

Tem frio?

Are you cold?

# Gostaria de ter outro cobertor?



Would you like an extra blanket?



Tem calor?

Are you hot?



Quer uma ventoinha?

Do you want a fan?



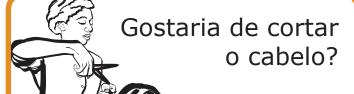
Vou escovar-lhe os dentes.

I am going to brush your teeth.



Está cansado? Quer ir para a cama?

> Are you tired? Do you want to go to bed?



Would you like a hair cut?

**Lamination Cleaning Instructions** 

Please wipe with a PHC approved cleaner after each resident/patient use.



### **PORTUGUESE**



Quer água fria?

Would you like cold water?



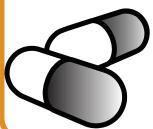
Quer água morna?

Would you like warm water?

## Tem fome?



Quer algum medicamento para o ajudar a dormir?



Do you want medicine to help you sleep?

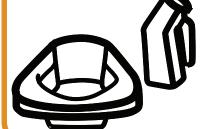


**PORTUGUESE** 

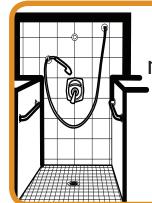
Precisa de ir ao quarto de banho?

Do you need to use the toilet?

Precisa de uma arrastadeira?



Do you need a bedpan / urinal?



Chegou o momento de tomar um banho de chuveiro.

It is time for a shower.

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## **PORTUGUESE**







**PORTUGUESE** 

Precisa da cadeira de rodas?

Do you need the commode chair?



Por favor, não se ponha em pé sozinho

Please do not get up on your own



Deseja que eu me sente a seu lado?

We are taking you for an X-ray





Sente-se com náuseas?

Are you feeling nauseated?

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## **PORTUGUESE**





Agora, vamos dar um passeio

> We are going for a walk now



Vou ajudá-lo a voltar-se

> I am going to help you turn over



I am going to help sit you up

**PORTUGUESE** 



Quer ver televisão?

Do you want to watch television?



Chegou a hora de fazer exercício

> It is time for your exercises



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