

Provincial Laboratory Services



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Health PEI
One Island Health System

Vitamin D Hydroxy New Test Utilization Rules

January 14, 2019

This information applies to: Island Physicians and Nurse Practitioners, PEI Hospital Laborites

The Choosing Wisely Canada campaign does not recommend Vitamin D testing in healthy individuals. In cases of reduced sun exposure, it is recommended to provide Vitamin D supplement instead of testing.

Health PEI supports Vitamin D (25 hydroxy) testing if clinically indicated. Testing will only be performed if one or more of the following criteria is met:

- Abnormal blood calcium
- Malabsorption syndrome
(Celiac disease, small intestine surgery, small intestinal or gastric bypass surgery)
- Chronic renal disease
- Chronic liver disease
- Metabolic bone disease
- Suspected osteoporosis or rickets

If testing criteria is not met or specified on *test/lab* requisition, testing will not be performed and reported with the following cancel comment:

Vitamin D 25 hydroxy cancelled, as the request does not meet one or more of
The Choosing Wisely testing criteria (abnormal)

For more information, contact:

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