

Stroke Community Transition Service: Patient & Caregiver Information

What is the Stroke Community Transition Service?

The Community Transition Service assists stroke survivors and their caregivers in the transition and reintegration to their home environment and community activities. The program helps stroke survivors to practice activities which maintain or improve abilities, while providing a short break for family caregivers. It complements in-patient stroke care and ambulatory stroke rehabilitation services.



What can I expect?

Your health care provider/team will work with you to identify goals and create a plan to maintain or improve abilities in the home and support your transition to meaningful activities at home or in the community. Your plan may address self-care, mobility, leisure activities, return to work activities, etc.

A Stroke Rehabilitation Assistant will come into your home and community to practice goal-directed activities as determined in your plan. The Assistant will work with you and your rehabilitation team to review/update goals over time.

How do I get referred?

Referrals are received from health care professionals involved in your care (i.e. Physician, Nurse, Occupational Therapist, Physiotherapist, Speech Language Pathologist, etc.).

How many visits will I have?

The number of visits, as well as the length and frequency, will be based on your needs and goals.

How do I find out when my appointment is?

You will be contacted by phone to confirm your appointment.

What are my responsibilities?

If you need to reschedule, please call the nearest Home Care office at: 902-838-0786 (Montague) or 902-687-7096 (Souris)

*For more information about
Organized Stroke Care in PEI, visit:*
<http://www.healthpei.ca/stroke>

To contact the Provincial Stroke Navigator, call 902-620-3506 or toll-free 1-844-871-0634 or strokenavigator@ihis.org