



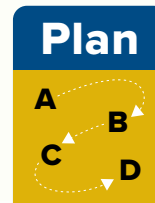
COMFORT COMMITMENT

WHAT IS "COMFORT COMMITMENT":

- The goal is to make comfort management a fundamental component to pediatric care at Health PEI facilities
- The Comfort Commitment is a plan to increase the patient's comfort level with procedures and enhance the quality of care we provide
- Comfort Commitment includes 4 vital steps:



(ASK)
the child and care giver what they know and understand about the procedure



(PLAN)
for the procedure considering: medicine and numbing options, refocusing techniques, comfort positions and a calming environment



(SHARE)
more about the procedure in simple terms using honest, age-appropriate language



(DO)
follow agreed upon plan and ensure the patient feels heard as comfort measures can be modified as needed

WHY THE "COMFORT COMMITMENT" IS IMPORTANT:

There can be long-term consequences from untreated pain: needle phobia, hyperalgesia, pre-procedural anxiety, and avoidance of healthcare all together.

Consistent comfort measures are essential to unify the care we provide.