

JAPANESE



とても寒いです。

I am too cold.

毛布をもう1枚
もらえますか？



Can I have an
extra blanket?



とても暑いです。

I am too hot.

手を洗いたいです。



I would like to
wash my hands.



歯を磨きたいです。

I would like to
brush my teeth.

疲れました。横になりたいです。



I am tired. I want
to go to bed.




ヘアカットをして
もらいたいです。

I would like a haircut.

Lamination Cleaning Instructions

**Please wipe with a PHC approved cleaner
after each resident/patient use.**



How you want to be treated.

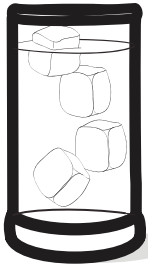
JAPANESE

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お水をもらえますか？



May I have some cold water?

お湯をもらえますか？



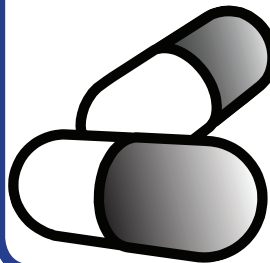
May I have some warm water?

おなかがすいています。



I am hungry.

鎮痛剤をもらえますか？



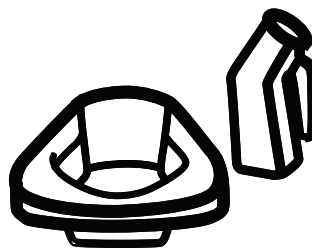
Can I have some pain medication?

トイレへ行きたいです。



I need to use the toilet.

便器／しびんが必要です。



I need a bedpan / urinal.

家族に電話をかけたいです。



I would like to call my family.

RESIDENT/PATIENT COPY

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How you want to be treated.

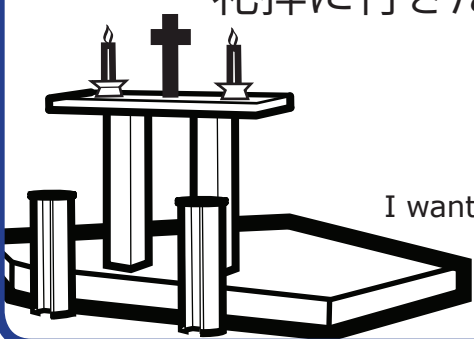
JAPANESE

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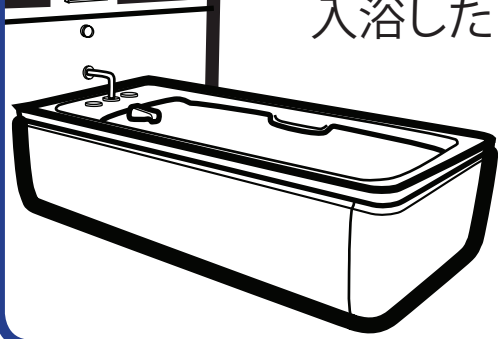
JAPANESE

礼拝に行きたいです。



I want to attend the Mass service

入浴したいです。




I want to take a bath

便器いすを使いたいです。



I want to use the commode chair

担当医と話がしたいです。



I want to speak with my doctor

呼吸がしづらいです



I am having trouble breathing

めまいがします。




I feel dizzy

吐き気がします。



I feel nauseated

Lamination Cleaning Instructions
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How you want to be treated.

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私と一緒に座っていて
くれませんか？



Will you sit
with me?

歩きたいです。



I want to walk

向きを変えさせて
ください。



Please
help me
turn over

起き上がらせてください。



Please
help me
sit up

テレビが
見たいです。



I want to
watch television

エクササイズが
したいです。



I would like
to exercise

肉は食べません。




I do not eat meat

PATIENT COPY
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