



INPATIENT STROKE REHAB PROTOCOLS



- Stroke protocols - a set of procedures and/or an algorithm/flow that helps ensure that stroke care is people-centred, consistent, adheres to evidence-informed practices, follows the latest evidence-based clinical guidelines for service delivery, and maintains safety and quality across the continuum of care.
- To achieve Distinction, must have at least 60% of recommended protocols

AT HEALTH PEI: **Survey Visit on May 31 to June 4, 2026**

✓ Inpatient Stroke Rehabilitation Services Protocols

- Formal intake process for triaging client referrals and accepting clients for inpatient rehabilitation
 - Criteria for admission include:
 - Have limitations in function with expectations for improvement and identifiable rehabilitation goals.
 - Be able to follow visual/verbal commands and willingness/ability to participate and learn.
 - Require 24-hour nursing availability
 - Require therapy by 2 or more disciplines (PT, OT, Rehab Nursing, Psychology and SLP, Social Work, etc) and be able to tolerate greater than three (3) hours of therapy, five (5) days per week.
 - Complete criteria at: <http://healthpeipolicy.medworxx.com> *QEH Nursing - Admission Criteria: Inpatient Provincial Rehabilitation Policy*
- Swallowing ability assessment
 - Screening for dysphagia with TOR-BSST and full assessment by Speech Language Pathologists
- Initial assessment of rehabilitation needs:
 - Impairment and functional assessment by rehab professionals within 2 business days
- Assessing and managing diabetes mellitus (when present)
- Pressure injury prevention
 - Braden assessment / power plan
- Falls prevention
 - Conley Falls Risk

Questions Accreditation Surveyors May Ask Staff:

1. Where can you find more information on inpatient rehab protocols?
2. What protocols do you use?

Please contact provincialstrokecoordination@ihis.org for more information.