

EDUCATION FOR PHYSICIANS, STAFF, AND VOLUNTEERS

It is recommended that all physicians, staff, and volunteers who provide breastfeeding assessment, support and intervention (**direct care**) receive education about breastfeeding within 6 months of hire. Ongoing education needs will be identified in the individual’s personal development plan. The type of education will vary depending on their role. Please see the suggested education options below, outlined by profession in **Table 1**.

Education is also encouraged for physicians, staff, and volunteers who provide secondary or supportive care (**in-direct care**) to mothers and babies and is outlined in **Table 2**.

Staff and volunteers who come into contact with mothers and babies but do not provide them with breastfeeding education or support (**non-clinical contact**) are also encouraged to receive education. Suggestions are outlined in **Table 3**.

TABLE 1. DIRECT CARE	
Suggested practitioners	Those who provide breastfeeding assessment, support and intervention <i>Examples: Mother-baby units, pediatric units, public health nursing, primary care</i>
Physicians (2 options for direct care education)	<p>Option 1: <i>Latching On: How Family Physicians Can Support Breastfeeding Patients</i></p> <ul style="list-style-type: none"> • Free online module, UBC Faculty of Medicine CPD (1.0 Mainpro+) • To register: http://ubccpd.ca/course/breastfeeding-fp <p>Option 2: <i>Step 2 Education ES03: Breast Feeding Essentials for Doctors</i></p> <ul style="list-style-type: none"> • Online course (\$72, 4hrs) • Complete the registration form found on the Staff Resource Centre.
Nursing staff	<p><i>Step 2 Education ES01: Breastfeeding Essentials (for staff who are caring for mothers during pregnancy, birthing and for the duration of Breastfeeding)</i></p> <ul style="list-style-type: none"> • Online course (\$72, 20 hours) • To register, complete the registration form on the Staff Resource Centre. <p>Please note: For this staff group, at least 3 hours of supervised clinical instruction is strongly recommended in addition to the ES01 course.</p>
<p>ALSO AVAILABLE ON THE STAFF RESOURCE CENTRE:</p> <p><i>Breastfeeding Protocols for Health Care Providers from Toronto Public Health</i></p> <p>Additional courses (registration available through Health PEI – form on the Staff Resource Centre). Course descriptions can be found at:</p> <ul style="list-style-type: none"> - Step2 Education https://step2education.com/courses.html - Health e-Learning https://www.health-e-learning.com/en/courses/breasted 	

TABLE 2.		IN-DIRECT CARE
Suggested practitioners	Those who provide secondary or supportive care to mothers and babies.	
Physicians	<p><i>But I Don't Do Maternity Care! Specialist Physician Management of the Breastfeeding Patient</i></p> <ul style="list-style-type: none"> Free online module, UBC Faculty of Medicine CPD (0.25 Mainpro+) To register: http://ubccpd.ca/course/breastfeeding-sp 	
Nurses, Allied Health Professionals, Volunteers	<p><i>Step 2 Education ES05: Breast Feeding Essentials for Allied Health</i></p> <ul style="list-style-type: none"> Online course (\$36 per person, 8 hours) To register, complete the registration form on the Staff Resource Centre. 	

TABLE 3.		NON-CLINICAL CONTACT WITH MOTHERS AND BABIES
Suggested practitioners	Those who come into contact with mothers and babies but do not provide them with breastfeeding education or support.	
Non-clinical staff & volunteers (2 education options)	<p>Option 1:</p> <p><i>Step2 Education ES04: Breastfeeding Essentials for Ancillary Staff (Short Presentation)</i></p> <ul style="list-style-type: none"> Free online module (10 minutes long, can be viewed as a group). Registration is not required to view the module, however to obtain a certificate of completion, you do need to register by completing the registration form found on the Staff Resource Centre. <p>Option 2:</p> <p><i>Healthy Mothers, Healthy Babies Breastfeeding</i></p> <ul style="list-style-type: none"> Free online course, Best Start Ontario (3hrs) To register: http://www.beststart.org/courses/login/index.php 	

For more information on education options and registration email: BreastfeedingEducation@ihis.org