

Visiting Your Loved One on Isolation Precautions

May 2023



Hand Hygiene

Hand hygiene is one of the most important ways to prevent the spread of illnesses. Please clean your hands with alcohol-based hand sanitizer, rubbing it in until your hands are fully dry, before putting on personal protective equipment and when leaving the isolation room.

Hand hygiene is also necessary upon entering and exiting the unit/household and facility.

Please refer to our "Clean Hands" pamphlet for more information.

Physical Distancing

Physical Distancing (2 metres or 6 ft between people) must be maintained from other patients/residents.

Please only visit in the patient/resident's room. Patient/Residents are not to leave the room, unless accompanied by a healthcare staff.

Patient/Resident's washrooms are for patient's use only. Please use the public washrooms. If you do not know where they are located, please ask a healthcare staff.

Personal Belongings

Consider disposable items such as a limited number of books or magazines, non-perishable food, cards, letters or flowers.

Limiting or reducing the amount of belongings helps to keep the patient's room clean.

**If you are feeling unwell,
please stay home**



Please leave the building directly after your visit. Please do not visit other patients/residents.

Belongings

Do not take your personal belongings into the patient/resident's room, including your cell phones. Please ask a staff member where items such as a coat and other belongings may be placed.

Personal Protective Equipment

When indicated, the following **MUST** be worn when in the patient room:

- Gown
- Gloves
- Mask
- Eye protection

Please do not remove or lower your mask or eye protection.

Do not touch underneath the gown, mask or eye protection with a gloved hand.

Eating or drinking is not permitted in patient/resident care areas.

Please ring the call bell for assistance if help is needed during your visit.

Please ask a Staff member for help if you do not know how to put on or take off your personal protective equipment.

If you feel you did not put on or take off your personal protective equipment properly, let a staff member know.

Health PEI
INFECTION PREVENTION AND CONTROL

