Provincial Laboratory Services



Dexamethasone Suppression Test

June 17, 2020

This information applies to: Island Physicians and Nurse Practitioners

To ensure proper interpretation of dexamethasone suppressed cortisol values, a "Dexamethasone suppression test" orderable has been created. The test may be ordered by writing "**Dexamethasone Suppression Test**" on a paper requisition, or it can be found in power chart. The cortisol value will be reported as "Dexamethasone suppressed cortisol" with the following interpretive comment: "Cortisol <50 nmol/L is considered a normal response to the dexamethasone suppression test."

This change will be effective as of June 23, 2020.

For more information, contact:

Dr. Jason Robinson Clinical Chemist (902) 894-2303 jlrobinson@ihis.org

Dr. Lenley Adams Internal Medicine (902) 894-0114 Isadams@ihis.org