

Stroke Signals



April 2019

Coordinator's Corner:

Hello and **Welcome** to the 4th edition of **Stroke Signals** - the first edition since the Stroke Distinction survey in October and the official news release announcing the Stroke Distinction award.

THANK YOU to each of you who contributed to the achievement of Stroke Distinction by providing daily quality stroke care to our patients and their families. Quality Stroke care is also supported by people who contributed by being involved in committees, working groups etc. in addition to many other commitments. Your dedication to the care of people with stroke was recognized in the Stroke Distinction Report and by your colleagues and patients.

The Stroke Distinction Report has been distributed to our stakeholders and planning for ongoing QI is in process. More information regarding the QI plan will follow.

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PATIENT/FAMILY ADVISORS

Our patient advisors, Carl and Allan, have been actively engaged in their respective committees and were key informants in the recent Stroke Distinction site visit. In addition, they have reviewed and contributed feedback on several documents developed to support patient and family education (i.e. Guide to TIA, Provincial Acute Stroke Unit Handout, and One step at a time: The Pathway through Stoke Care and Recovery)

We are pleased to have more advisors joining our team! Grant Rackham has been a caregiver to his wife, Nancy for the past 6 yrs. They are so grateful for the care they continue to receive and want to give back to the stroke program. Grant and Nancy's perspective about living in the community with aphasia and mobility challenges post-stroke will be invaluable.

For more info about advisors, contact Ann Millar: aemillar@ihis.org/ 902-620-3506/ 1-844-871-0634.

2019 PEI Vascular Conference & Stroke Workshop

Murchison Centre, 17 St. Pius X Avenue, Charlottetown, PE



Thursday, June 6: Vascular Conference Friday, June 7: Stroke Workshop

> Online registration open March 11 - May 23, 2019

Early bird pricing from March 11 - May 3, 2019







REGISTER

11th Annual World Stroke Congress



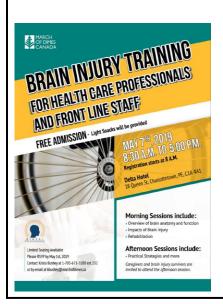
Montreal, Canada October 17th- 20th, 2018



6 HPEI staff including Management, Nursing, Occupational Therapy, Physiotherapy, Registered Dietician and the Stroke Coordinator attended the Congress.

The Congress included **2,700 delegates** from **91 countries**. There were many excellent talks including standing-room only for rehabilitation research.

<u>March of Dimes Canada</u> is hosting the following events for health professionals and the public.







Check out www.strokecongress.ca

COMMUNITY RESOURCES

PEI Council of People with Disabilities

In addition to being the recognized body to administer the Parking Permit Program in PEI, the council provides advocacy, support, information and community referral services to people affected by disabilities.

Charlottetown Head Office 902-892-9149/ 1-888-473-4263 Summerside 902-436-9259 Montaque 902-838-5878

www.peicod.pe.ca

A presentation from the Council can be viewed on our You Tube channel referenced below.

PEI Senior Citizens' Federation: Friendly Visitor Program

This program provides friendship & companionship to Island seniors who may be at risk of becoming socially isolated. Recently revamped, 12 trained volunteers in Charlottetown are ready to be matched, as well as a couple of volunteers in Souris and Montague; volunteer training in Summerside is being planned for the spring.

The matches can take place in any setting and are often long-term (sometimes transitioning as clients move from home to community care or long term care). Clients must self-refer.

www.peiscf.com

902-368-9008

Staff Learning Opportunities

Monthly learning sessions are available via Telestroke alternating between the Second Wednesday and Thursday of the month at 12:15.

Archived presentations are available on our You Tube channel via the following secure link: https://tinyurl.com/rehabstafftraining

Most recently archived topics include: Provincial Secondary Stroke Prevention Clinic Orthoptist's role in stroke management Telestroke rehabilitation program model Compassion fatigue and burnout

Next sessions: April 11, May 8, June 13 The schedule of upcoming topics may be found in the Stroke Program Information on the Staff Resource Centre.