

LIMB SLINGS

Limb slings (or band slings) are ideal for supporting limbs to facilitate dressing changes on arms, legs, or feet. They can also be used to elevate and hold the limb to perform peri-care.

When supporting legs, the patient can be positioned in supine or side-lying. Be sure to communicate with the patient as you raise the limb to ensure you aren't causing pain. Only raise the limb to the height required for you to access the area you need.

This image is showing a limb sling being used to support a leg in supine. Position the sling just under the knee joint for optimal comfort and support.

