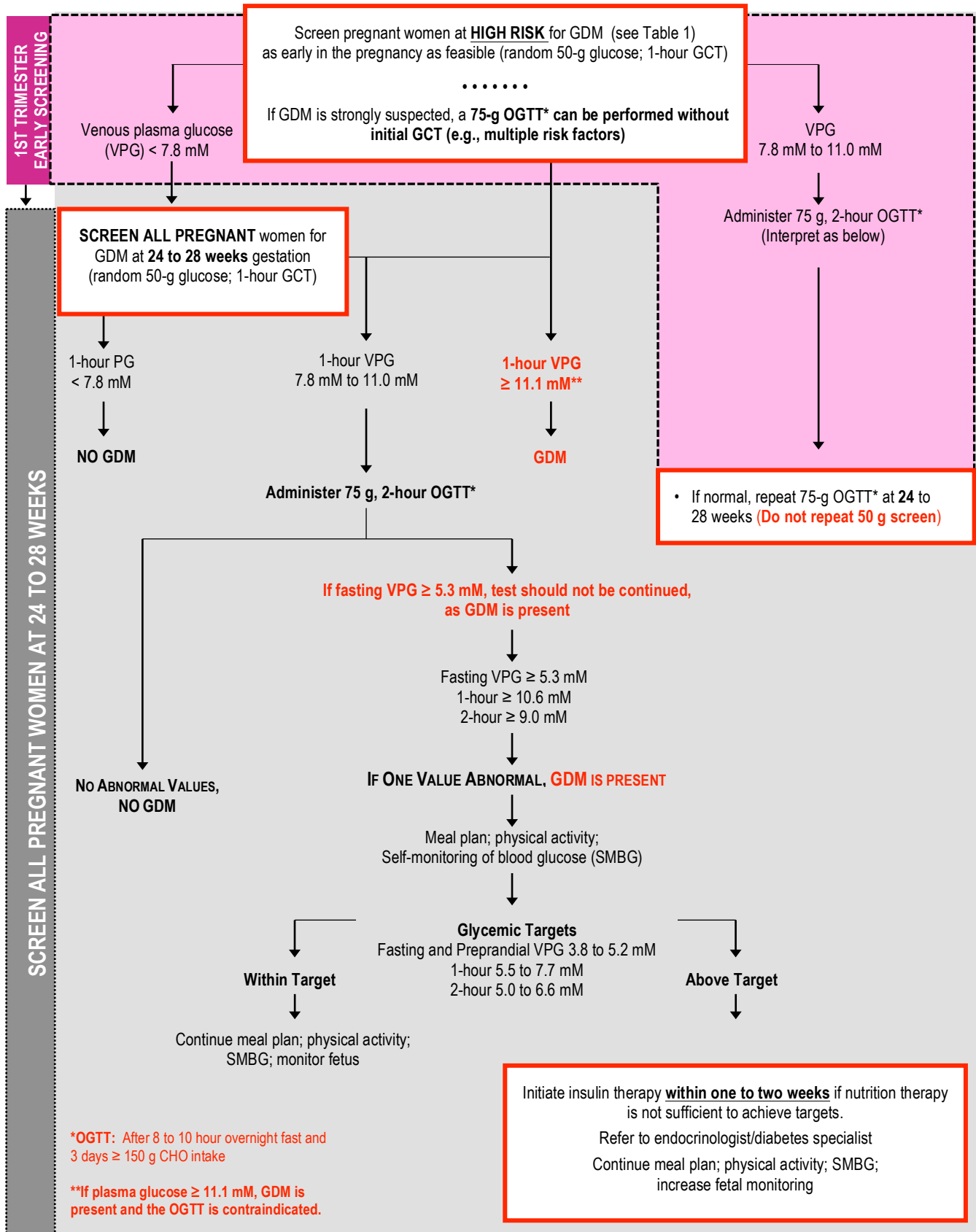


APPENDIX A: SCREENING FOR GESTATIONAL DIABETES (GDM)



Reference: Canadian Diabetes Association Clinical Practice Guidelines Expert Committee. Canadian Diabetes Association 2013 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada. *Canadian Journal of Diabetes*. 2013;37(suppl 1):S1-212.

Key: OGTT = oral glucose tolerance test; GCT = oral glucose challenge test

(continued on next page)

TABLE 1: WOMEN CONSIDERED AT HIGH RISK FOR DEVELOPING GDM

High Risk
<ul style="list-style-type: none">• Previous diagnosis of GDM• Prediabetes• History of macrosomic infant• 1st degree relative with diabetes• Glycosuria• Member of a high-risk population (Aboriginal, Hispanic, South Asia, Asian, African Canadian)• Multiple gestation• Age \geq 35 years• BMI \geq 30 kg/m²• Acanthosis nigricans• Corticosteroid use• History of unexplained stillbirth• Polycystic Ovary Syndrome (PCOS)• Pancreatic insufficient cystic fibrosis• Current fetal macrosomia or polyhydramnios

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