

## LTC Staff Notice

### Protecting Ourselves and Our Residents

**Update: May 15, 2020**

Please see the requirements needed to help ensure we manage the COVID-19 Pandemic as safely as possible. Applicable to all staff directly supporting the care residents or their spaces:

***NEW: If you work in multiple health care sites, please contact your manager.***

***All staff and visitors require a mask when entering LTC homes, see masking algorithm for appropriate use of extend mask.***

#### Work Clothing

*Coronavirus can survive on clothing for several hours: World Health Organization (WHO) recommends laundering work clothing in the warmest setting to maintain its integrity*

- Street clothing should be changed to work clothing prior to the start of your shift and before you leave for home; please have a washable canvas bag to carry work clothes to and from work, and a clean bag for your home clothing
- Keep nails trimmed, no nail polish or artificial nails
- Please arrive to work allowing sufficient time to change and start shift on time
- If leaving the premises during the shift, change clothing and upon return, change back into work clothing
- Work shoes are to be left at the worksite in a designated location or in a bag in the vehicle
- Use Purell when entering/exiting doorways.

#### Follow Social/Physical Distancing as Recommended by Chief Public Health Office

- Maintain a distance of 6 feet from others when outside the home and model effective hygiene etiquette
- Where at all possible, practice distancing at the worksite, including during staff break periods.

#### All Staff

**Twice Daily** - Need to self assess and monitor for symptoms including the following: (where possible)

- |  |   |
|--|---|
| <input type="checkbox"/> Temperature >38°C     | <input type="checkbox"/> Muscle aches, fatigue or headaches |
| <input type="checkbox"/> Sudden onset of Cough | <input type="checkbox"/> Sore Throat                        |

*If experiencing any of these symptoms, notify your supervisor, leave mask on, do hand hygiene, avoid contact with residents and leave work as soon as possible. Call **1-855 354-4358** or **811** for testing; notify them that you are a staff member in a long term care home.*

**Note:** Statistics tracking is required due to system surveillance needs, please notify supervisor of COVID tests and results; every effort will be made to keep your information confidential.

***Following these requirements will minimize the risk of contracting or spreading COVID-19 to loved ones and residents in our care homes across the province.***

Please check the **staff resource center** regularly for an updates. <https://src.healthpei.ca/covid-19>

**THANK YOU FOR YOUR CARE AND SUPPORT OF OUR RESIDENTS AND EACH OTHER!**