



Accreditation: ROP of the Week

Required Organizational Practice: Falls Prevention and Injury Reduction

WHAT IS FALLS PREVENTION AND INJURY REDUCTION?

- To prevent falls and reduce the risk of injuries from falling, universal precautions are implemented, education and information is provided, and activities are evaluated.
- A fall prevention strategy helps keep our patients/clients/residents safe and helps identify those at risk of falling. A fall with injury increases an individual's chance of admission or prolonged hospitalization, can lead to loss of independence or a change in living arrangements.

Falls remain one of the top five patient safety incidents reported in PSMS

AT HEALTH PEI:

- We promote and apply universal fall precautions in all clinical areas – **S.A.F.E.:**
 - **S**afe Environment, **A**ssist with mobility, **F**all-risk reduction, and **E**ngage patient/client/resident and family
- There is a Provincial **Fall Prevention Policy** available on PDMS/MedWorxx. Work is currently underway to strengthen our current fall prevention policy/framework and training/education on falls prevention.
- The **Conley Falls Risk Assessment** is used in acute and long-term care. All patients/clients/residents are screened for their risk of falls on admission, after a fall/slip or trip incident, with any change of health status, and as needed.
- Safety measures and appropriate interventions are implemented based on risk scores. Interventions include things such as visual communication tools (purple ID band), environmental measures (bed alarm) and patient/client/resident and family education.
- Several Quality Improvement Teams monitor PSMS data on patient/client/resident falls with recommendations being identified and implemented as needed to improve our fall prevention strategies.

Questions Accreditation Canada Surveyors May Ask Staff:

What education have you received around fall prevention?

How are patient/clients/residents and families involved in fall prevention strategies?

What strategies has your unit/program/service area implemented to help promote safety and prevent falls?