

Wound Care Level 1

Training Path

Click an eLearning box to jump to the corresponding reference material:

	Skin Health and Wound Prevention		
NOITNO	2a-TYPES OF WOUNDS FOR PROVIDERS		
1-WOUND PREVENTION	Wound Prevention, Assessr	nent and Treatment	
- 1-	2b-TYPES OF WOUNDS FOR PROFESSIONALS	3-WOUND ASSESSMENT	4-WOUND TREATMENT



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General Resources

Description	Link(s)
Poster Names and Links	Posters Downloadable
Evidence Informed Practice Tools: Wound Care & Skin Tears	https://professionals.wrha.mb.ca/old/extranet/eipt/EIPT-013.php
Glossary	Wound Care Level 1 Glossary
Medical Devices and Causative Factors for Skin and Tissue Injury	List of Medical Devices



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1-Wound Prevention

Description	Link(s)
Management of Friction and Shear	Video Clips
 Bed Sheet Slider System - Bed Repositioning & Turning 	https://youtu.be/SwRe95-nysY
Slider Sheets - Bed Repositioning & Turning	https://youtu.be/hk8my-lzDYI
Lie to Sit	https://youtu.be/ESPL2IK1Pwo
Management of Friction and Shear with Dressings Prevention and Treatment of Pressure Ulcers/Injuries: Quick Reference Guide 2019	Quick Reference Guide-10Mar2019.pdf (squarespace.com)
Role of Dressings in Pressure Ulcer Prevention World Union of Wound Healing Societies (WUWHS) Consensus Document. 2016	World Union of Wound Healing Societies - Consensus Document



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2-Types of Wounds (for Healthcare Providers and Health Care Professionals)

Description	Link(s)
A review of practical resources, including mnemonics, to aid in prevention and identification.	Pressure Injuries Caused by Medical Devices and Other Objects: A Clinical Update
Pressure Injury Reporting RL6	Pressure Injury Reporting RL6
Pressure Injury Prevention QRG - Adults	Adult Pressure Injury Prevention Quick Reference Guide
Pressure Injury Prevention QRG -Pediatrics	Pediatric Pressure Injury Prevention Quick Reference Guide
Pressure Injury Staging QRG - Adults	Adult Pressure Injury Staging Quick Reference Guide
Preventing Medical Treatment Related Skin and Tissue Injuries in Adults and Children	Preventing Medical Treatment Related Skin and Tissue Injuries in Adults and Children
Pressure Injury Staging QRG- Neonates	Neonatal Pressure Injury Staging Quick Reference Guide
Skin Tear Decision Algorithm International Skin Tear Advisory Panel (ISTAP) Resources	9d080f_85239d7129b24993a107de3aa6fd6181~mv2.jpg (700×760) (wixstatic.com)



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3-Wound Assessment

Description	Link(s)
Tissue Types in Wound Bed	Tissue Types in Wound Bed
Infection-Inflammation-Chart	Infection-Inflammation Chart
NERDS and STONEES	Enabler #5 NERDS and STONEES
International Wound Infection Institute	IWII-CD-2022-web-1.pdf (woundinfection-institute.com)
Moisture Balance - ExudateTypes	Moisture Balance: Types of Exudate
Wound Exudate	Enabler #7 Wound Exudate
Wound Irrigation	Enabler #3 Wound Irrigation



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4-Wound Treatment

Structured Wound Treatment Approach

https://professionals.wrha.mb.ca/wp-content/uploads/Structured-Wound-Treatment-Approach.pdf

The Structured Wound Treatment Approach is a process of care developed by the authors of this module. It draws upon and integrates the Wound Bed Preparation Paradigm (Sibbald et al. 2021, Smart et al. 2024), the Wound Prevention and Management Cycle (Orsted et al. 2017), Application of the Nursing Process in a Complex Health Care Environment (Ead 2019) and Shared Decision-Making as a Method of Care (Montori et al. 2023).

Application of the nursing process in a complex health care environment. (Ead 2019)	https://community.cna-aiic.ca/blogs/cn- content/2019/09/16/application-of-the-nursing-process-in-a- complex-he
Choosing an Antimicrobial Dressing	Enabler #1 Choosing an Antimicrobial Dressing
Nutrition in Wound Care: A Team Approach	Nutrition in Wound Care: A Team Approach
Occupational Therapy and Physiotherapy Roles	Occupational Therapy and Physiotherapy Roles
Product Selector Wound Care Dressings	Product Selector Wound Care Dressings
Shared Decision-making as a Method of Care (Monitori et al. 2023).	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10423463/
Wound Bed Preparation (Sibbald et al. 2021).	https://doi.org/10.1097/01.ASW.0000733724.87630.d6
Wound Bed Preparation 2024: Delphi Consensus on Foot Ulcer Management in Resource-Limited Settings. (Smart et al. 2024)	https://journals.lww.com/aswcjournal/fulltext/2024/04000/wound bed_preparation_2024_delphi_consensus_on.4.aspx



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Wound Prevention and Management Cycle (Orsted et al. 2017).	https://www.woundscanada.ca/doclink/bpr-brief-02-wounds- <u>1967r1e-final-</u> individ/eyJ0eXAiOiJKV1QiLCJhbGciOiJIUzI1NiJ9.eyJzdWIiOiJi cHItYnJpZWYtMDItd291bmRzLTE5NjdyMWUtZmluYWwtaW5k aXZpZCIsImIhdCl6MTYyNzMxOTQzOCwiZXhwljoxNjI3NDA10 DM4fQ.5Ah5Oqr014OPGhQ6YI0hHJ15g7UeO9DCNiICEq4iaq Y
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Poster Names and Links

Description	Link(s)
Best Practices for Prevention of Medical Device- Related Pressure Injuries in Critical Care	https://cdn.ymaws.com/npiap.com/resource/resmgr/bestpractices- criticalcare-2.pdf
Best Practices for Prevention of Medical Device- Related Pressure Injuries in Long Term Care	https://cdn.ymaws.com/npiap.com/resource/resmgr/bestpractices- longtermcare20.pdf
Best Practices for Prevention of Medical Device- Related Pressure Injuries in Pediatric Populations	https://cdn.ymaws.com/npiap.com/resource/resmgr/bestpractices- pediatric2020.pdf
Bony Prominences at Risk for Pressure Injuries	https://professionals.wrha.mb.ca/wp-content/uploads/Bony- Prominences-Poster.pdf
Management of Trauma: Medical Devices Best Practices for Prevention of Medical Device- Related Pressure Injuries General	MDPI-Poster2020 (ymaws.com)
SSKIN Care Bundle: Pressure Injury Prevention Strategies	https://professionals.wrha.mb.ca/wp-content/uploads/PIPS-SSKIN- Care-Bundle-Direct-Care-Poster.pdf



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List of Medical Devices

Medical Devices and Causative Factors for Skin and Tissue Injury		
Location	Device	Issues
All	Adhesive	Blisters and skin tears from removal
		Dermatitis from adhesive
		Maceration and folliculitis under adhered products
All	Cables	Pressure injuries from pulse oximetry and
		cardiorespiratory leads can rest under patient
All	Electrodes	Blisters and skin tears from removal
	(EEG & EKG)	Dermatitis from adhesive
		Maceration and folliculitis under adhered products
		Pressure injuries from buttons
All	Extravasation	Mild to severe tissue damage including necrosis can occur
All	Pulse Oximetry	Pressure injuries caused by constricted blood flow in
		infants and young children by probes wrapped around
		digits, hands, wrists and feet
Arms	Arterial Lines	Post fluid resuscitation edema causes pressure on skin
		from tubing and securement devices
Arms	Backslab	Burn from exothermic reaction
		Pressure injuries from hard/sharp edges, limb swelling,
		poor fit
Arms	Casts	Burn from exothermic reaction
		Pressure injuries from hard/sharp edges, limb swelling,
		poor fit
Arms	Identification	Pressure injures from hard plastic securing buttons
	tags	
Arms	IVs	Extravasation injuries
		Pressure injuries from hard plastic ports, locks, and flow
		controllers
Arms	PICC line	Pressure injuries from hard plastic clips and ports
Arms	Restraints	Friction and shearing injuries from straps as patient
		moves
Arms	Splints	Pressure injuries from hard plastic, straps, heat and
		humidity
Ear	Oxygen tubing	Pressure injuries from tubing, hard plastic



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Medical Devices and Causative Factors for Skin and Tissue Injury		
Location	Device	Issues
Ear	Pillow	Pressure injuries from immobility
Ear lobe	Pulse Oximetry	Burns caused by light from pediatric and infant probes
		Pressure injuries from high pressure from device clip on
		small area.
Ear	Glasses	Pressure injuries from hard plastic/metal
Face	CPAP/BiPAP	Pressure injuries caused by edema from devices being
		urgently placed and tightly secured on thin skin on the
		bridge of nose, and face
		Pressure injuries from incorrect sizing of CPAP/BiPAP or
		difficulty with sizing due to patients being "in between"
		sizes especially in pediatrics
Head	Rigid Cervical	Pressure injuries caused by device being urgently placed
	Collar	and secured tightly in trauma and extraction situations.
		Pressure injuries from plastic components, high heat and
		humidity under collar
		Pressure injuries from incorrect sizing of cervical collars or
		difficulty with sizing due to patients being "in between"
		sizes especially in pediatrics
Head	Soft Cervical	Pressure injuries from high heat and humidity, pressure
	collar	from collar edge or plastic reinforcement
Head	EEG leads	Pressure injuries caused by metal buttons
		Skin tears caused by removal of glued leads when used
Neel		long term
Neck	Tracheostomy	Pressure injuries from high pressures from the
		skin/tracheostomy interface, as tracheostomy is sutured
		to secure airway; Brassure injuries from securement straps, and hard plastic
		Pressure injuries from securement straps, and hard plastic
Nose	Nasal Cannula	flanges and tubes Pressure injuries on nares and nose
11030		Mucosal membrane pressure injury
Nose	Nasogastric	Skin tears from securement tape
I NOSC	tubes	Mucosal membrane pressure injury from tube
Nose	Glasses	Pressure injuries from hard plastic/metal on sides of nose
Mouth	Endotracheal	Skin tears from securement tape
mooth	tube	Pressure injuries on lips



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Location	Device	Issues
		Mucosal membrane pressure injury from hard plastic
Mouth	Bite Block	Pressure injuries on lips
		Mucosal membrane pressure injury from hard plastic
Chest Scapula/Sternum	Halo traction	Pressure injuries from hard plastic and metal components
Chest Scapula Spine	Wheelchair	Pressure injuries from wheelchair, seating component sizing, plastic and metal on wheelchair and seating system Pressure injuries from seating components inserted incorrectly
Head/chest	Cervical Thoracic Orthosis (CTO)	Pressure injuries from hard plastic and metal components
Chest/Hips	Thoracic Sacral Lumbar Orthosis (TSLO)	Pressure injuries from hard plastic and metal components
Abdomen	GT tubes	Skin injury from leaking stomach acid from enlarged stoma
Abdomen	Ostomy	Skin injury from leaking hydrochloric acid from enlarged stoma
Hips	Hip Spica	Burns from exothermic reaction Pressure injuries from foreign objects (children tend to put items into the cast, food falls into cast), sharp edges, limb swelling, poor fit
Hips	Wheelchairs	Pressure injuries from wheelchair, seating component sizing, plastic and metal on wheelchair and seating system Pressure injuries from seating components inserted incorrectly
Perineal area	Urinary	Mucosal membrane pressure injury (urethral erosion)
Mucosa	catheters	from indwelling catheters in men if not secured correctly
Perineal area	Urinary catheters	Pressure injuries from aspiration and balloon inflation ports
Perineal area	Bed pans	Pressure injuries from rigid plastic or metal



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Medical Devices and Causative Factors for Skin and Tissue Injury			
Location	Device	Issues	
Perineal area	Fecal containment devices	Mucosal membrane pressure injury of the rectum/perianal areas Pressure injuries caused by tubing resting under patient as ports become hidden in skin folds or under scrotum	
Legs	Backslab	Burns from exothermic reaction Pressure injuries from hard/sharp edges, limb swelling, poor fit	
Legs	Casts	Burns from exothermic reaction Pressure injuries from hard/sharp edges, limb swelling, poor fit	
Legs	IVs	Extravasation injury Pressure injuries from hard plastic ports, locks, flow controllers, and tubing	
Legs	Compression	Pressure injuries from being applied too tight, fluid shifts, and edema	
Legs	Splints	Pressure injuries from hard plastic and straps, heat and humidity	
Legs	Tensors/TEDs	Pressure injuries from being applied too tight, fluid shifts, and edema causing tourniquet effect	
Feet	Walking boots	Pressure injuries from being applied too tight, fluid shifts, and edema	